



SARA WILLIAMS
Henley Girl
Wins Honor

Sara Williams was named winner of the Betty Crocker contest at Henley High School. Senior girls taking home economics are eligible to participate in this nationwide contest. Sara's paper will be entered in the state contest to compete with the winners from other high schools in Oregon. She is the daughter of Mr. and Mrs. Bryant Williams of the Spring Lake District and plans to continue her education at Oregon State College next year.

**Fresh Lemons
And Scallops**

Fresh and frozen fish is plentiful on the markets just now, only a whisk away from the Pacific. Particularly good are scallops, those small circular bits of white meat that adapt themselves to many ways of preparation. If you like fish, you'll like these recipes.

BROILED SCALLOPS
1½ pounds scallops, fresh or frozen
1-3 cup butter or other fat, melted
½ teaspoon salt
Dash white pepper
Dash paprika
2 tablespoons chopped parsley
¼ cup butter or other fat, melted
3 tablespoons fresh lemon juice
Lemon wedges
Thaw scallops if frozen. Remove any shell particles and wash. Cut large scallops in half. Place on a greased broiler pan. Combine butter, salt, pepper, and paprika. Brush scallops with seasoned butter. Broil about 3 inches from source of heat for 3 to 4 minutes. Turn carefully. Brush other side with seasoned butter and broil 3 to 4 minutes longer. Sprinkle with parsley. Combine butter and lemon juice; serve with scallops. Garnish with lemon wedges. Serves 6.

SCALLOP ASPIC
1 pound scallops, fresh or frozen
1 quart boiling water
2 tablespoons salt
2 tablespoons unflavored gelatin
½ cup cold water
1½ cups tomato juice
1 teaspoon sugar
½ teaspoon salt
½ teaspoon Worcestershire sauce
½ teaspoon onion salt
2 tablespoons fresh lemon juice
Lettuce
Lemon cream dressing
Parsley
Thaw frozen scallops. Remove any shell particles and wash. Place in boiling salted water. Cover and return to the boiling point. Simmer for 3 to 4 minutes, depending on size. Drain. Chop scallops coarsely. Soften gelatin in cold water for 5 minutes. Heat tomato juice to the boiling point; add gelatin and stir until dissolved. Add seasonings and lemon juice. Chill until almost congealed. Fold in scallops. Place in 6 individual molds; chill until firm. Unmold on lettuce; serve with lemon cream dressing. Garnish with parsley. Serves 6.

LEMON CREAM DRESSING
1-3 cup sour cream
1 tablespoon fresh lemon juice
1 tablespoon chopped onion
1 tablespoon chopped parsley
¼ teaspoon salt
Combine all ingredients and chill. Serves 6.

HAM 'N' BEAN BAKE
Convert the last bits of your ham into a tasty green bean casserole. Season cream of celery soup with a tablespoon of Sherry wine and a dash of prepared mustard. Fold in cubes of ham, drained canned blue lake green beans, chopped celery and shredded cheese. Turn into shallow casserole and top with buttered crumbs or crumbled corn chips. Bake in moderate oven about 30 minutes. Good accompaniment: candied yams baked along with casserole.

Never wash wooden salad bowls. Rub the insides before you use the first time with salad oil thoroughly and repeat this treatment occasionally. Rinse bowl immediately after each use and dry thoroughly to prevent warping.



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