

The Herald and News

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Sourdough

By **BILL JENKINS**
The art of sourdough cooking is not an entirely lost art. Not up in this country at least. My wife makes real line sourdough biscuits. And she got a lot of tips from Mrs. Harry Obenchain. Deb Addison has long been recognized as the master when it comes to sourdough pancakes.

There must be many more. And we are not alone. Down in the crowded confines of San Francisco is Sourdough Jack, a fellow who is doing something to bring back the art of sourdough cooking in a big way.

Jack Mabce has recently come on the market with not only a sourdough starter for the beginner and a sourdough pot for the gourmet but has written a little book on the subject. Called Sourdough Jack's Western Cookery the volume deals with the origin, history and use of sourdough from its inception, through the Alaskan gold rush days, the early cattle period and, finally, today's epicures who want to do it themselves.

It is a book full of odd little bits of information. Such as the fact that the term "hooch" originated from sourdough. Hooch, also known as beewack, is the fluid that forms on top of sourdough that has been allowed to complete its fermentation and is, to quote the author, only slightly less viable than high test aviation gasoline.

In addition to the various historical aspects and guest articles on the bread of life there are general instructions in the art of maintaining and using a sourdough crock for the creation of pancakes, waffles and breads of various types and sizes.

Perhaps a brief listing of some of the recipes might be of interest to the reader. In addition to the regular formulae are listed such things as apple, banana and blueberry pancakes. If you wish to go even more exotic you can make up clam pancakes, crepes-Suzette, peanut butter pancakes (ugh!) and shrimp pancakes.

There are recipes for sourdough biscuits and blueberry muffins. There are also instructions for honey gold bread—made with honey of course—as well as anadama bread, oatmeal bread and white bread.

In case you think sourdough is merely something from which prospectors make bannock let it be said that there are recipes for oatmeal cookies, chocolate cake, spice cake and sourdough fruit cake.

Nor is Sourdough Jack so wed to his product that he can't see anything else. He also includes recipes for bean hole beans, bannock, kidney bean and garbanzo salad, stone jug piquant dressing, Sourdough Jack's rice, Cornish pasties, Grilled cornish, Hangtown fry, shepherd's stew, trappers stew, clam chowder, split pea soup, bean soup and others.

The book, which is a paper bound one on which the pages stay open when turned—something that all books should do—can be procured from bookstores or by writing to Sourdough Jack at Box 409, San Francisco.

It is an amusing little book, only thirty five pages, and one that I'm sure all cooks will get a kick out of.

And it helps in working your sourdough, too. Tips are always welcome.

Specially in a field as competitive as sourdough cookery.

Bad Tactics

By **FLOYD L. WYNNE**
CHARGES hurled by the State Democratic Chairman Wednesday in Coos Bay against Gov. Mark Hatfield were shocking to say the least.

Robert Straub stated in an address to a Coos Bay meeting that Governor Hatfield had written a letter to J. H. Luhn, chairman of the state Welfare Commission in which Hatfield had recommended sterilization of unwed mothers to prevent abuse of welfare funds.

A reporter who apparently covered the Coos Bay meeting stated that Straub read from a photostatic copy of Hatfield's letter to Luhn.

The charge was extremely serious, if true.

WHEN CONTACTED IN DENVER where he was making an address, Hatfield stated the subject of sterilization had come up during a discussion, but that he had never recommended sterilization.

Friday, Straub backed away from his earlier charge and, at a Salem meeting, said the news stories of his accusation were "not correct."

This is a common practice among public figures who find, aft-

er they have said the wrong thing, that it is expedient to blame the press and claim you were misunderstood.

NOW, STRAUB SAYS "I did not and do not say that he recommended that it be done."

He went on to explain that his talk was critical of the governor for even suggesting that the State Welfare Commission consider such action.

THIS IS directly contrary to the pledge made by Chairman Straub not too many weeks ago that the political campaign should be above the muck and mire that all too often occurs.

This is irresponsible political action at its worst.

IN ALL FAIRNESS, I must admit that the case some time ago about several unwed mothers in California who kept having children and who kept costing the state many thousands in welfare funds is a source of concern.

However, it highlights something that demands careful consideration... that is the abuse of welfare funds.

THE COST OF WELFARE has become a tremendous item in the budgets of all levels of government.

The principle of welfare is basically excellent, when it is sternly applied.

However, when it is applied loosely, and people come to feel that they are entitled to it because it's taxpayers money, then something is wrong.

LIKE SO MANY OTHER programs that have been motivated by commendable desires, any program that is abused will eventually be junked.

When that happens, those who really need the assistance will have to pay for the greed and selfishness of those who abused the program.

STERILIZATION certainly is not an answer any of us would approve.

But hard, strict, vigorous enforcement of welfare rules, including elimination of any persons who abuse it, is something we, as taxpayers, are entitled to expect.

The old stern motto, still the guiding light for proud, ambitious people is "The Lord helps those who help themselves."

Nose Counting

By **FLORENCE JENKINS**
There is an element of individual responsibility where the federal census is concerned.

There was some lack of agreement on the unofficial state census figures released by the state of Oregon and the totals the city and county officials came up with.

