



CHICKEN CASSEROLE — Chicken and macaroni are sauced with rich cheese soup, garnished with ripe olives and topped with golden cracker crumbs to make a dish with a hint of asparagus spears with fresh lemon and butter make an ideal accompaniment.

PENNY-WISE CHICKEN DISH

Plentiful poultry finds its way into the menu frequently these days. With prices so low, it's the solution to many a budget meal. But just because a meal is budget priced, doesn't mean it need be budget tasting. Even when we are counting pennies, we can add a gourmet touch to our meals.

The gourmet touch to Chicken-Mac Casserole is the rich, golden cheese sauce plus sliced ripe olives. The sauce comes in a can in a can of condensed cheese soup. The soup, new on the market this past year, is a skillful blend of cheddar and Romano cheeses, whole milk and selected seasonings. It's a smooth and so much easier to use than a cheese soup prepared from scratch.

CHICKEN-MAC CASSEROLE
1 cup uncooked macaroni (1 cup uncooked)
1 1/2 cups cubed, cooked chicken
1 1/2 cups sliced ripe olives
2 tablespoons minced onion
1/2 teaspoon salt
1 can (10 1/2 ounces) Condensed Cheese Soup, undrained
1/4 cup milk
Dash cayenne
1 1/2 crumbled crackers
Heat oven 375 degrees (moderately hot). Combine ingredients (except crackers) in a 1 1/2-quart casserole. Top with crackers. Bake 30-35 minutes or until hot. Makes 6 servings.

Thin pancakes filled with diced chicken, ripe olives, parsley and again, a golden cheese sauce make a party dish you could serve even to the boss and his

Wild Plums
(Continued from Page 5-B)

who sometimes officiate in the kitchen—to send in other recipes for preparing and preserving this fine wild fruit. We will print them in the "Telling the Editor Department."

"Over at Lakeview there is talk of putting the crop on a commercial basis. On one or two ranches in that area it is already handled in that way. A Lakeview man told the chamber of commerce there that a representative of a large grocery firm had assured him of a market in the big cities for all the wild plums Lake County could send. Nursery stock of wild plum trees is to be made available to Lake County ranchers.

"It is here suggested to Klamath people, who haven't tried them, that they get some wild plums this fall. They can be obtained at local grocery stores or picked in the open spaces. The prepared fruit is ideal for serving with game fowl or venison—and these hunting seasons are not far off."

Use the Drippings
The gravy or sauce is an important part of a Swiss steak or any other braised steak serving. This is because in cooking by moist heat there is a certain amount of flavor lost in the drippings. By making use of the drippings in gravy, the meat flavor and nutrients are saved.

FOLGER'S COFFEE
1 lb. . . 75¢
1 lbs. 1.49

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Superb "USDA CHOICE" GRADE BEEF Round Steaks

A Safeway full-cut Round Steak is a very special steak. Perfect for swissing or pan-frying. It's extra lean, close trimmed, and aged for extra flavor and tenderness.

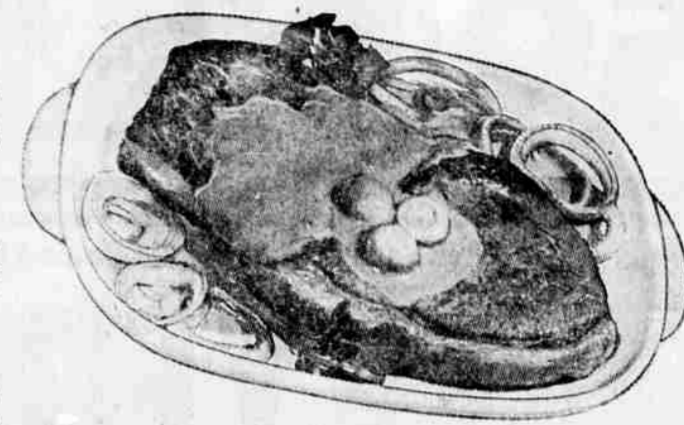
79¢ lb.

