



RECENT VISITORS at the Fred Barmore home, 1642 Crescent Avenue, were Mrs. Barmore's sister and brother-in-law, Mr. and Mrs. Harley Thayer. The Thayers will reside in Seattle after returning recently from Nagoya, Japan, where he served as technical adviser to Japanese lumber mills as a representative of Pan American Products, Inc. Harley Thayer has been in Japan several times, but the past seven months were the first for his wife. During their stay in Nagoya they experienced the destructive typhoon, tales of which they told as they showed pictures of the havoc it wrought. The time before the storm was spent in seeing the many interesting sights and learning the ways of the Japanese by living in a native inn, eating their food and even sleeping on floor pads.

—Photo by Guderian

Traditions Of Yule Close To Hearts Of Christian People

The traditions and customs of Christmas are close to the hearts of all Christian people.

Since the very early days of Christianity, Christmas has come to mean bright candlelight, holly and berries, mistletoe and pine and the sweet, heartfelt singing of carols, the glitter of light on new-fallen snow.

Many of the Christmas songs of today originated in old Britain. Wandering bards and harpers roamed o'er the countryside, singing their Christmas songs to the accompaniment of the harp, fiddle and flageolet. And today, in Britain, these age-old songs still ring out clearly on Christmas Eve and Christmas Day.

Carols are also sung on Boxing Day, the day after Christmas when service-folk and tradespeople go from home to home collecting gifts from the folks they have served. Neighbors and friends sing as they go from home to home to taste each family's Yule cake as it is ceremoniously cut.

English children wait for Santa Claus, who looks very much like our own jolly elf. They also find gifts tied to the Christmas tree. This custom is fairly recent . . . when Queen Victoria was a young bride her German husband introduced this custom into the British royal household.

In France the Yule log plays an important part in the Christmas festivities. The father and son of the family carry the log into the room; they circle the room three times before they place the log in the fireplace. Soon the log is lighted with a brand of last year's log, and the torch glows, an emblem of the Holy Light of Christ.

In Holland, Dutch children wait anxiously for the arrival of St. Nicholas. Dressed in traditional bishop's robes of black, he carries a crozier and wears a mitre. He brings gifts for the children which he places in their wooden shoes standing in the chimney corner.

In Czechoslovakia, a bright angel accompanies Santa on his errands of gift giving, descending from heaven on a golden cord.

In the Slavic countries, the children observe the Holy Festival of the Star . . . they go through the streets carrying the Christmas crib, lighted candles, and a pole with a large star brightly glowing from its tip.

At the Christmas feast, straw is scattered on the floor and "neath the table, in remembrance of the stable of Bethlehem, and a chair is always placed at the table for the Holy Child.

Swiss children eagerly wait for their gifts to come from a radiant angel who rides in a sleigh drawn by six reindeer. In Scandinavia, gifts are given to the children during the evening meal. Santa comes riding on a goat instead of a reindeer and is accompanied by dwarfs who distribute the gifts and bowls of porridge are left on the doorsteps for the children for the dwarfs' refreshment.

In Sweden and Norway, birds are given special remembrance. A choice sheaf of grain is placed on a pole or on fence posts . . . bits of suet are hung on the trees for a gala Christmas treat for the birds.

And in the United States, chil-



HOLIDAY TIME will be a busy time for the family of Chuck Bonney who will leave soon for a new home in Boise, Idaho, where he will be a representative for the Borden Company, a position he has held in this city for five years. Pictured with Mr. and Mrs. Bonney are their three children, from the left, Susan, 13, Charles Jr., 10, and two-year-old Curtis. The Bonneys have been active in civic and social circles as well as affairs of the Church of Jesus Christ of Latter Day Saints. Mrs. Bonney is also a member of Xi Delta Chapter of Beta Sigma Phi.

—Photo by Guderian

Suggestions Given For Orderly Routine

Offer youngsters "visions of dancing sugarplums" without shortchanging them on solid meals at regular hours in the holidays ahead, homemakers are advised by Mrs. Ruth Klippstein, Oregon State College extension nutritionist.

