

Help Sought For Oregon Camp Posts

SALEM (Special)—Though summer is still more than three months away, the Oregon State Employment Service has already started its first annual recruitment of counselors and camping specialists for the 35 summer camps in Oregon. Eldon Cone, director, Oregon State Employment Service, has announced.

The employment service has an agreement with the Oregon section of the American Camping Association to which nearly all the Oregon summer camps belong. The employment service has already had requests for camp personnel, Cone said. He urged college students and others with camping experience, carpenter skills, or even a strong interest in the out-of-doors, to apply at local Oregon State Employment Service offices now. While some of the key positions may not be filled until late spring, the majority are expected to be filled within the next six or eight weeks.

In addition to regular camp counselors, who are usually assigned a group of younger children to supervise, instructors are also needed to teach a variety of camp subjects: swimming, riding, nature study, arts and crafts, canoeing, music, riflery, athletics, and others. Persons with extensive camping background and administrative ability may qualify as program director, or camp director.

Besides the program specialists and counselors, a number of others will be needed for administrative-type jobs such as camp nurses, dietitians, cooks, kitchen help, groundsmen and maintenance people. The average length of camp operation is from eight to 10 weeks, and ranges as short as two weeks, to the entire summer.

Fallout Den Bids Called

SACRAMENTO, Calif. (UPI)—Bids to construct a 100-man fallout shelter at Winnemucca Air Force Station, Nev., will be opened here April 16 the Army Corps of Engineers announced Saturday. The estimated \$200,000 project also would include the addition of a 10 by 12 foot shelter to an existing building, the corps said.



THE DOCTOR SAYS Many Factors Cut Liquor Tolerance

By W. G. BRANDSTADT, M.D.
Written for
Newspaper Enterprise Assn.

Q—If I have one drink of whiskey while I am bowling I promptly become lightheaded and can't bowl well. My teammates tell me I should see a doctor or a psychiatrist as it is impossible to get this reaction from only one drink. Are they right?

A—According to a committee on alcohol of the American Medical Association there is very little difference in the tolerance to alcohol among different persons. The apparent difference in performance among persons of the same weight who have had equal amounts of alcohol, whether it be walking a straight line, driving a car, or bowling may be due to several factors. An expert bowler, for example, could lose about 50 percent of his bowling skill due to drinking and still be a better bowler than a person who has little self-confidence in his bowling ability.

Furthermore, a person who is used to drinking has learned how to counteract some of the effects of whiskey. Another important factor is a person's weight. The concentration of alcohol in the blood would be lower in a heavy person than in a lighter one. It is this level of alcohol in the blood that counts. Also, a habitual drinker absorbs alcohol more slowly and eliminates it more rapidly than does a person who rarely takes a drink. Eating along with the drinking also slows the rate of absorption of the alcohol into the blood and this lessens the effect.

My advice to you would be, if you bowl better without whiskey,

Dope Found In Motel Room

LOS ANGELES (UPI)—A narcotics cache worth about \$195,000 was found Saturday in a downtown motel room following the arrest of a suspect at the Mexico border at Tijuana.

Ysauro Saucedo, 47, was arrested Thursday when he crossed the border from Tijuana with a small quantity of heroin in his possession, according to U. S. customs agents.

A key to the motel room also was found on the suspect, under investigation since 1959, agents said.

to skip the whisky until the match is over. Don't let others tell you how you should behave to get the most out of life. Decide for yourself.

Q—What could cause blood in the urine after stones have been found in the bladder?

A—Stones in the bladder often mean stones in the kidneys. This alone could account for your finding blood in the urine. Other causes include tumors of the bladder or kidneys (these may be benign or malignant), acute inflammation of the bladder, tuberculosis of the kidney or bladder, and leukemia.

Only a painstaking investigation, including X-rays and looking into the bladder with a cystoscope, can discover the true cause and only when the cause is determined can your doctor plan a course of treatment.

Q—I have always been the nervous type. My hands have always shaken some but lately I have noticed my head shakes from side to side when I get upset. Is this nerves and, if so, what can be done for them?

A—From your description I would suspect that you have the palsy. You should have your doctor examine you to make sure of the diagnosis. If it is all nerves, he may want you to take a tranquilizer for a short time. If it is palsy, other measures may be required. Dr. Irving Cooper has had excellent results with a new procedure that involves localized chilling of the portion of the brain responsible for the tremors.