ONLY "USDA CHOICE" ... At Safeway, all Beef is USDA Choice grade, the quality that gives you the most in tenderness, juiciness, and flavor. Since we offer only this top Choice grade, you can be sure Safeway Beef will consistently provide finer and more delicious eating for your family.

PROPERLY AGED ... Even the finest quality meats reach peak flavor only after proper aging. In our vast air-conditioned aging rooms, Safeway meats are held under controlled temperatures the exact number of days required to insure perfect tenderness and flavor.

CLOSE TRIMMED ... Price alone never determines a good meat buy. In addition to quality, you have to consider the actual amount of meat you get to eat for your money. Safeway's "close-trim" method on every cut of meat always removes excess waste and fat ... so you get more meat to serve for your food dollars.

GUARANTEED PERFECT ... Every cut of fine Safeway meat is unconditionally guaranteed. Take home any cut you choose. Cook it your favorite way. If you don't agree that it completely satisfies, just come in and tell us. Your full purchase price will be promptly and courteously refunded.



Boneless Swiss Steaks

Juicy, fork-tender, "USDA CHOICE" beef ... scientifically aged for extra flavor and tenderness. Ready to pop into the pan.



NEW IDEAS IN SOUPS

A tried and trusted food company and sample Chicken and Noodle party, you all know, is introducing a new idea in soups to American housewives ... a de-hydrated product, seven different soups, developed by the company's famous head-quarters in Switzerland where Europe's best selling soups are produced. These seven "different" varieties are now being produced in a brand new soup plant at Argo, Ill.

You can take a little cruise through far-away flavors ... the of Europe. We went straight to Denmark when we tried their cream of mushroom (delicious) a delicious thick soup, flavored as only the Danes can flavor it. They are all easy to prepare, take less than 10 minutes. Look for light green packages with a copper kettle in the corner. You won't be S-O-B-B-Y. Easy to Onion (elegant) or god Dutch store too.

YOUR LAST TRIP TO GARDEN RELISH

It's a riot of color and loaded with flavorful makings, this "Jiffy Garden Relish" is a double-duty preparation, too, because you can serve it as either a relish or a salad. Mix the handsome ripe olive wedges, diced tomato, cucumber, green pepper and onion in a well-seasoned vinegar dressing at least an hour before serving. As a salad, garnish with sliced olives rolled in salad or olive oil to keep them shiny and appetizing.

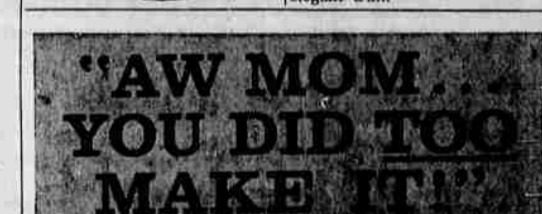
JIFFY GARDEN RELISH
1/2 cup ripe olives
1 large fresh tomato
1/2 cup diced peeled cucumber
1/4 cup diced green pepper
1 tablespoon instant minced onion
1/4 cup wine vinegar
1 tablespoon sugar
1 teaspoon celery seed
1/2 teaspoon salt
1/4 teaspoon black pepper
Dash powdered cloves
Cut olives in thin wedges. Peel, core and dice tomato. Combine with olives, cucumber, green pepper and onion. Mix all remaining ingredients in a separate bowl. Pour dressing over mixture. Makes about 1 pint.

Stuffed Peppers
After "Tuck Away-Stuffed Peppers" have been tucked away in the oven, you'll want to tuck away here's a main dish that is both delicious and economical. Green peppers are stuffed with ground lamb, rice, tomatoes and savory seasonings such as instant minced onion to prepare this hearty, sure to become a family favorite. Just as convenient instant minced onion has become a favorite ingredient with cooks everywhere.

Tuck-Away Stuffed Peppers
4 medium-sized green peppers
1 pound ground lamb
1 cup packaged pre-cooked rice
1 (1 lb. 12 oz.) can solid pack tomatoes
1 tablespoon instant minced onion
2 teaspoons salt
1/4 teaspoon crushed rosemary
1/4 teaspoon dried dill
1/4 teaspoon pepper
1/4 teaspoon garlic powder

REALLY GOOD! Like home made
Cut off tops and remove seeds and membranes from green peppers. Combine ground lamb, rice, 1 cup tomatoes and all remaining ingredients. Pack lightly into peppers. Place in a 2-quart casserole; pour remaining tomatoes over all. Cover and bake in a moderate oven (350 degrees F.) 50 to 55 minutes. Makes 4 servings.