Often in the bustle of Yule preparations, food needs of the Santa Claus set go unattended, she says. Youngsters fill up on sweets, miss meals, get on irregular sleeping schedules, tempers shorten, and the family may miss full enjoyment of the season. Mrs. Klippstein offers these suggestions to keep the household in order.

Set a deadline for yourself. Place an alarm clock nearby when dressing Christmas cards or sewing. Let the alarm signal time to start a meal or get youngsters down for naps.

Plan hearty evening meals with enough leftovers for a tasty noon lunch. Slice leftover roasts into sandwiches and serve with favorite canned soups. Homemakers can also save hours of preparation and cleanup with aid of prepared foods, main dishes in new boilable packages, frozen fish sticks and ready-to-eat canned foods, the home economist continues.

Children can entertain themselves with a small amount of dough and a rolling pin and stay out from underfoot. However, keep the amount of bowl licking under control by cleaning more of the batter out of the bowl or make cookies and candy after youngsters are in bed for the night.

Offer the younger set nutritious snacks in exchange for excessive sweets. Make up a plate of small sandwiches, carrot sticks and

slices of fruit to go along with baking samples. They'll compete better with other goodies if made festive. Cut sandwiches into fancy shapes with cookie cutters. Curl carrots, and fringe sticks of celery.

Dress up glasses of cold milk with a sprinkling of gay colored sugar or a few drops of food coloring. For easy use prepare ahead of time, cover with waxed paper and store in the refrigerator.

HOLIDAY SALAD

During the holidays, serve festive "Jellied Stuffed Peach Salad." This excitingly different salad will soon have top billing on the family's list of "musts" for special occasion menus. Luscious cling peach halves are filled with chopped, blanched almonds, a little honey and maraschino cherries, and molded in tangy lime flavored gelatin. Additional bright red cherries garnish the green gelatin mold for a gay Christmas look.

JELLIED PEACH SALAD

- 5 canned cling peach halves
- 1 package lime-flavored gelatin
- 2 cups hot water
- 2 tablespoons chopped blanched almonds
- 1 tablespoon honey
- 1-3 cup maraschino cherries
- Lettuce
- Mayonnaise

Drain peach halves. Dissolve gelatin in hot water and cool until syrupy. Combine almonds and honey and place in peach halves. Top each with a whole cherry. Arrange peach halves filled side up in 8-inch round pan. Pour thickened gelatin carefully around peaches. Halve remaining cherries and sprinkle over gelatin. Chill until firm. Cut in wedges and serve on lettuce with mayonnaise. Makes 5 servings.

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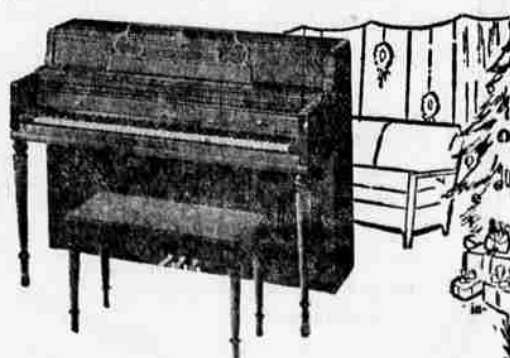


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Olive Fruit Salad

Here's a fruit salad with character. A bit of onion, a little cheese and mustard, and rich flavored ripe olives combine with oranges and apples to make "Ripe Olive Fruit Salad."

RIPE OLIVE FRUIT SALAD

- 1 cup ripe olives
- 1 medium-sized apple
- 1 1/2 cups diced orange
- 2 teaspoons instant minced onion
- 1/2 cup mayonnaise
- 1-3 cup grated soft American cheese

Few drops Tabasco sauce
1/2 teaspoon prepared mustard
Salad greens for garnish

Cut olives in large slices. Pare and dice apple. Combine olives, apple, orange and onion and toss together lightly. Combine mayonnaise, cheese, Tabasco sauce and mustard, and stir just enough to blend. Arrange fruit mixture on lettuce garnished salad plates and top generously with mayonnaise-cheese dressing.

Makes four to six servings.



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