

THE DOCTOR'S MAILBAG

Ventilation Aids In Germ Removal

By W. G. BRANDSTADT, M.D.

Written for Newspaper Enterprise Assn.

Q—My wife has sinusitis. A friend has recommended that I treat her with vapor containing triethylene glycol because he claims that this will kill airborne germs. Do you agree?

A—Of all the vapors used to kill airborne germs triethylene glycol is probably the best. It finds its greatest usefulness in preventing the spread of airborne disease from patient to patient in a hospital. Even here, however, it has serious limitations.

The simplest and best measure for removing air contaminants in the home is ventilation from open windows. Unfortunately there is much more to the treatment of sinusitis than providing a supply of fresh air.

If the condition has persisted for more than two or three weeks it is necessary to make sure proper drainage from the sinuses has been established. Obstructions to normal breathing through the nose must be removed and allergy must be ruled out or, if it is present, treated. Before you consider buying a vaporizer to sterilize the air in your home, your wife should have a thorough check-up by a nose and throat specialist.

Q—Does the strontium chloride in a certain brand of toothpaste have any connection with the strontium-90 in radioactive fallout?

A—Strontium is a metal that is similar to calcium. It is harmless, but according to the American Dental Assn. it is doubtful that it has any useful action on the teeth or gums. Its radioactive isotope is not used in the manufacture of any article for sale to the public.

Q—I have been cured of a duodenal ulcer. Must I continue indefinitely on an "ulcer diet"?

A—The food eaten does not cause the ulcer in the first place, so when the ulcer is healed a gradual return to a less restricted diet can be made. Nevertheless, foods that have coarse indi-

gestible skins should be peeled because of the generally irritating effect.

Another reader asks whether after having a peptic ulcer for three months he may have a bottle of beer. Alcohol in any form will aggravate an ulcer that has not completely healed. If it is known that complete healing has taken place one beer would not cause a recurrence. "Moderation in all things," however, applies with added force to persons who have had ulcers.

Q—When a woman has had her uterus and one ovary removed does this throw her into the change of life or will she have the change in her forties as she normally would without the operation?

A—When both ovaries are removed the menopause or change starts in at once but if only one ovary is removed and a functioning ovary remains the change will not occur until the usual time.

Q—What is the oldest recorded age that a woman has given birth to a child?

A—Although this is a most unusual case, a woman gave birth to her 23rd child when she was 63, then kept right on menstruating. With the cessation of menstruation the child-bearing period is over. But because the menopause is a gradual process often with gaps of three or four months between periods, many a woman who thought her menopause was complete has given birth to a "change-of-life baby."

Please send your questions and comments to Dr. Wayne G. Brandstadt, M.D., in care of this paper. While Dr. Brandstadt cannot answer individual letters, he will answer letters of general interest in future columns.

Milk Price War Stalled

SALEM (UPI) — Oregon dairymen were watching and waiting today—but so far no major milk price war had developed as the result of the expiration of the milk stabilization act.

The milk price control law expired at midnight Dec. 31.

Kenneth Sawyer, chief of the milk audit and stabilization division of the Department of Agriculture, said this morning that no other notices of price reductions had been received.

Last week he revealed that one distributor had filed notice of a price cut to be effective Jan. 1.

Meanwhile, Oregon dairy industry committee members were preparing for a meeting to be held here next Monday at which a proposed draft of a new milk marketing law will be presented.

If approved by the industry committee, the new law would be proposed for enactment by the legislature.

The committee meeting will take place on the first day of the three-day Oregon Dairymen's Association meeting scheduled here.

Reports of possible milk price cuts caused concern throughout the dairy industry last week, just before the temporary stabilization law expired.

Sawyer said today he doubted there would be any immediate major price cuts.

"I have no crystal ball, however," he added.

"I think probably everyone in the industry is watching and waiting."

An emergency meeting of producers from throughout the state, called for Thursday, was canceled because of next Monday's meeting.

The emergency session had been arranged by State Sen. Arthur Ireland, R-Forest Grove, at the request of some producers.