The 1960 decennial census, conducted by the U.S. Department of Commerce, Bureau of the Census, will be taken this spring. Actual counting will commence a week from Tuesday and let's make it a point to see that no one is overlooked.

The appointment of crew leaders for the 1960 Census of Population and Housing in this area has been announced by Homer E. Rainey of the Census Bureau's temporary district office at Bend.

The three local crew leaders are Mrs. Ann Walters, Route 3, Klamath Falls; Vern H. Berry, Route 2, Klamath Falls; and Mrs. Dorothy West, Merrill.

They will receive technical training at Bend for their census-taking duties so they will know procedures for recruiting census takers, canvassing methods, preparation and submission of reports and

SHORT RIBS

By **Frank O'Neal**



the supervision of census takers to insure a complete and accurate count.

The crew leaders are key people in the field operation of federal census-taking which takes place every 10 years.

The individual resident of Klamath County is important, too. It is his obligation to give truthful answers and to make sure that he is counted on the 1960 census.

Too Much?

Klamath Falls (To the Editor)—From time to time I have turned on our television set to watch certain advertised programs which have been well worth viewing, and sometimes either before or after I've started to watch others and then switched them off, feeling that they were just a waste of time.

However, last week, circumstances made it impossible for me to do other than sit and wile away my time. For six nights I have watched television and during that period I have seen more than seven hours of really worthwhile, constructive viewing.

I am wondering if each one of us could be compelled to watch our television screens for a six-day interval if we wouldn't find the answer to the causes of so many of our juvenile problems and our ever increasing lower standards of morality?

Saturday night, for instance, between 7:30 and 11 o'clock, one sordid, ugly mixture of murder and violence followed right one after another.

Three and one half hours of this! And on Saturday night! There was not one worthwhile informative thing in all that time. Each show seemed to be outdoing its predecessor in its portrayal of fighting, killing, lying and stealing. If this is the way we adults enjoy passing our time (and condemn our youngsters to do so, too) is it any wonder we sometimes feel that our civilization is becoming decadent?

TV could be and I know is in choice of stations) a media of imparting knowledge. Yet in our smaller locales, where we have little choice of selections, it gives us hour after hour of ugly, poorly acted, impossible situations which should nauseate instead of entertain an adult audience.

Why do we permit it? Why do we, as parents, not take the time to protest to the sponsors of this type of telecasting? Perhaps it is because so many people have been as unforgivably unaware as I. I've watched only what I've wanted to see. I still am willing to admit there are some good educational and amusing programs—but how few—and how far between they are!

Please—won't you parents take the time to view television as I did for a solid week? Keep a record of what you see and evaluate it by asking yourselves these questions: Have I gained any new worthwhile information? Have I really been amused and entertained? Was this program honestly worth watching, or could my time have been better spent otherwise? If you then feel as I now feel—for heaven's sake do something about it! Write the sponsors and protest—and write and congratulate the few who really put on good, decent shows.

And while I'm at this—aren't you all a bit weary of all the involved, expensive, ridiculous, time consuming advertising? My own reaction has been that if a sponsor has to pay a chorus of 16 people to sing about his product, he may find it necessary to cut down on the expensive components of the product itself.

Even the so-called "newscasts" have, with rare exceptions, become mere repetitious mutterings from morning until night of the sensational, morbid, sordid happenings of the day, taking up three-fourths of the 15-minute period. Why can't the really important events which influence our lives be stressed or even discussed? Perhaps if people could see and hear more about the real world in which they live—and become really and truthfully acquainted with the people who are directing its course, instead of listening five or six times a day to the latest on Dr. Finch, or some other equally juicy but certainly not elevating morsel, then they might again learn to take a new interest in the worthwhile.

Up until now I've never been, to my knowledge, considered a crank nor a crackpot, but perhaps after writing and hoping to see this in print, I shall be—and I don't care. I don't want to go on turning off my set at the end of the day and hate myself for the time I've wasted in watching programs which haven't given me one worthwhile thing to think about—or which haven't added one thing to my fund of knowledge. I don't want to stagnate—I want to be made to think—I want to learn—don't you?

N. F. Thompson
1934 Auburn Street

Caution

Macdoel (To the Editor)—While I was visiting my parents in the San Francisco Bay Area during the Christmas holidays, my teenage brother had a run-in with the city police for a combination of minor traffic infractions with his car, the outcome of which was a stiff fine.

