

**AFTER COLDS, FLU,
YOU MAY SUFFER FROM
TIRED BLOOD***

If you feel run-down after a winter illness your trouble may be due to iron deficiency anemia*. We call it Tired Blood. Check with your doctor. If you feel worn-out because of Tired Blood, take GERITOL, liquid or tablets, every day. Feel stronger fast—in 7 days—or money back. Get GERITOL today!

**Stiff, Aching
Joints** Common Rheumatic and Arthritic-like Pains*

When you suffer from common rheumatic and arthritic-like pains, try ZARUMIN. Contains an outer pill that gives fast, temporary relief. And an inner pill that brings more relief hours later—thus giving longer-lasting relief. If pain persists see your doctor.

*For effective temporary relief



**100% SAFE
SLEEP***

without bromides, barbiturates, narcotics. If you sometimes can't sleep because of simple nervousness, overwork or over-fatigue—try SOMINEX. Taken as directed, SOMINEX helps you sleep soundly with 100% safety. No morning-after grogginess. No habit forming. *Taken as directed

**Here's Real Relief from
CONSTIPATION AFTER 35**

As you get older, usually after 35, your system naturally slows down and the laxative you've been using may no longer be right for you. That's why you should try SERUTAN, the all-vegetable laxative aid that, taken daily, helps establish regularity. Many doctors advise this principle, that's why you should try it.



PHOTO CREDIT

Page 14: Oppee, from Camera Clix.

**EVERY WEEK
there's good reading in
FAMILY WEEKLY**

**Shrinks Hemorrhoids
New Way
Without Surgery
STOPS ITCH RELIEVES PAIN**

For the first time science has found a new healing substance with the astonishing ability to shrink hemorrhoids and to relieve pain—without surgery.

In case after case, while gently relieving pain, actual reduction (shrinkage) took place. Most amazing of all—results were so thorough that sufferers made astonishing statements like "Piles have ceased to be a problem!"

The secret is a new healing substance (Bio-Dyne*)—discovery of a world-famous research institute. This substance is now available in suppository or ointment form under the name Preparation H.* Ask for it at all drug counters—money back guarantee. *Reg. U.S. Pat. Off.

**Luxurious
Walking Ease!**

Dr. Scholl's
**AIR-PILLO
INSOLES**



Air-Cushion your shoes for only... 60¢
1. Relieve painful Calluses.
2. Give mild cushioning support... ease pressure on nerves of feet.
3. Help lessen strain from long standing or walking.

Perforated Ventilated Try this modern miracle of walking ease that "breathes" with every step you take and you'll never be without it. Cushions your feet from heel to toe. Helps keep them dry and comfortable summer and winter. Insist on Dr. Scholl's Air-Pillo Insoles and accept no substitute. Sizes for men and women. At Drug, Shoe, Dept., and 5-10¢ Stores.

Dr. Scholl's AIR-PILLO Insoles

**Protect YOUR
HEART!**

**VIOLIN Wheat Germ Oil
Helps Heart Action
Gives More Strength
• Stamina • Vigor •**

9 years University Experiments with 500 persons PROVED Violin Oil helps heart action—increases endurance.

Liquid & Capsules
Send NOW for FREE BOOK No. 15

Use PROMETOL... 8 to 1 concentrate of Violin Wheat Germ Oil. Same benefits without fat calories.

Refuse substitutes. Only Violin proved effective.
VIOLIN MONTICELLO, ILLINOIS



HOPE CHEST
FOR RESEARCH-PATIENT AID • CLINICS
HAVE YOU GIVEN?

**PSORIASIS
SUFFERERS**

We have a "6" ingredient ointment and an internal tablet, a combination which is giving wonderful relief to a great many sufferers. It's proving so effective that it warrants a trial by all who have this ailment, and it's supplied on a 14-day home trial plan. Write for details to Canam Sales Co., Dept. 218D, Rockport, Mass.

Apple Race Rogno Eskil

Pair the players—boy and girl. The girl takes up a position with four apples in front of her. The boy, blindfolded, is placed ten feet away from her and given a basket and a spoon. He leaves the basket at the starting point and with the girl directing "hot" or "cold" he tries to pick up an apple with the spoon and take it back to the basket. The first team getting all four apples in the basket wins. Teams may play in turn or all at once.



Junior Treasure Chest

Edited by MARJORIE BARROWS, Editor of The Children's Hour

Let's Draw a Sea Gull

(Reprinted by request)

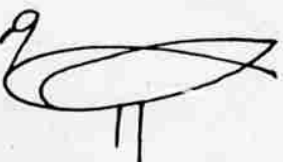
Ann Davidow



Draw a shape that's quite streamlined. Where top and bottom cross behind.



The next line does a little stunt. Swing high in back to low in front.



Sketch a simple number nine. Down below draw twice a line.



Here's a sea gull smooth and fleet. With dainty bill and fancy feet.

William Penn By Helen Hudson
Arranging a Treaty with the Indians.

Puzzle— Find His Wife, His Father, One of His Sons, and King Charles II, Who Gave Him the Grant of Land for His Colony.



Who Am I? John Winters Fleming

Answer each hint and give yourself ten black marks for each answer you don't know. See how few black marks you can get!

I am a busy insect who keeps other insects as cows. I build barns for my insect cows out of mud, leaves, and plants. The hotter it is, the faster I move. I carry my comb on my elbow. I talk with my tiny feelers. I also hear, smell, and feel with my feelers. I fight my foes with a chemical, an acid. I kidnap other insects like myself. I try to join you on your picnics.

Who am I?
Answer: ant

Riddles Are Fun!

1. What turns but never moves? 2. What side of the apple do you eat first? 3. What is it you can keep after giving it to someone else? 4. What has two wings but cannot fly? 5. What has a tail and neck but no head? 6. What is the world's biggest jewel?

Answers: 1. your word; 2. the outside; 3. your word; 4. a football team; 5. a shirt; 6. baseball diamond.