The iris, because of its delicate texture and sparkling hues is named in honor of the Goddess of the Rainbow.

Powell and his wife, June Allyson, were back in their Wilshire Blvd. apartment after a three-day visit to the family home at Newport Beach for the New Year's holiday.

There were no plans to hospitalize Powell, 58, who was given cobalt treatment for cancerous growths in his chest and lymph glands last September.

Last month he was hospitalized again with a back ailment that later was connected to the malignancies.

Powell, Miss Allyson and their two children moved to the new apartment shortly before Christmas after selling their Beverly Hills mansion.

One friend said Powell's condition was "very, very grave."



DANIEL F. HITCHCOCK

D. Hitchcock Named Scout Chief Here

The employment of Daniel Hitchcock as district scout executive for the Modoc Area Council, Boy Scouts of America, was announced Thursday by Council Scout Executive Richard W. Lamb Jr.

Hitchcock becomes the fourth member of the professional staff of the council.

Hitchcock, the son of Mr. and Mrs. R. C. Hitchcock, 1861 Fremont Street, graduated from Klamath Union High School in 1956 from Oregon State University in June of 1960. He has a bachelor of science degree in wildlife management.

At Oregon State he was a member of Alpha Gamma Rho Fraternity and Scabbard and Blade military honorary. He attained the rank of Eagle Scout while a Scout in Dunsuir.

Hitchcock was released from the U. S. Army in October of 1962, after two years of active duty as a first lieutenant. While in the service he completed the Army Airborne and Ranger courses at Fort Benning, Ga.

Hitchcock leaves Thursday for the Schiff Scout Reservation near Mendham, N. J., where he will attend the 24th National Training School for professional scout leaders. Upon completion of the course in late February, Hitchcock will serve the Lake and Modoc County districts of the council and the commissioner staff of the Klamath District.

Sex Offense Laws Urged

PORTLAND (UPI)—State Rep. William Gallagher, R - Portland, said today he expects the Legislative Interim Committee of Social Problems to move for early enactment of legislation dealing with sex offenders.

The 1963 Legislature opens Jan. 14.

Gallagher said such action is long overdue. He added that early enactment might forestall "screwball" legislation which sometimes results from hysteria produced by crimes such as that against Mona Rae Minyard, 6, Portland.

He said he believes the most important proposals of the interim committee are those calling for expansion of the central bureau for criminal identification, for mandatory reporting of all felony, sex and narcotics cases and for civil commitment to a state institution of persons found to be sexually dangerous.

He said the committee took particular care in the proposed legislation to protect the rights of individuals.

He said the measure has provisions for voluntary commitment in which the person would be sent to an institution for an indefinite period with yearly psychiatric examinations.

Other recommendations of the committee include an enhanced penalty law for second sex offenders. It would be strengthened to include offenses committed in other states in determining the requisite number of offenses.

Society's Mad Whirl Just Irks This Pair



Ann Landers

Dear Ann Landers: Last night my husband gave me notice. He said, "I refuse to go to any more parties. I am sick of spending time with people we care nothing about, just so we can be part of a phony social set. I would prefer to stay at home and read."

Frankly, so would I. Entertaining has gotten out of hand. Every hostess I know just about kills herself trying to do something different and impressive. Our own guest list is loaded with bores to whom we are indebted simply because we accepted an invitation to their homes.

But how does a person withdraw from the mad whirl of entertaining? Once you're in it, you're in it, unless you go broke and can't afford to keep up. I need some help and I need it now. Is there a door?—LAKE FOREST

Dear Lake Forest: You'll have no problem finding the door once you've decided you really want to get out.

Unlucky would have a tough time tallying the hours of wasted energy spent entertaining meaningless acquaintances in the U.S. suburbs alone.

The way to get out of the rat race is simple. Quit running. Don't accept any more invitations from bores. And don't extend any.

Dear Ann Landers: I am 12 years old. My sister is 15. She is very cute and popular. Everyone says she looks like my mother which may be the reason she is my mother's pet.

