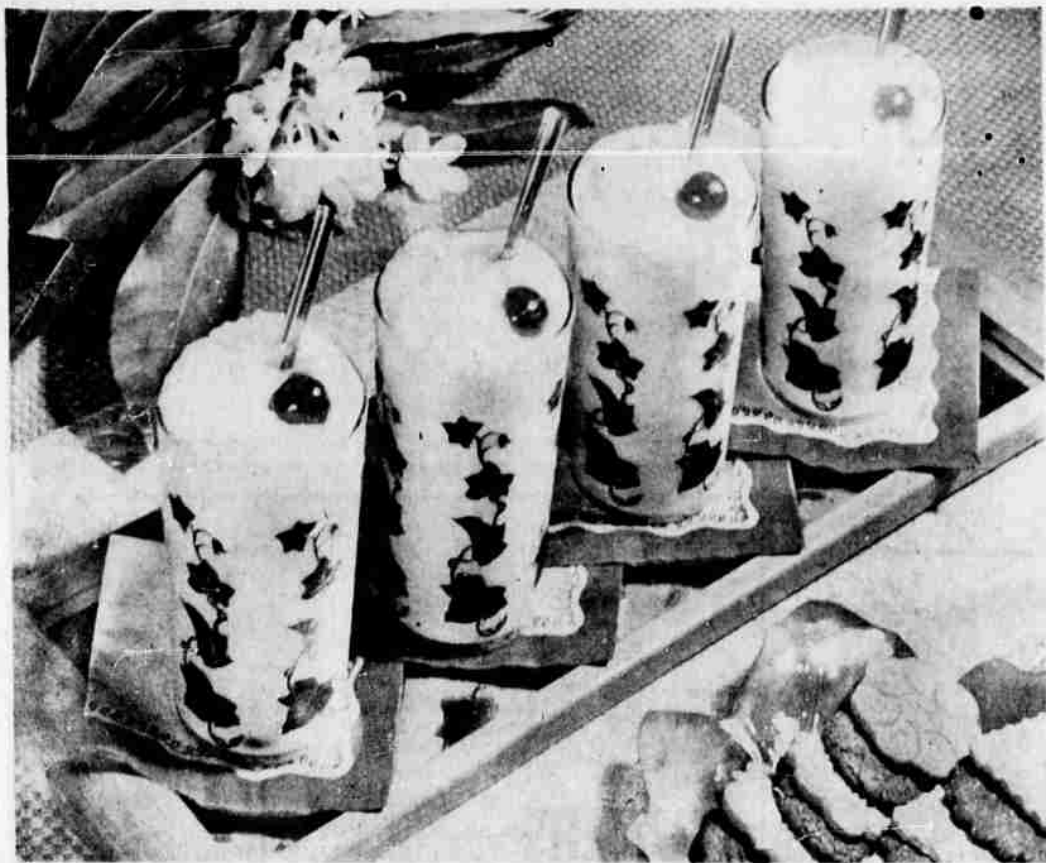




SNAPPY SODAS — On balmy Indian summer days, have some fun and delight thirsty grown-ups, 'teeners and youngsters alike with easily made home sodas.

Snappy Sodas Suit Everybody

Home sodas are easily made and with a little trick of "mix-in" meringue, plus a plentiful supply of carbonated soft drinks in the refrigerator, it's easy to provide favorite flavors for everyone.

The meringue takes only a minute to whip up, then the drinks are mixed right in the glass, allowing for as many different sodas as you may wish to serve.

MIX-IN MERINGUE

1 egg white

2 tablespoons sugar

1 teaspoon vanilla

Beat egg white only until it forms soft peaks. Beat in sugar, a tablespoonful at a time. Beat in vanilla.

COLA CREAM DREAM

Cola carbonated beverage,

chilled

2 tablespoons mix-in meringue

1 tablespoon heavy cream

1 teaspoon lemon juice

Pour a little cola in the bottom of a tall glass. Stir in meringue, then cream, then lemon juice; blend well. Fill up glass with chilled cola.

