



LILA RITTER  
Henley  
Winner

By MARTHA RAGLAND  
Lila Ritter, senior at Henley High School, was recently announced winner of the annual Betty Crocker Contest.

The contest, held early in December, involves all senior girls taking homemaking. The Betty Crocker Company sends out tests, grades them, and announces the winner of each school. The scores are based on general knowledge in various areas of home economics.

The local winner will receive a pin and her paper will be sent on to state competition. State winners go on to New York and Washington, D.C., to compete for the national prize, a \$1,000 scholarship.

Lila is taking her second year of home economics and plans to attend Oregon Technical Institute.

Valentine  
Dessert

For a dessert as pretty as a Valentine, make this easy pudding-pie combination. Prepare vanilla pudding and pie mix as package directs. Pour into baked pie shell. Chill thoroughly. Prepare strawberry gelatin according to package directions, using syrup from canned fruit cocktail as part of liquid. Chill until syrupy. Arrange well-drained canned fruit cocktail over pudding. Pour gelatin over fruit and chill until firm. Decorate with a ruffle of whipped cream and serve to your favorite "Valentine."

LUNCH BOX BRACER

Something hot for lunch — nutritionists tell us this is a good idea for school children. Lunch box meals could pose a problem in this area if condensed soups were not so easy to heat and pour into a wide-mouth vacuum bottle where they stay piping hot until noon. Soups have refreshing pick-up qualities that help replenish energy and lagging spirits. There are so many soups now—from minestrone to clam chowder—that there need be no repeats for a month of lunches.

Cow Belle's  
Corner

By Mrs. Ted Hyde  
BEEF STEW

Beef stew is another good hearty dish with many variations, and recipes from all over the world. It is one of the truly basic dishes of man, and, like soup, has an almost infinite variety of combinations of ingredients and seasonings.

As found in your markets, it is usually cut from the front quarter, from the chuck or brisket, and is relatively waste-free. Long slow cooking in liquid at a moderate temperature results in a flavorful, tender dish. A good stew is even better the next day. Some recipes say that the stew is done in 1½ to 2 hours, but personally I think most stew meats need at least 3 hours and more time does no harm.

Here is the recipe used by the Klamath County Cow Belles for their Beef Stew dinners:

- Basic Beef Stew
- 2 lbs stewing beef
- flour
- 3 tablespoons fat
- 2 medium onions
- 2 teaspoons salt
- pepper
- water
- 4-6 medium potatoes
- 6 medium carrots
- 1 cup chopped celery
- 1 teaspoon oregano
- pinch marjoram

Holiday  
Dessert

Top a brick of rich vanilla ice cream with a cherry - almond sauce for a February holiday dessert. Heat canned cherry pie filling with a few drops of almond extract and red food coloring. Cool slightly. Stir in toasted sliced or chopped almonds and ladle over brick ice cream. Ideal for Valentine's Day or Washington's Birthday.

To please any cat...

all tuna  
liver 'n meat  
chicken  
fish  
meaty mix  
kidney 'n meat

**6 Dr. Ross' CAT FOODS**

Company Soup

Elegant soup for company or family dinners combines one can (10½ oz.) cream of green pea soup and one can (10½ oz.) cream of chicken soup. Add ½ cup fresh or canned sliced mushrooms, one tablespoon instant minced onion and enough milk for desired consistency. Heat and serve with sprinkling of crisp crumbled bacon.

FRUIT MEDLEY

This fruit accompaniment for meat also doubles as a colorful garnish and a tangy salad. Cut three oranges into halves; scoop out fruit, reserving shells. Cut fruit into sections. Drain one can (1 lbs. 1 oz.) fruit cocktail; mix with orange sections. Add cranberry juice and chill thoroughly. Heap into orange shells to serve.

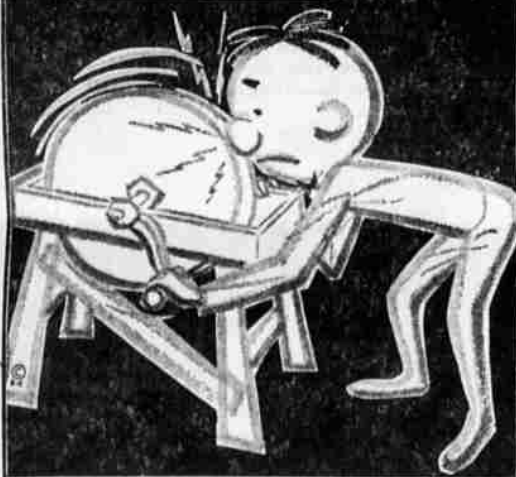
CHIP DIPPERS  
CRACKER SNACKERS  
AGREE



Stew recipes vary in vegetables included and seasonings. New on the market is a packaged beef stew seasoning which is very good and takes the guess work out of seasoning.

