

Family *Weekly*

FEBRUARY 17, 1963

Select the mood or occasion for a gala feast and you are likely to find a recipe for it in the Cookbook beginning on page 8: SPECIALLY FOR . . .

Exclusive Family Weekly Patterns:

CARROLL BAKER'S SPRING WARDROBE



Start Today!

HOW TO BE REALLY RELAXED

A Two-Week Program to Help You Achieve "Zero Tension" and Better Health