

Constant Exercise Only Way To Live Says Dancer

By BOB THOMAS
AP Movie-TV Writer

HOLLYWOOD (AP)—A passer-by would have seen a strange sight backstage at the Greek Theater the other night. There was prime ballerina Alicia Alonso addressing a spate of Spanish to her ankle.

Pointing a finger, she spoke sharply through translation. "I don't care if you hurt or not. You are going out on that stage and dance 'Copellia'." And it did.

The incident helps explain why Miss Alonso, though a grandmother, is considered by many the top ballerina of the Western Hemisphere. To her, the ballet regimen is a conquest of mind over matter. So far, mind has been an easy winner.

"The body will do what you tell it," she reasons. "If you have a strong enough will, it can do al-

most anything. Most people grow old because they do not make good use of their bodies. They get lazy and fat when they should exercise."

Exercise is a way of life with Miss Alonso. She has been doing the strenuous ballet workouts since she was 9, continuing them even when she was pregnant.

"I don't even think about it any more," she said. "It just seems a natural thing to do. I never go more than a week without practicing."

On this score, she agrees with her partner, Igor Youskevitch. He argues that boxers and baseball players would not face obsolescence in their 30s if they trained year-around, as a ballet dancer does. Instead, many go to seed in the off-season and have to fight to regain trim when the time is near for a contest.



INVADER STOPPED—Richard Giffin, Lorella, poses with a pretty fair specimen of wildcat he killed with a .22 after the 30-pound animal had invaded Giffin's front yard. Tuesday night Giffin came home from work about 10 p.m. and spotted the big cat in his yard. The beast strolled a short distance away and when he stopped to survey the situation Giffin nailed him. The cat is one of the largest seen in the Klamath area.

MALIN ANNIVERSARY

The two-day schedule for the celebration of Malin's 50th anniversary was announced today by Vic Kalina, general chairman for the event.

Saturday, August 1—2 p.m.—A reunion in the Community Hall for the classes of 1909 and 1910 of the Shasta View School.

9:30 p.m.—Dance in the Broadway Hall with music by Fred Divisek and his Polka Band of San Francisco. Entertainment will be a Bohemian Folk Dance Bessie by the Czech dancers in full costume. Tickets are \$1 per person. Bohemian pastry and coffee will be served during the evening.

Sunday, August 2—11 a.m.—Family community picnic at Malin Park. Barbecue, rolls, punch, coffee, ice cream and Bohemian pastry will be furnished free. Bring salad, beans or personal choices of food and table service. There will be Bohemian music, entertainment and speeches by Malin oldtimers.

If You Want To Know All About '... Just Look It Up Under Section '...'

By EDMOND LEBRETON

WASHINGTON (AP)—Here's a sporting tip for any Martian spies that may be lurking around: Take a look at page 250 of "Space Propulsion," a transcript of hearings recently put out by the House Committee on Science and Astronautics.

Oh, it's censored all right; enough to be incomprehensible to mere humans. But the committee left something in—a name and three asterisks on each line, and there are lots of lines. And who knows what a cold, alien intelligence might be able to do with what's left.

Chairman Overton Brooks (D-La.) starts the exchange by asking Dr. Robert I. Strough, "What is the extent of the research and development program of the United Aircraft Corp?"

As printed, Dr. Strough's reply is "..."

The transcript continues: "The chairman..." "Dr. Strough..."

It goes on like that for 72 more lines.

Or you might want to tackle Dr. Strough's original prepared statement, as published by the committee:

"Statement of Dr. Robert I. Strough, project engineer, Canel, United Aircraft Corp."

"Dr. Strough..."

"The chairman..." "Dr. Sheldon (Charles S. Sheldon II, committee technical director)..."

"Dr. Strough..." "The chairman: Thank you very much, doctor."

There's another colloquy, and this one takes up the very subject of caution. The speakers are Brooks, other committee members and Dr. Arthur R. Kantrowitz, director of Avco Research Laboratory:

The chairman: May I ask you this, doctor—rather agree we are too cautious. I think we are too cautious in the... program.

"Are you familiar with that?" "Dr. Kantrowitz..."

Then we're off on another of those three-asterisk exchanges. This one runs 37 more lines.

"OUR BANG" COMEDY

LONDON (UPI)—The Sunday Express commented by cartoon Sunday on the public politicking of Vice President Richard M. Nixon and Soviet Premier Nikita Khrushchev. The cartoon showed the two men standing on a bomb shaped to represent the earth, each holding a fuse and a lighted match. The caption: "Ha! I can blow us all to bits with a bigger bang than you can blow us all to bits with."

What will you be doing TONIGHT AT 8?

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Nudists Have Calm Outlook

DEVORE, Calif. (UPI)—Nudists celebrating the 30th anniversary of the nudist movement in the United States say it's mighty strange how airplanes suddenly seem to lose altitude while flying over their camp.

But the nudists add they take it in stride. Any show of indignation would be a show of inhibition and that's pretty hard to imagine about nudists, said Mr. Hocker, manager of the nudist's Oakdale ranch.

"If we were upset," he explained, "it would mean we're inhibited and if we were inhibited we wouldn't be nudists, get it?" Hocker said that five military planes from nearby Edwards Air Force Base flew over the camp Saturday and one forestry plane.

Hocker said about 800 nudists took part in the three-day convention ended Sunday. It's an annual affair of the Western Sunbathing Association.

His parting thought for the day was this: Nudists believe that most people who sleep without bed clothes are potential nudists.

The United Nations has recommended a worldwide minimum age of 14 for both sexes to marry.

Mail Order Catalog And Russian Speaking Guides High Points At Exhibit

MOSCOW (UPI)—Two of the biggest hits at the U.S. Exhibition in Moscow are the Sears Roebuck catalogue and the Russian-speaking American guides.

Russians have shown their enthusiasm for the exhibition that opened Saturday by climbing over the fence and crashing through the turnstile gate to see what the Americans have.

Bearded peasants in the traditional belted tunics jostled pretty girls in modern summer, cotton dresses to examine electric blankets and adding machines.

But one smash success was the Sears Roebuck catalogues which were placed on reading racks and attached to the wall.

During a tour of the exhibition crowded with chattering excited Russians, three teen-aged girls were seen poring over the catalogue pages showing pictures of brassieres—which are not too common in Moscow stores.

The catalogues so far have outdrawn a display of arty and expensive books in the same section.

They are eager to make friends with the guides as well as compete with them in arguments.

Sunday crowds of Russians were packed ten deep outside the glass pavilion hemming in an American guide who was engaged in a lively debate on eastern European politics.

Outside the controversial American exhibition home, a large crowd watched several Russian women questioning another guide about the homes of American

workers, their wages and their families.

The arguments apparently were touched off by stories in the Soviet press pointing up the theme that America is not as rosy as the fair and Vice President Richard M. Nixon would have the Russians believe.

An exhibition of abstract art at the fair has attracted great attention and at one point so many Russians crowded around an American guide to argue he had to flee to save the paintings from being crushed.

The Russians opened refrigerator doors, peered into automatic dishwashers and bounced basketballs. They ogled the modern three-room apartment where a guide was preparing dinner to about the homes of American

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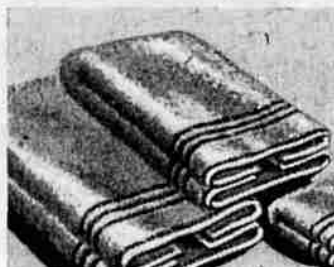
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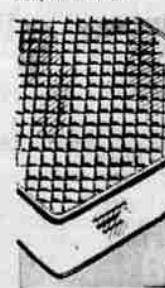
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