

I took my doctor's advice...and now

## MY CONSTIPATION WORRIES ARE OVER!



Doctors recommend Milk of Magnesia — the gentle laxative-antacid that gives complete but carefree relief

THOUSANDS of doctors — general practitioners, pediatricians, obstetricians and surgeons, coast to coast — were asked: "Do you ever recommend Milk of Magnesia for your patients?" The overwhelming majority replied: "Yes!"

Yes, doctors consider Milk of Magnesia effective and gentle enough even for infants, maternity cases and surgical patients.

And no wonder!

As a laxative, Phillips' works leisurely, thoroughly but comfortably, never forces the system.

As an antacid, Phillips' relieves upset stomach, gas, heartburn and other acid distresses accompanying constipation.

No single-purpose laxative can give such complete, yet gentle relief!

Ask your doctor! No home should ever be without genuine Phillips' Milk of Magnesia!



REGULAR OR MINT-FLAVORED

# PHILLIPS' MILK OF MAGNESIA

## Luxurious Walking Ease!

Dr. Scholl's AIR-PILLO INSOLES



**Air-Cushion your shoes for only...60¢**

1. Relieve painful Callouses.
2. Give mild cushioning support... ease pressure on nerves of feet.
3. Help lessen strain from long standing or walking.

**Perforated Ventilated** Try this modern miracle of walking ease that "breathes" with every step you take and you'll never be without it. Cushions your feet from heel to toe. Helps keep them dry and comfortable summer and winter. Insist on Dr. Scholl's Air-Pillo Insoles and accept no substitute. Sizes for men and women. At Drug, Shoe, Dept., and 5-10¢ Stores.

Dr. Scholl's AIR-PILLO Insoles

## "My Back Was Killing Me"



Now, More Positive Pain Relief with Direct-Action Kidney Drug

Backache — stabbing pain — are often associated with faulty kidney function. DeWitt's Pills now have a combination of drugs with direct diuretic action to help keep kidneys clean of acid wastes that so often cause back pains, mild bladder irritation, getting up nights, loss of energy — even muscular pains. These drugs, combined in a new formula, give more positive relief than ever before! So effective, you even see they're at work — when "the blue comes through." With kidney function improved, DeWitt's helps you have more pain-free days, more restful nights.

## DeWITT'S PILLS

## Protect YOUR HEART!

**VIOBIN Wheat Germ Oil Helps Heart Action Gives More Strength • Stamina • Vigor •**

9 years University Experiments with 500 persons PROVED Viobin Oil helps heart action — increases endurance.

Liquid & Capsules  
Send NOW for FREE BOOK No. 15

Use PROMETOL... 8 to 1 concentrate of Viobin Wheat Germ Oil. Same benefits without fat calories.

Before substitutes. Only Viobin proved effective. VIOBIN MONTICELLO, ILLINOIS

## WONDERFUL FOR NERVOUS STOMACH

Gas pain, simple nausea (upset stomach), belching, bloating and heaviness after meals are often caused by Nervous Stomach. In that case be wise and use ALLIMIN. Gas Tablets with their four-way relief: (1) Reduces the movement and tension of the stomach, and relaxes the muscular rings that close the stomach entrance and exit; (2) Expels gas from stomach and intestines and diminishes gas pain; (3) Causes a sense of well-being and comfort in the gut; (4) Promptly relieves any feeling of fullness or distention after meals.

## TRIAL PACKAGE FREE

ALLIMIN has brought Nervous Stomach relief to people of all ages. Ask your druggist for ALLIMIN or write for generous free trial package. Address:

ALLIMIN, Dept. E53, 1104 Belmont, Chicago 13

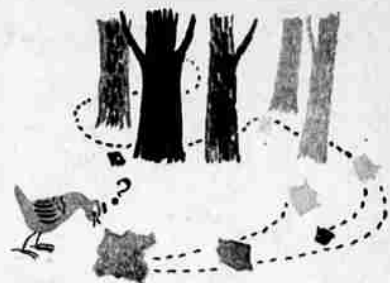
## Float Away Eye Fatigue

Relax and refresh sore, tired, over-worked eyes in seconds with LAVOPTIK Eye Lotion. Washes away dust, grit, airborne chemicals; soothes itching, burning. Safe for men, women, children. LAV-OP-TIK Eye Lotion. Handy free eye-cup included. Depend on 46 years of successful use. At all druggists.

## Hit the Trail

George Evans

Select one person to mark a trail by dropping bits of paper as he or she runs to hide. Allow a six-minute head start, then give the others ten minutes to follow the trail. If the player is found before the ten minutes are up, he has to do a trick. If he isn't found, he wins.



## Junior Treasure Chest

Edited by MARJORIE BARROWS, Editor of The Children's Hour

### Double Word Puzzle

Bess A. Lee

Many words have different meanings when spelled backwards. Can you guess the ones described in this rhyme?

- Number one is your very best friend; reversed, it's the way kittens drink.
- Number two is no good at all, and backwards it's less than you think.
- Number three weighs 2000 pounds, but flopped it doesn't exist.
- Number four is what food is cooked in; backwards it's head of the list.
- Number five can mean a decade; reverse it to bring in some fish.
- Number six is the month of flowers; turned around it is served in a dish.

Answers:

- 1. pal-lap, 2. bad-dab,
- 3. ten-not, 4. pot-top,
- 5. ten-net, 6. May-yam.

### Goldfish Bowl Quiz

Lenelle Kanthack

Can you form nine words from the letters in the fishbowl that are things tailors and dress-makers use in their sewing room?



Answers:

sewing machine, thimble, thread, scissors, tape measure, Needles, patterns, pins, cloth.

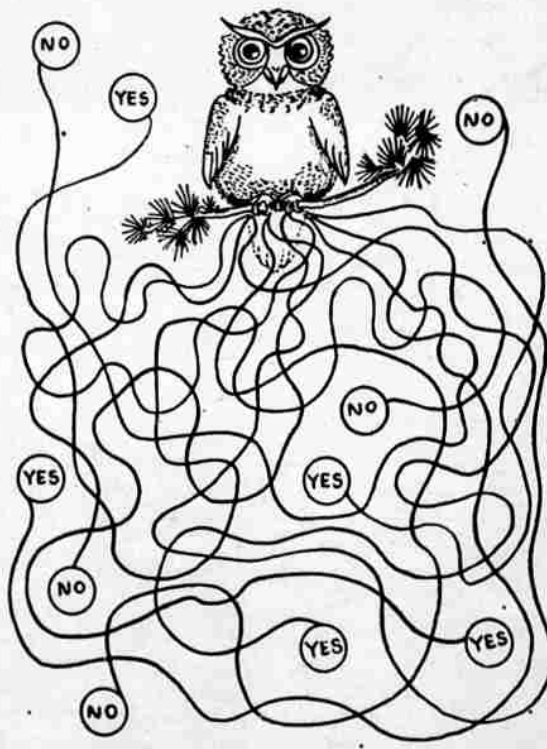
### Riddle Me This

1. Why is a whistle good-tempered?
2. What tune does everyone like?

Answers:  
1. Because it takes a blow from everyone.  
2. A fortune!

## The Wishing Owl

Make a wish, then choose a line to follow, and Wishing Owl will tell you if your wish will come true. Start at his feet and follow one line to a circle.



## Let's Draw a Frog

Ann Davidow



Draw a number 2 and fit

This wavy squiggle over it.



A few more lines will make a sad

Froggy on a lily pad!