



INTERNATIONAL DISH — Take a trip to an old Vienna home of restaurant with these famous Viennese recipes. Wierar Schnitzel made with veal, poppy seed noodles and a cake-like bread called Kugelhupf for dessert.

Foreign Flavor To Veal Dishes

Veal, a popular meat among Europeans, is often overlooked in our meat counters. Because of the delicate flavor of the young, tender meat, veal can be tastefully combined with many seasonings. The Italians use tomatoes, the Hungarians choose paprika, and Russians favor dill pickle. The Austrian Wiener Schnitzel offers many variations. The addition of shredded Swiss cheese gives a nut-like flavor to the breading. When the cutlets are pounded very thin they will require only half an hour to become golden brown and tender.

VEAL CUTLETS WITH RUSSIAN DILL SAUCE

Yield: 4 servings
2 pounds veal cutlets
Salt
1/2 stick 1/4 cup butter or margarine
1/2 pound mushrooms, sliced
2 tablespoons butter or margarine
1 tablespoon flour
1/2 teaspoon salt
2 cups dairy soured cream
1 medium tomato, peeled and chopped
1/4 cup chopped dill pickle
Pound veal cutlets until very thin. Season with salt. Melt 1/2 stick butter in large skillet. Two cutlets may be necessary. Sauté cutlets slowly in butter until golden brown on both sides, about 30 minutes or until fork-tender. Meanwhile, sauce sliced mushrooms in two tablespoons butter, until lightly browned. Stir in flour and 1/2 teaspoon salt and cook for three minutes, stirring constantly. Add the sour cream, tomato, and dill pickle. Stir until bubbled and warm. Serve sauce over the veal cutlets.

Proper storage of veal is important for retaining quality. When removed from the peach-colored butcher paper and loosely wrapped in waxed paper, the veal will keep for four days in the refrigerator. Veal also freezes well. Wrap in heavy duty aluminum foil or freezing paper and freeze at zero degrees or lower. The frozen veal should be used within three to four months.

CHEESY WIENER SCHNITZEL

Yield: 4 servings
2 pounds veal cutlets
2 eggs
2 tablespoons water
1 cup cracker meal
1/2 cup shredded Swiss cheese
1 teaspoon salt
1/2 teaspoon pepper
1/2 stick 1/4 cup butter or margarine
Lemon slices
Pound veal cutlets until very thin. Beat eggs with water. Combine cracker meal, Swiss cheese, salt, and pepper. Dip veal cutlets into egg mixture, then into cracker meal mixture. Melt butter in large skillet. Sauté cutlets slowly in butter until golden brown on both sides, about 30 minutes or until fork-tender. Garnish with lemon slices.



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