Please send your questions and comments to Dr. Wayne G. Brandstadt, M.D., in care of this paper. While Dr. Brandstadt cannot answer individual letters, he will answer letters of general interest in future columns.

My false teeth were killing me...

I tried all the pastes and powders and pads. Same old trouble! Rocking and slipping made my mouth sore and made me irritable. Then I spoke to my dentist... he told me about CUSHION, the soft-flowing plastic that molds to the gums. Now I eat what I want—enjoy what I eat—and my gums feel so good. CUSHION stays soft... that's its secret... and that was my relief. Mildly medicated to heal gum soreness; pleasant minty flavor guards your breath. Ask your druggist for CUSHION. You must be satisfied or you get your money back. Long-lasting supply—only \$1.49.

Music Students Rate High At District Meet

Klamath Falls music students who participated in the District Solo and Ensemble Contest in Roseburg, March 2, received first, second and third ratings in a contest that had five rating categories.

The students competed against youngsters from Roseburg, Lakeview and the competition was held in instrumental and vocal music, and piano.

The following students and groups received first (superior) ratings: KU Flute Trio, senior division; Mary Ellen Johnck, flute, senior; KU Flute Quartet, senior; Dean Guyer, oboe, senior; Jean Curry, clarinet, senior; KU Brass Sextet B, senior; Kitty Stalker,

trombone, senior; David Poulshock, French horn, junior; Dan Vertrees, trombone, senior; KU Cello Trio, senior; KU String Duet, senior; and KU String Quartet B, senior.

Other firsts went to Dennis Montague, vocal, senior; Sandra Ruconich, vocal, Fremont, junior; Joe Everly, vocal, senior; Girl's Vocal Ensemble B, Fremont, junior; Sandra Ruconich, piano, Fremont, junior; Rae Ann Davis, vocal, senior; Kathy Welch, vocal, senior; Kathy Chilcote, vocal, senior; Sidney Kennedy, piano, Altamont, junior; and Judy Nicholson, piano, Fremont, senior.

Those receiving second (excellent) ratings were Sheila Curry,

flute, Altamont, junior; KU Flute Trio, junior; Cathy Sickert, flute, senior; Don Mustoe, clarinet, junior; KU Woodwind Quintet A, senior; KU Woodwind Quintet B, senior; KU Clarinet Quartet, junior; KU Cornet Quartet, senior; KU French Horn Trio, senior; KU French Horn Duet, senior; Robert Mest, trumpet, junior; Stanley Rawson, cornet, junior; KU String Quartet C, junior, and KU String Quartet A, junior.

Other second went to Linda Compton, piano, Roosevelt, junior; Gail Pence, piano, senior; Girl's Vocal Ensemble A, junior; KU Male Quartet, senior; Joyce Jolly, piano, senior; Lynette Angel, piano, senior; Annette Fredrickson, piano, senior; KU Mixed

Vocal Quartet, senior; Carman Peebler, vocal, senior; and KU Girl's Trio, senior.

Receiving third (good) ratings: KU Brass Sextet A, senior; and Roy Lehman, vocal, senior.

Faculty members working with and accompanying the groups to

ACCENT FREES SUSPECT

LONDON (UPI)—Boris Tweek was taken to court Friday after he knocked on a woman's door and told her "I am a Polish man."

The woman thought he said, "I am a policeman," and called authorities who arrested him for impersonating an officer. The judge dismissed the case when he learned of Tweek's accent.

the contest included LaMar K. Jensen, director of instrumental music; M. Dale Hallack, director of vocal music, and Ephraim Hackett, Don Herbig, Normand Poulshock and Meryl Danks.

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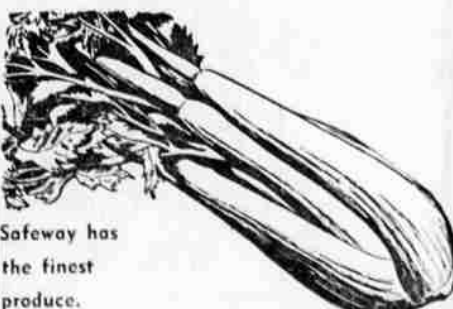
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Prices effective Monday, March 18 thru Wednesday, March 20 at Safeway in Klamath Falls. Limit rights reserved.



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