My brother is 5 years old. He is always into some mischief but everything he does is excused because he is so little. He looks like Daddy and is Daddy's favorite.

I don't look like anybody and sometimes I feel like I don't even belong in this family. I try to make up for not being as pretty as my sister by making

better grades. I have not missed the honor roll since the third grade but nobody says anything about it. All I hear is, "Sit up straight. Your posture is terrible." Yesterday my mother said, "Why don't you smile more. It would improve your looks." How can I smile when I always feel like crying? Can you give me some advice? — MISS IN-BETWEEN

Dear Miss: You're in the middle, and the middle is a tough spot. The first born has the inside track because he got there first. The baby gets the spotlight because he is the wee one.

But cheer up, honey. The middle child often accomplishes the most because he must work harder to get attention. Show this column to your parents and ask them to guess who wrote in today.

Dear Miss Landers: You sure gave a goodfornuthin' answer to the woman who was pestered by the neighbor's kids from dawn till dusk. "Take them by the hand," you said, "home to their mother."

Do you think you are the only woman in the United States who is busy? Do you realize how long this would take when you live on a ranch as I do?

I had a different solution. We have horses on our ranch and the small fry flocked over here in droves. I couldn't watch the kids to see that they didn't get hurt and it used to worry me a lot.

You know if people get hurt on your property they can sue you from the hot place to breakfast.

I knew I had to get tough and mean, and that's what I did. I told the kids in my crankiest voice to stay off my place. I only had to tell them once. Soft talk doesn't count with young folks today. I learned that when I was a juvenile court matron. I hope this letter helps.—OLD MEANIE

Dear Meanie: I still think you can catch more flies with honey than with vinegar. Only vinegar on your ranch, honey?

Ann Landers will be glad to help you with your problems. Send them to her in care of this newspaper enclosing a stamped, self-addressed envelope.

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Paralyzed Medic Dies

STRATFORD, Conn. (UPI) — Burton H. Fern, 37, a paralyzed pediatrician who pecked out a daily syndicated column on an electric typewriter with a stick held in his mouth, died at his home Tuesday of a heart seizure.

Dr. Fern was born in Newark, N.J., and graduated from New York University College of Medicine in 1948 after earning a degree from Harvard. He served in the Air Force Medical Corps in Korea from 1951 to 1953.

He opened a pediatric practice here in 1953. Two years later spinal polio left him paralyzed from the neck down. His body and chest muscles were rendered useless by the disease, but he retained his hearing, speech, vision, and a spirit only death could conquer.

Using a wheelchair-desk, Dr. Fern went back into practice. He traveled to give lectures, attended conferences, and resumed daily hospital rounds.

He served as a consultant on pediatrics. He engaged in research projects sponsored by Yale University. And he began to write the daily health column, "Inside You and Yours," for King Features Syndicate.

Hopes Dim For Powell

HOLLYWOOD (UPI) — Hopes for recovery of cancer-stricken Dick Powell were dim today as the actor-producer drifted into a semicomatose and a spokesman described his condition as "in a terminal state."

Powell and his wife, June Allyson, were back in their Wilshire Blvd. apartment after a three-day visit to the family home at Newport Beach for the New Year's holiday.

There were no plans to hospitalize Powell, 58, who was given cobalt treatment for cancerous growths in his chest and lymph glands last September.

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KFPA Gives Yule Trees

The Klamath Forest Protective Association provided 2,543 Christmas trees to families, schools, and organizations during the Yuletide season, according to an estimate by George Wardell, supervisor of the association.

The figure includes 2,043 tree cutting permits which were sold at 50 cents each to families desiring to cut their own Christmas tree. The remaining 500 trees were donated by the KFPA to schools and various organizations throughout the county.

Meanwhile, the Klamath District of the Winema National Forest reported that 612 Christmas tree cutting permits were issued to families last month, compared to 696 issued during the same month of the previous year. The district was unable to comment on the reason for the decrease in the amount of permits published.

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