

Memo To Teeners

A teen-ager who neglects her skin will be exceptionally lucky if she doesn't come up with more skin problems than she deserves. During these years it is doubly important to eat a good, balanced diet and get plenty of exercise. You must keep your skin scrupulously clean to ward off possible infections.

At this stage you will want to wash your face at least twice a day. Use of a soft facial brush will be beneficial. As you wash, give yourself a gentle massage with upward, circular motions. This will stimulate circulation of the blood.

If you let your skin become sluggish, normal body waste materials tend to collect in one spot and contribute to whiteheads and other blotchy problems.

No matter how conscientious you are about following a beauty routine, you can defeat yourself by using unclean combs, brushes

and washcloths. Each time you shampoo your hair or have your hair set at a beauty salon, clean your combs and brushes. Keep them sparkling.

You should also change your pillow case and see that your hair scarves are as fresh as your new coiffure.

Also washing your face with a dirty washcloth is logically a step in the wrong direction, although many of us do it without thinking. Continued use of a washcloth that isn't clean can lead to skin infections.

THE VESTED LOOK

The sharp look for young men of nursery school age and up this spring, is the three-piece outfit. Solid colored slacks are teamed with tartan plaid jackets and matching vests in washable fabrics made with acrylic fiber. The vests can be reversed to a solid color.



ANNOUNCE PLANS — The big event looked forward to each year by Reames Country Club members and their friends, the annual auxiliary dance, is scheduled for Saturday, April 20, according to Mrs. Bob Chilcote, standing right, chairman. Everyone is asked to watch for the mail which will tell of a "Night In Baghdad" with an impressive guest list to include the Sultan and his harem, the Sheik of Araby and nymphs of the Nile. Gene Favall will emcee the entertainment and LaMar Jensen's Band will play for dancing. Busy with invitations are Mrs. Howard Parnell at the typewriter and Mrs. Burge Mason, center. Other committee members are Mrs. Lloyd Prock, Mrs. George Brosterhouse and Mrs. Tony Molatore.



POLLY'S POINTERS

Mommy Didn't Forget

POLLY CRAMER

Newspaper Enterprise Assn.

DEAR POLLY—My suggestion is for mothers of small children who will be going to the hospital for a new baby in the near future. When my third child was born, I had a 2-year-old and a 4-year-old at home. Because of rules, I could not see the children while I was in the hospital. I was afraid they would think I had deserted them, so I bought small items from the dime store for each day I expected to be away. These were wrapped in pretty paper and packed in the suitcase. I took to the hospital. Each time my husband came to visit me, he took a gift home to each child.

It was an inexpensive way to ease that "left behind" feeling and to let them know I was thinking of them.—MRS. W. S.

DEAR POLLY—To launder the children's white shoelaces, I string them through the button-

holes of a garment and tie the ends. Then they are washed with the regular laundry, come out really clean and are not lost in the washer.—M. E. B.

DEAR POLLY—I have found a solution for those who always forget to return library books on time. Use a piece of paper for a bookmark and write, in large letters, the date the book is due back. Every time you open the book to read, you will be conscious of how much time is left before you have to pay a fine. It really works for me.—C. Y.

GIRLS—If your children have to pay library fines out of their allowances, they will welcome this suggestion. Colored paper might be even more effective and eye-catching than white.—POLLY

DEAR POLLY—When sewing, I used to have trouble with lined garments. It was hard to make nice sharp points at the ends of darts when the fabric and lining were stitched together. I have learned to make basting stitches right down the center line of the dart through both pieces of material before sewing the dart. This way you secure both fabric and lining without any slipping or sliding.—MRS. N. G. H.

GIRLS—This is a hint that all who sew should really remember, particularly when silk lining, which slips so badly, is used.—POLLY

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Flowers Add Charm To A Room

A ROOM 124x1 col Wed Apr 3
Cut flowers, when properly placed, can greatly enhance the beauty and charm of rooms in your home or apartment.

A simple flower bouquet used almost anywhere in a room will add a bright and cheerful note. However, by following some basic guidelines you can so place your cut flowers to get the best advantage from their beauty, color and design.

As a general rule, use low arrangements of flowers for table centers, mirrors and pictures. Place dramatic, impressive masses of flowers on large tables, or use them for large wall areas or to flank pictures and mirrors.

In addition to using flowers in proper proportion to the space available, and in relation to other accessories, vary the effect by employing different basic flower designs — such as the vertical, Hogarth curve, symmetrical and asymmetrical arrangements.

Here are some flower arranging and placement tips, involving the use of iris and tulips which are considered "good buys" in April, because they are in plentiful supply.

For either side of a starkly modern fireplace, use a vertical arrangement of five or seven iris blooms and iris foliage in a copper container. To show the beauty of each bloom, place every flower head so it is separate from the others. The iris foliage will provide contrast.

For a hall table or chest, or at the end of a buffet table positioned against the wall, use a crescent arrangement of tulip and iris blooms as the focal point, with snapdragons and scotch broom curving at both ends.

For the center of a dining table,

a mantel or under a picture, use a low horizontal arrangement of tulips, and their foliage, placed slightly off center, with snapdragons flowing over both ends.

For the top of furniture, having other accessories, use an asymmetrical design of tulips and iris and foliage.

Asymmetrical designs with a high left side should be placed to the left of the furniture piece, with other accessories to the right. Such arrangements with a high right side should be placed to the right end of the furniture top.



The birds is coming!

SMALL CUBS

A mother polar bear weighs more than 700 pounds, but her cubs weigh less than two pounds at birth and are only about 10 inches long.

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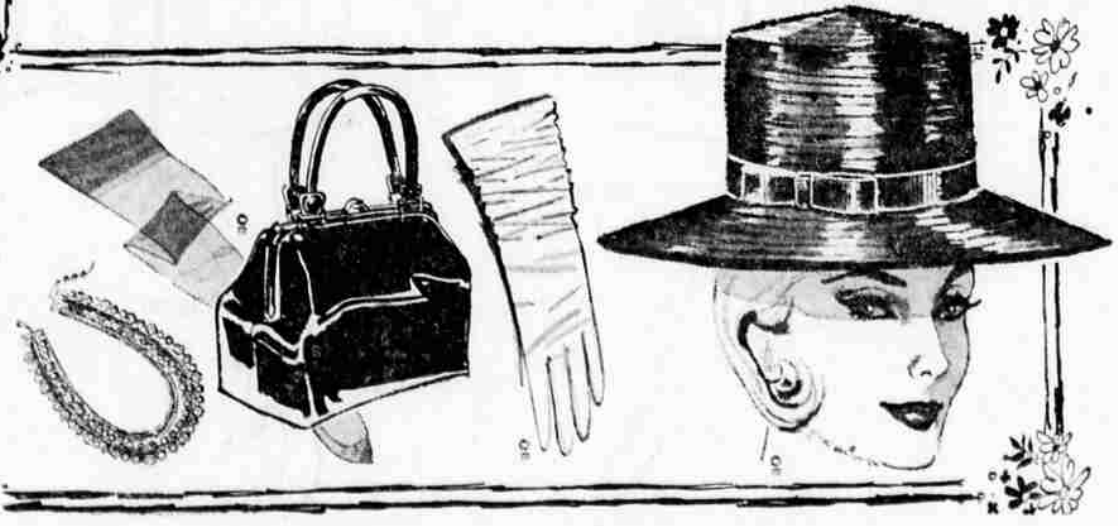
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