



EYE BEAUTY in a wink is possible with Germaine Montell's new Mascara Swirl.

MASCARA

Germaine Montell's new Mascara Swirl is a dandy vacation cosmetic.

It gives the look of thick, luxuriant lashes quickly, easily and surely. The formula is water-proof, smudge-proof and odorless.

It flows easily on the lashes and does not cake or "bump." It leaves the lashes looking luxuriant and pliable.

The colors are strong and true, lending depth and brilliance to the eyes.

The new applicator is a handsome, light-weight, gold-colored metal case with black plastic plunger. The plastic is durable and sturdy for easy insertion in the container, yet pliable enough not to harm the lashes when the mascara is applied.

The capsule refill is especially coated to prevent any "splash" when the plunger is pulled out or replaced. When the supply of mascara runs low, refills are available in all shades. Just unscrew the little plastic cap on the container and insert the plunger as before.

With the great importance of eye make-up in the fashion picture, Germaine Montell's new Mascara Swirl is sure to win instant friends. It takes to water like a duck, stays handsomely in place until removed with non-lubricating cleansing cream.

Shades are black, brown, blue and emerald green. Idol-Eyes eye shadow sticks are available in blue-grey, smoke blue, surf, moss green, golden brown, and precious jade.

FOOD COLORING

A clean eye dropper makes a fine kitchen accessory for measuring liquid food coloring.



SHRINE CIRCUS performer Hedy Landkas, one of the Polack Bros. High Wire Coronas, is a dandy cook as well as famous entertainer. She will be seen at the Klamath Shrine Club's eleventh annual circus at Klamath County Fairgrounds on August 11 and 12. She is shown mixing browned bread cubes into the dough for her potato dumplings and has generously shared her recipe with Herald and News readers. Also given is her recipe for Sirloin of Beef with Sour Sauce.



NORWAY STYLE stuffed tomatoes may appear as a salad or as the main luncheon dish. Simple to prepare, they are attractive to look at and delicious to eat.

CZECH SPECIALTIES

Hedy Landkas cooks as easily as she appears to tread the high wire in this year's Shrine-Polack Bros. Circus, which the Klamath Falls Shrine Club will present Tuesday and Wednesday, August 11-12, at the Klamath County Fairgrounds, with afternoon and night performances both days, at 2:15 and 8:15 p.m.

Hedy is a member of the High Wire Coronas, together with her husband, her brother-in-law and her two nieces. All are natives of Czechoslovakia.

Stuffed Tomatoes

Stuffed tomatoes are a spring and summer luxury. All tomato-lovers like them served almost daily while the quality is good during the summer. Available the year around, there is still just a short season when they are tops in this area and they must be nearly vine ripened and not shipped too great a distance to be at their lovely best.

To prepare the dish shown, simply slice off the tops of the number of chilled tomatoes desired and scoop out the centers. Half fill the tomatoes with mayonnaise and stuff with 8 or 10 whole Norway sardines.

Top with a sprig of fresh parsley and serve on a bed of lettuce leaves with thin slices of cucumber and a bowl of dressing at the side. Chill again before serving.

Norway sardines is not a trade name. It refers to the sardines caught in Norwegian waters and packed as Norway sardines.

HOT WEATHER TIP

When the thermometer soars, a tepid bath in the late afternoon before you start dinner is a life-saver. Store an extra bath towel in a cellophane bag in the refrigerator along with your after bath "splash" and take them to the bathroom just before you step into the tub or shower. You'll be many degrees cooler after the dip and cool rub.

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Hedy specializes in hearty dishes of Czech origin. The Coronas, like circus acrobats in general, eat little before doing their act but like to enjoy a heavy meal after their final performance.

One of Hedy's favorites is beef pot roast with a sour cream gravy.

SIRLOIN OF BEEF WITH SOUR SAUCE

2 pounds of sirloin of beef
3 slices thick bacon, cut in 2-inch strips

1 1/2 teaspoons salt
1/2 teaspoon pepper

1 large onion, sliced
2 cups water

4 peppercorns
2 bay leaves

3 cups chopped celery
1 cup chopped fresh carrots

1/4 cup chopped parsley
1 tablespoon flour

1 tablespoon milk
1 teaspoon sugar

1/4 cup sour cream
1 teaspoon lemon juice

Lard meat with strips of bacon, reserving several for use when browning meat. Fry reserved bacon strips and in the drippings brown meat thoroughly on all sides. Add sliced onion and cook until golden brown. Add one cup water, peppercorns, bay leaves, cover and cook until meat is almost tender, 1 1/2 to 2 hours, adding more water if necessary. Add celery, carrots, parsley and one cup water; cook until vegetables are tender. Remove from heat; transfer meat to warm platter. Force vegetables and drippings through sieve. Make a paste of flour and milk; add to pureed mixture. Cook, stirring, until gravy is thickened. Caramelize sugar over low heat in heavy skillet. When

sugar is melted, remove skillet from heat, add sour cream, one tablespoon at a time, stirring constantly. Stir sour cream mixture into gravy. Season to taste and just before serving stir in lemon juice. Accompany meat with gravy or slice meat and heat it in the gravy. (Four to six servings.) Hedy prepares potato dumplings that are light and fluffy and the size of a medium apple. She often serves these with pot roast or a similar meat dish.

POTATO DUMPLINGS

4 medium potatoes, cooked, peeled and mashed
2 teaspoons salt

2 tablespoons lard
2 eggs
4 slices stale white bread, cubed
2 cups sifted all-purpose flour
2 tablespoons butter
Add salt, lard and eggs to mashed potatoes, beating until smooth. Gradually add flour, kneading with hands if necessary to work in all the flour. Fry bread cubes in butter until lightly browned, then knead cubes into dough. Divide dough into eight portions; shape into smooth balls. Drop into four quarts boiling, salted water and cook, covered, about 15 minutes. Serve immediately with

meat and gravy or sprinkled with chopped parsley. Sometimes Hedy slices her potato dumplings with a thread before serving.



try this

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