Several recipes call for the addition of a cup of strong coffee as part of the cooking liquid. Another good variation is the addition of dumplings in the last twenty minutes. For best results rest dumplings on meat and vegetables, not down in the liquid; cook ten minutes uncovered and ten minutes covered.

NOSE  
to the  
GRINDSTONE



Easy  
Going  
KNITS  
For Spring!



by  
**Munsingwear & Campus**

We've just unpacked a tremendous selection from these 2 fine makers. Pretty cottons, nylons, orlons... in solid pastels and muted pastel stripes. Easy to care for! Easy to wear. Come in and select several for now-through-summer wear. Charges, gladly!

398 to 898

Shop Till 9



CONSOLIDATE  
YOUR BILLS  
INTO  
ONE, CONVENIENT  
PAYMENT!

Yes, it's the simple way to take care of many small, nagging bills. You can borrow enough to pay off your small bills, then make one, convenient payment each month. Your monthly payment is usually far less than the total you are paying now. Come in and let us go over your money problems with you.

Check These Loan Examples:

LOAN	No. PYMTS.	AMOUNT
\$100.00	12	\$10.05
\$200.00	18	\$14.54
\$300.00	20	\$20.16
\$500.00	24	\$28.86
\$1000.00	24	\$53.89

For Fast Service  
Call or Visit

**SUBURBAN  
Finance Company**

Town & Country Shopping Center

Ph. TU 4-7759



3800 S. 6th

Halo Spray Set

Regular  
FOR  
FIRMER  
CONTROL



14 OUNCES  
1<sup>09</sup> plus tax

Wildroot  
Hair Dressing

Grooms Clean as a Whistle—  
Quick as a Wink



69<sup>c</sup> plus tax

Helena Rubinstein's  
**SKIN DEW**  
Invisible all-day moisturizing treatment. Wear it all the time — especially under makeup for a dewy look. Three sizes.  
\$3-\$5-\$8.50 plus tax

Helena Rubinstein's  
**TINTILATE**  
Natural looking color shampoo that stays until your hair grows out. Lightens or darkens. Covers grey completely. 18 shades.  
\$1.50 plus tax

**Suburban  
DRUG**

Open 365 days a year... 366 on leap years. Open 9 till 10... 9 to 9 on Sundays & Holidays.

Druggist on Duty at All Times. Current charge customers may charge anything in the Suburban Drug Bldg. (except Camera Dept.) at the prescription counter.

Valentine  
WEEK END VALUES

This New Line Brings You

Fashion  
at a price  
you'll like!



LUSTROUS  
FASHION

by

Galaxies

Galaxies gives you a black patent shell luxury with no hint of the tiny price! Choose from a large collection of high or mid heel pumps with the up-to-date styling that is so unmistakably Galaxies.

9<sup>95</sup>

See the many other patterns in high, mid and jet heels. Black patent, white patent red patent and other colors for Spring.

House of  
**SHOES**

Bob Says -  
COMPARE  
THIS  
RING  
VALUE!



Wedding 3-some

7 beautiful diamonds in the ladies wedding band and engagement ring plus 4 diamonds in the (not shown) groom's ring. Your choice of white or yellow gold mounting.

124<sup>95</sup> plus tax

**LADIES' WATCH**  
Reg. 69.95 2-diamond Waltham. 17 - jewels. Shock proof, unbreakable mainspring. White or yellow gold. Only a few at this low price of  
39<sup>95</sup> plus tax

**MAN'S 53 JEWEL WALTHAM**  
Regularly 122.50, 53 jewel watch. Fully automatic. Shock proof, water proof, unbreakable mainspring. Buy it this week for only  
69<sup>95</sup> plus tax

BOB'S Town & Country  
**JEWELERS**  
We Time The Air Force

JUST RECEIVED --  
Factory Close-Out of  
OVER 100  
CHILDREN'S CAR  
COATS & JACKETS



Just in time for now-into-summer wear—expanded vinyl, marshmallow plastic coats and jackets in sizes 1 to 12. Attractive enough for dressy wear and rugged enough for play wear. Several styles in beautiful pastel colors plus white. Button fronts and zip fronts... hooded and plain. Styles for boys and girls.

Reg. 9.95 Coats **3<sup>98</sup>** Reg. 15.95 Coats **5<sup>98</sup>**

Free! Artificial Flower Demonstration

Mrs. J. R. Miller, flower decorator, will be here tomorrow from 1 until 5 p.m., showing the many methods of arranging artificial flowers. You are invited to come in, have a cup of coffee, and see this demonstration using flowers from our tremendous new collection for Spring!



**HOUSE OF  
DISCOUNT**  
and THRIFTY VARIETY

SHOP  
TILL  
9 P.M.