

Harvard Beets

20 min.

▲ Base Recipe

The all-time favorite of beet-lovers.

Drain, reserving liquid, contents of

1 No. 2 can diced beets (about 1½ cups, drained)

Mix together in a saucepan

2 tablespoons sugar

1 tablespoon cornstarch

½ teaspoon salt

¼ teaspoon monosodium glutamate

Few grains pepper

Stir in

¾ cup reserved beet liquid

3 tablespoons vinegar

Bring to boiling, stirring constantly. Add beets and

2 tablespoons butter or margarine

Again bring to boiling, stirring gently and constantly. Simmer 8 to 10 min.

4 or 5 servings

—Beets in Orange Sauce

20 min.

Follow ▲ Recipe. Decrease beet liquid to ½ cup. Substitute ½ cup orange juice for vinegar. Add ¼ teaspoon grated orange peel. Garnish with Hard-Cooked Eggs, chopped.

Candied Carrots

30 min.

▲ Base Recipe

Set out a small baking dish.

Wash and pare or scrape

6 medium-size (about 2 lbs.) carrots



Pineapple Glazed Carrots, Canned Beans

Pineapple Glazed Carrots

15 min.

Set out a 1½-qt. saucepan.

Drain, reserving liquids, contents of

1 No. 2 can sliced carrots (about 2 cups, drained)

1 9-oz. can pineapple tidbits (about ¾ cup, drained)

Combine in the saucepan

2 teaspoons cornstarch

½ teaspoon salt

Mix and add gradually to cornstarch mixture, stirring constantly

¾ cup reserved carrot liquid

¾ cup reserved pineapple sirup

Bring to boiling. Stirring constantly, cook about 3 min., or until the liquid is thick and clear. Stir in

1 tablespoon butter or margarine

Add carrots and pineapple. Heat thoroughly.

4 or 5 servings

New Ranges Suit Variety Of Kitchens

Families planning to build a new home or to remodel an outmoded kitchen this year have many styles of new electric ranges to choose from. There are both free-standing models and built-in, one-piece units and two-piece ensembles.

The four basic styles of 1963 electric ranges are:

1. Free-standing — This is the traditional, one-piece range, now squared off to look built-in. It rests on the floor and has one or two ovens below the surface cooking units. Also available today are free-standing models with one oven at eye-level and another below the surface elements.

2. High-oven range — This is another one-piece unit with one or two eye-level ovens above the surface cooling elements. Placed on a cabinet or hung on a wall, it requires no cabinet cutouts or trim.

Both free-standing and high-oven

ARM LORE

Girls who have short arms would be wise to wear long sleeves or dresses with no sleeves at all. Cuffs and bracelets should definitely be avoided. They will make the arms seem even shorter.

SOMETHING DOWN

WILLARD, Ohio (UPI) —So you think the price of everything has gone up? Pioneer Rubber Co. says rubber balloons for the toy and advertising trade are cheaper than they were 30 years ago.



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7-Up And Coca-Cola

courtesy

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Oregon Food Stores

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courtesy

Nyback's Flower Fair

Aluminum Chip & Dip Set & Glass and Corning Ware 7-in. Skillet

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