Makes 1 serving.

LIME CLOUD

Lemon - lime carbonated

beverage, chilled

1 tablespoon limeade concentrate (thawed)

1 tablespoon mix-in meringue

1 tablespoon heavy cream (optional)

Pour a little lemon-lime carbonated beverage in the bottom of a tall glass. Stir in limeade concentrate, then meringue, then cream if desired; blend well. Fill up glass with lemon-lime carbonated beverage. Makes 1 serving.

CHOCOLATE GINGER FLIP

Ginger ale, chilled

2 tablespoons chocolate syrup

2 tablespoons heavy cream

1 tablespoon mix-in meringue

Pour a little ginger ale in a tall glass. Stir in chocolate syrup, then cream, then meringue; blend well. Fill up glass with ginger ale. Makes 1 serving.

FANCY FROSTING

It's the fancy frosting atop a cake from packaged mix that makes the difference. Make a pretty cherry-almond frosting this way. Melt $\frac{1}{4}$ cup butter; stir in 3 cups sifted powdered sugar, $1\frac{1}{2}$ tablespoons cream, 2 teaspoons syrup from maraschino cherries and $\frac{1}{2}$ teaspoon almond flavoring. Beat until spreading consistency. Stir in $\frac{1}{2}$ cup chopped or sliced blanched almonds and $\frac{1}{4}$ cup well-drained chopped maraschino cherries. Spread on top and sides of cake. Decorate with almonds and red cherries.

TOPPER

Melt candy caramels with a small amount of evaporated milk. Stir in chopped fresh California dates and coconut. Spoon while slightly warm over slices of vanilla ice cream.

GUITAR INSTRUCTIONS

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Specialties in Gourmet

By RUTH KING

HERALD AND NEWS, Klamath Falls, Ore.

Thursday, October 5, 1961

PAGE 3-B



THIS IS RIGHT WAY — Mrs. Frances C. Hall, county extension agent, working with Mrs. Ruth G. Dyer, demonstrated the making of little yeast breads to group of leaders of Klamath County Home Economics Extension units.

Leader Training Starts In Home Extension Meet

The first leader training in the Home Economics Extension Program began with the lesson on Quick Yeast Breads, reports Mrs. Ruth G. Dyer, county extension agent. This lesson was taught on Sept. 26, 27, and 28 by Mrs. Frances C. Hall, county extension agent working with Mrs. Dyer.

Members of the Home Economics Extension Units will have this lesson for October meetings. Any homemaker interested in taking part in this program may contact any of the unit members or call the extension office, TU 4-8151.

In this lesson, homemakers will learn to make little yeast breads by quick, easy methods. This will include rolls, muffins, and coffee breads. Also learned will be some basic principles of handling yeast in baking quick breads. The end result of the lesson will be to add variety to family meals. Leaders who will give this lesson are as follows: Mrs. Wes Harney and Mrs. Kenneth Ester, Altamont; Mrs. Jarold Dillavou and

Mrs. Jack Larsen, Bly; Mrs. William Drew and Mrs. Lester Jones, Bonanza; Mrs. Dorman Spiker and Mrs. Russell Story, Buena Vista; Mrs. Earl Hall and Mrs. Glen Kircher, Chiloquin; Mrs. Myron Hull and Mrs. Lynn Hayes, Conger-Fairview.

Mrs. L. D. Conaway and Mrs. M. R. Bonner, Crescent-Gilchrist; Mrs. Dale C. Harris and Mrs. Nellie Dana, Crescent Niteouts; Mrs. Alfred Hammond and Mrs. W. J. Harper, Fairhaven; Mrs. Clifford Ongman and Mrs. Richard Fleming, Henley; Mrs. Guy Moore and Mrs. Ray Baker, Keno; Mrs. Ruth Stanley and Mrs. T. J. Webb, Klamath Falls; Mrs. Kermit Keyser and Mrs. Jack Lynch, Langell Valley; Mrs. Harley Wardle and Mrs. Phares Book, Lindley Heights.