This hit where it hurt, as no boy of that age is overburdened with money, and when he came home after seeing his judgment composed and typed out the following, which he pinned to his visor (as much for his own use as for that of any friend to whom he might entrust the wheel):

- CAUTION!**
This Car is Equipped With Pipes!
Do Not Exceed 20 mph in Low, 40 mph in Second, 90 mph in High. Remember to practice Fuzz Control.
Handy hints for Fuzz Control:
Don't burn rubber.
Don't speed.
Don't run stop signals.
Don't hang corners.
Don't rap pipes — especially in town.
Don't goof one-way streets.
Don't follow too close behind the car ahead of you; especially a cop.
Don't cross the white line unless passing.
Don't pass on a double white line.
Don't exceed 65 mph while passing a fuzz.
Don't neglect to signal for stops and turns.
Don't forget: S.T.O.P. does not stand for "Skid Tires on Pavement."
Don't forget to stop immediately when or if you should hear a siren or see a red light in your rear vision mirror... But
Don't be frightened by a truck's turn signals if you haven't done anything wrong.
These hints are presented for your convenience and to help reduce traffic fines. Remember, the life you save may be mine. Also put on the money.
I offer no dictionary; his contemporaries will understand, and can explain it to the rest of you. I think it's an interesting combination of teenage humor and sense.
Mrs. Alfred Dahl
Box 62

The Almanac

By United Press International
Today is February 28, the 59th day of the year, with 307 more days in 1960.
The moon is approaching its first quarter.
The morning stars are Mars, Jupiter, Saturn and Venus.
The evening star is Mercury.
On this date in history:
In 1789, Mary Lyon, pioneer advocate of education for women and founder of Mount Holyoke Seminary for Women, was born.
In 1834, Oberlin College was chartered.
In 1849, the first of a series of ships carrying gold seekers to the West Coast arrived in San Francisco.
In 1890, famous Russian dancer Waslaw Nijinsky was born.
In 1933, Adolf Hitler's government issued a decree suppressing civil liberties in Germany.
In 1953, representatives of Turkey, Greece and Yugoslavia met in Ankara, signed a five year treaty of "friendship and collaboration."
A thought for today: Ralph Waldo Emerson said: "Whoso would be a man must be a non-conformist."

They'll Do It Every Time

By **Jimmy Hatlo**



Two Women May Vie For Senate

RUMFORD, Maine (AP)—The possibility of the nation's first contest between two women for the U.S. Senate looms today.

State Rep. Lucia O. Cormier says she will seek the Democratic nomination for the Senate seat of Republican Margaret Chase Smith. A race between the two will depend on the outcome of the primaries on June 29.

Mrs. Smith, lone woman in the Senate, has no opposition in her bid for renomination, and none is expected. But Miss Cormier will have to beat Thomas L. Maynard of Portland, a mutual fund salesman and former state representative.

Miss Cormier, 48, and Mrs. Smith, 62, have similar backgrounds. Both are former school teachers, and both have made contributions of an important political nature.

Mrs. Smith was the first woman elected to the Senate in her own right, and the first to have served in both branches of Congress.

Miss Cormier is the first woman minority leader of the Maine House, where she has been a member for 12 years. Like Mrs. Smith she has a reputation for being firm, forthright and conscientious.

Miss Cormier has demonstrated leadership, but without antagonizing male colleagues.

Miss Cormier operates a stationery and gift store here. She is a graduate of the College of St. Elizabeth in Morristown, N.J. She earned a master's degree at Columbia University, and later taught French and Spanish at Stephens High School in Rumford.

Prompt Changes Sought In Administration Of Aid

WASHINGTON (AP)—A Senate subcommittee said today prompt changes are needed in the administration of U.S. foreign aid to Viet Nam.

The subcommittee headed by Sen. Mike Mansfield (D - Mont.), assistant Democratic leader, said a lengthy study convinced it the aid program has served a highly useful purpose.

But it said the nonmilitary aid program lacks a clear-cut plan with specific integrated goals, while such goals do exist in the military aid program.

The report said that about 60 per cent of U.S. aid to that nation goes to support nearly 100 per cent of Viet Nam's military budget. Pentagon figures showed this week that Viet Nam military aid from 1954 to last June 30 amounted to \$496,265,000. Contributions this year will total \$74,482,000.

In calling for "a new positive premise for aid to Viet Nam," the subcommittee asked that nonmilitary grant aid, which topped 182 million dollars in the year ended last June 30, be cut progressively. It said that as soon as the country is on the way to reasonable economic self-reliance all grant aid should be stopped. Loans and technical help would be continued.

The investigation was touched off by newspaper charges last summer that the U.S. aid program had been a "fiasco" in Viet Nam. The report said "the specific charges do not generally lend themselves to proof or disproof by

SUITLESS SUIT

INDIANAPOLIS (AP)—John H. Head says he caught a cold, and it's all the fault of a cleaning slogan. He filed a \$500 damage suit, claiming he caught the cold when he scammed home without his suit—which he said the cleaners lost while he waited in a booth.

BROADCAST "WC" JOKE
CHARLOTTE, N.C. (UPI)—Charlotte radio station WTC Thursday broadcast a musical version of the "water closet" joke told by television comedian Jack Paar. But it wasn't repeated. Station officials decided it was "in poor taste."

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- Deeper trunk for bulky loads. You can stand most packages up in this deep well—no crushed groceries! Yet you needn't reach way down to unload.
- Lower sill for easier loading. Why should you hoist heavy bundles any higher than you have to? Chevy's sill is lowered for faster, easier loading.
- And the gas tank filler tube doesn't take a big bite out of luggage room. It's tucked away virtually out of sight and cargo area. Any way you look at it, Chevy takes mighty good care of your loads. You can open the door to all of Chevy's wonders at your Chevrolet dealer's. What's keeping you? CHEVROLET

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