QUICK DESSERT
Bake a cake from a mix, top with frosting from a package. Then crown with groups of 3 or 4 whole blanched almonds and a maraschino cherry for speedy but elegant trim.



'AW MOM YOU DID TOO MAKE

There's no finer bread when bread is home made from Spruance Bread Mix. It's delicious ... and so easy to make.

NEED IN MINUTES ... YOU JUST ADD WATER

Everything is in the mix. Mother nature and your own do the rest. Even if you've never baked before you can count on perfect results the very first time ... and every time. If you don't have bread pans ... a very deep dish baking casserole will do.

NOW AT YOUR GROCERS
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Safeway your BEST place to buy meats ... at money-saving prices.

Beef Rump Roast lb. **79¢**
Superbly tender "USDA CHOICE" aged beef.

Fillet of Sole lb. **53¢**
Fresh, ready to heat in serve. Here's a thrifty menu suggestion.

Smoked Picnics lb. **39¢**
Tender short-shank picnics. Avg. 6 to 8 lbs. Popular brands.

CAMPBELL'S or HEINZ TOMATO SOUP ea. can **10¢**

Reg. 3 for 39¢. Here's your chance to stock up those shelves and really save more on these 2 famous brands.

- "Delicious with Meat." Ocean Spray whole or jellied
- Cranberry Sauce Save 2c each can **5 300 \$1.00** cans
 - Santiam Beans Cut, sliced or waxed **5 303 \$1.00** cans
 - Orange Juice BEL-AIR premium quality concentrate 6-oz. can **4/1 \$1.00**
 - Instant Milk Lucerne, like fresh milk 12 qt. pkg. **98¢**
 - Applesauce Town House, fancy Made from finest apples 303 cans **5/95¢**
 - Fruit Juice Grapefruit, sweet or natural, Town House 3 46-oz **\$1.00** cans

Sirloin Tip Roast lb. **85¢**
Extra-lean superb roast "USDA CHOICE" beef. Close trim.

T-Bone Steaks lb. **\$1.09**
Porterhouse & Clubs. "USDA CHOICE" aged beef.

Biscuit Mix 40-oz. pkg. **29¢**
Mrs. Wright's Grand for waffles, too Reg. 39¢ value

Quaker Oats Regular or Quick Breakfast cereal. 42-oz. pkg. **49¢**

Tang Drink The new instant drink discovery 21-oz. Jar **99¢**

Cottage Cheese Lucerne, the finest dairy rich in 5 varieties. 1/2 gal. **98¢** Quart **49¢** Pint **25¢**

Bel-air Premium Quality FROZEN French Fries
Regular or Crinkle Cut

No fuss, no muss ... just heat 'n serve.

A Safeway guaranteed product. 9-oz. 6 pkgs. **\$1.00**

Stock up & Save on These Buffet Size Tins

- Fancy Apricots Town House 8 oz. **8¢**
- Fancy Peas Town House Bartlett's 8 oz. **8¢**
- Cling Peaches Town House 8 oz. **8¢**
- Lady Elberta Sliced Peaches 8 oz. **8¢**
- Santiam Cut or Sliced Green Beans 8 oz. **8¢**
- Del Monte Fruit Cocktail, Fancy 8 oz. **8¢**
- Del Monte Fruit Cocktail, Town House, Fancy 8 oz. **8¢**
- Del Monte Grapefruit & Pineapple Town House sections sliced, 8 oz. **8¢**
- Del Monte Cut Green Beans 8 oz. **8¢**
- Del Monte Cream Style Corn, 8 oz. **8¢**

- Instant Chocolate Carnation 10-oz. pkg. **43¢**
- Barbecue Sauce Open Pit. Taps for flavoring delicious Bar-B-Q's 18-oz. btl. **49¢**
- Heinz Beeksteak Sauce or Savory "57" Vtys. 8-oz. btl. **35¢**
- A-1 Meat Sauce For the finest meats **35¢**

KOTEX Regular Sanitary Napkins **\$1.49**

Reg. \$1.73 Pkg. of 48's

Prices in this advertisement are effective Thursday, thru Saturday, September 21, 22, 23 at Safeway in Klamath Falls. We reserve the right to limit.