Mrs. William Rajnas and Mrs. Charles Street, Malin; Mrs. Irven Johnson and Mrs. Dale Moore, Merrill; Mrs. Lewis Stork, Midland; Mrs. Brooks Dickerman and Mrs. Robert Baird, OTI; Mrs. Arthur Rice and Mrs. Edwin Wenz, Poe Valley; Mrs. J. A. Kirkpatrick and Mrs. James Rumelhart, Shasta-Homedale.

DOUBLE DUTY

The sweet-tart flavor of these cherry molds comes from tangy frozen lemonade and sunny canned fruit cocktail. Prepare a 3 oz. package of lemon gelatin with 1 cup hot water. Fold in 1 cup dairy sour cream, $\frac{1}{4}$ cup frozen lemonade concentrate, thawed, and 1 teaspoon grated lemon rind. Chill until partially set. Fold in 1 cup drained canned fruit cocktail and $\frac{1}{2}$ cup miniature marshmallows. Pour into small molds or 8-inch square pan and chill until set. Serve as dessert or salad.

SEASONING

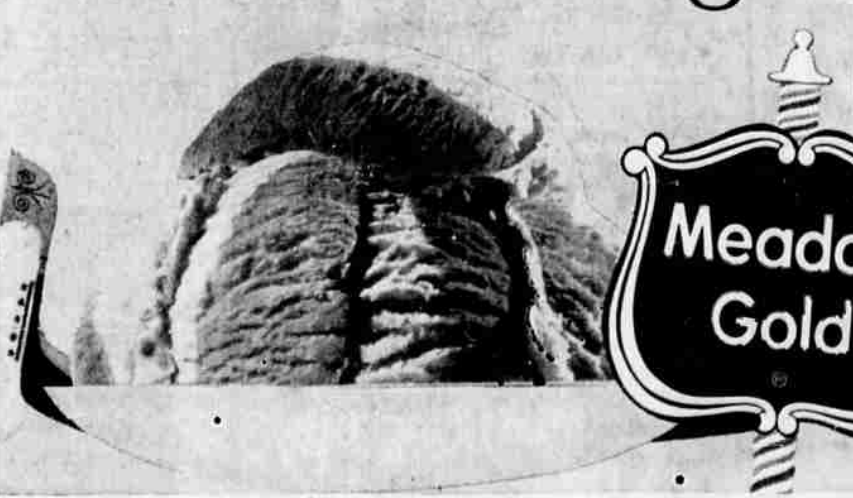
It takes just a jiffy to season salad dressings, soups, sandwich fillings and casserole combinations with a zesty onion flavor when you use handy instant minced onion. One tablespoon is equivalent to $\frac{1}{4}$ cup chopped raw onion. This time-saver is ideal for camping and outdoor cooking, too.

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At Your Favorite Store or from Your Medo-Land Route Man

WHEN IS IT DONE?

—When Fish Flakes Easily With A Fork and the juices look milky.

Fish needs only brief cooking. If overcooked, it becomes dry, and loses flavor.

ALL ABOUT FOOD CLIP By Tested Recipe Institute "W" FILE

—When Veal And Pork Show No Trace Of Pink. Lamb may be slightly pink; beef may be rare.

To check color make a slit near bone or in thickest part of meat.

—When Roast Beef Temperature shows on a meat thermometer as follows:

170° F.—WELL DONE
160° F.—MEDIUM
140° F.—RARE

Insert thermometer so tip rests in center of thickest part of meat. The tip must not touch bone or fat.

—When Poultry Drumstick Moves Easily in leg and thigh joints if gently pushed up and down.

Or, cut into thickest part of drumstick; meat near bone should not be pink.

Sauce for Leftovers

A tart sauce will give new life to leftover meats. Combine 2 cups applesauce, 2 tablespoons prepared horseradish and 1 table-

to pamper your cat...

all tuna liver 'n meat chicken chopped fish meaty mix kidney 'n meat

6 Dr. Ross' CAT FOODS

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