MIX 'EM OR MATCH 'EM **YOUR CHOICE \$1**

7 8-oz. Buffet Tins

Skylark Bread 3 large loaves **1.00**

Oven-fresh, Split Top, 100% whole wheat and crushed wheat.

Jellies - Preserves 4 4-oz. Gls. **1.00**

Empress Apple-Grape or Mixed Fruit Jelly; Apricot-Pineapple, Grape, Peach or Plum. Mix or Match.

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Vol. No. 3 On Sale Now

- Potato Chips Nalley's crispy - Fresh 6 1/2 oz. pkg. **39¢**
- Dinty Moore Stew Heat 'n serve 24 oz. tin **55¢**
- Sour Cream Lucerne 1/2 Pint **29¢** Pint **55¢**
- Slenderway "900" Lucerne Vanilla or Chocolate Qt. **89¢**
- Two-Ten Milk Lucerne 1/2 Gal. 46¢; 2 1/2 Gals. 91¢ **2 \$1.72**
- Lucerne Yogurt Dairy Fresh Qt. **55¢**
- Kool Aid 11 refreshing flavors 6 pkgs. **29¢**
- Swiss Colony Italian Swiss 9-Reg. 69¢ vty. 3pk **69¢**
- Gallo Wines Tokay and Muskat 3pk **69¢**
- Blue Mt. Chicken & Liver cat food 7 1/2 lbs. 1.00 cans
- Aerowax Self polishing floor wax Qt. **69¢**
- Dennisons Chili with beans 15 1/2 oz. can **32¢**

Duncan Hines Cake Mixes This Week's Best Produce Buy .. Crisp Head

- Early American Date Nut, Apple Butter Pecan, Rudge Nut, Cherry Almond. Reg. pkg. **45¢**
- Gold Medal Flour 50-lb. **\$4.79** 25 lb. **\$2.49**
- Libby's Corn Kernel or cream style 4 303 **89¢** cans
- Libby's Pumpkin Fancy 2 can 5 for **\$1.00**
- Delicate Peas Small size 4 303 **89¢** cans
- Jiffy Popcorn Kiddies' favorite 5 oz. can **29¢**
- Popcorn White or yellow, Town House 1-lb. pkg. **19¢**
- Kraft Dinners Macaroni, Heat 'n serve pkg. **5/51**
- Large AA Eggs Cream of the crop doz. **53¢**

FAB AJAX

Detergent 5c off 47-oz. **59¢** Household Cleanser 14-oz. can **2/33¢**

Cashmere Bouquet Soap, white or pink 3 reg. bars **37¢**

Palmolive Reg. and Pink 2 bath bars **35¢**

Palmolive Reg. and Pink 3 reg. bars **37¢**

Vel Liquid soaks washes sparkling clean 22 oz. plastic **69¢**

Vel Detergent for miracle fabrics 37 1/2 oz. pkg. **87¢**

Ad 6-1/2 oz. concentrated suds power 40 oz. pkg. **89¢**

Floriant Aerosol Deodorant Your choice of Spice, Floral or unscented deodorant 5 1/2-oz. **89¢**

No. 1 RUSSET POTATOES 20-lb. bag **89¢**

Specially selected all-purpose guaranteed.

- Jonathan Apples Extra-fancy cracklin' crisp 2 lbs. **29¢**
- Sunkist Oranges Lunch Box favorite lb. **19¢**
- Boiler Onions Yellow. Perfect for creaming & stews 5-lb. bag **29¢**
- Bell Peppers Grand for salads and stuffing 3 for **14¢**
- Green Cabbage Serve a New England boiled dinner tonight. lb. **6¢**

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