



THE LARGE-SIZE FREEZERS — 21-25 cubic feet — allow a homemaker to take advantage of unexpected bargains. This size often works out best for large families. It's also best for the homemaker who likes to freeze large quantities of fruit and vegetables at one time. . . still leaves her plenty of room for week-to-week freezing of special dishes. The large upright model freezers take only about as much floor space as a refrigerator.

Food Freezer Owners Eat Better, Live Cheaper By Seasonal Buying

The freezer owner soon discovers that it's possible to eat better foods than ever before, and do it at less expense, by planned buying of foods the family eats in quantity.

The secret is in the seasons. It's a happy coincidence that most foods are available in the greatest quantity and the lowest price when they are at the very peak of their flavor and nutritional value.

Here's the freezing calendar:

SPRING - March, April, May
Grain - fed beef, gooseberries, rhubarb, strawberries, asparagus, peas, spinach, other greens.

SUMMER - June, July, August
Beef forequarters, apricots, cherries, figs, blueberries, gooseberries, strawberries, cane berries, beans, beets, peas, summer squash.

FALL - September, October
Grass-fed beef, pork, lamb, cantaloupe, cranberries, grapes, peaches, prunes, beans, beets, broccoli, brussels sprouts, carrots, cauliflower, corn, peppers, squash, pumpkin.

WINTER - November, December
Beef hindquarters, pork, lamb, apples, cranberries, cauliflower, broccoli, any winter vegetables.

One of the best buys a freezer owner can make is turkey the

week before Thanksgiving. These are the choice birds, available at that time at the lowest price of the year. Turkeys can be stored in the freezer up to a full year.

Of course, fishing and hunting season and freezing season are one and the same. Most large game can be stored in the freezer for at least eight months, and fish for three to eight months.

It's wise to establish a food-buying plan as soon as you get your freezer. Use the freezing calendar, and figure out how much of each of the seasonal buys your family will eat during the following months. Shop wisely, be sure you're getting the best quality.

Prepare the foods for freezing carefully, and be sure they are wrapped properly.

By following such a freezer plan, it's possible to pay the entire cost of a new freezer in a period of two or three years on food savings alone, and still eat the best foods all year around.

Freezer manufacturers are continually researching to find the best ways of freezing foods and of using a home food freezer. The results of this research are readily available to the freezer purchaser or owner, and most freezer dealers have free booklets with the latest, qualified information for the homemaker.



MORE LEISURE WITH A FREEZER

...and you save money, too!

Yes, more leisure for yourself and more time to spend with your family. Fixin' meals are a snap when you prepare them weeks in advance and tuck them away in your freezer. A real savings on food, too - stock up when your favorite grocer has the lowest prices . . . eat 'em when prices are high.

CHECK THESE LOW PRICES!

Admiral

Model 9V20, Reg. 229.95

THIS WEEK ONLY 179⁹⁵

8.35 cu. ft. freezer holds 289 lbs. of frozen foods. Enjoy that built-in look in your kitchen. Vented shelves maintain uniform cold throughout the interior. 4 door shelves . . . and more. Matching refrigerator available.



Model 21V80, Reg. \$539.95

THIS WEEK ONLY 395⁹⁵

21 cu. ft. holds over 700 lbs. of your favorite foods - keeps them instantly ready for large family meals. True built-in design, too. See this freezer and our complete line in all price ranges and sizes.

Convenient Terms!

S&H Green Stamps -- Free Parking

Shaffer Electric

Town & Country Shopping Center

Phone TU 2-5503

Steady Hand Of A Woman Required By Moon Team

By HUGH J. WYLIE

LAWRENCE, Kan. (AP)—The moon may be ready for man but man isn't ready for the moon. So Dr. T. Charles Helvey wants to create an artificial moon on earth.

"Even if we started preparations today," he says, "it probably would take about 10 years before we would have humans properly indoctrinated (to go to the moon)."

"We might get them up there sooner but only at great risk and probably loss of lives. This in turn would push us farther behind in the race for knowledge that lies beyond our own earth."

Helvey, a visiting professor of radiation biophysics at the University of Kansas, believes the job of getting men on the moon would be greatly aided by his "moon" on earth, which would acquaint humans with moon conditions.

His is no idle dream. He has it down on paper, documented by years of research. When he leaves the university, he will return to his job as head of a research unit of Radiation, Ins., Orlando, Florida.

His project would put two men and a woman in an experimental

laboratory here on earth. It would simulate conditions on the moon. The three humans would follow a research and work schedule for six months, isolated from all other humans.

The basic structure of the moon lab would be a sphere 30 feet in diameter and 25 feet high made of inch-thick steel. Within this would be a cocoon-like building, of plastic-impregnated nylon and foam plastic, in which the two men and the woman would set up house-keeping.

Air pumps would simulate a terrifically high altitude; refrigeration would hold temperatures far

below zero. The food, scientific equipment and necessities inside the cocoon would be limited to the practical payload a moon rocket could carry.

Helvey says the experimental laboratory would take about two years to construct and equip and would cost around a million dollars.

Why three on the team and why should one be a woman?

"One man sent up alone would not be equal to the task. Two men also would be under an unbearable mental and physical strain, so three is the best number."

"A woman is needed on the team to help prevent the emotional crises that would arrive if only men were present."

"A man tends to put more restraint on his emotions in front of a woman. He is more likely to suppress hostility toward another male. Also the vanity of a man is such that he wants to 'look good' in front of a female."

The woman member of the crew wouldn't lag along just as a psychological factor. She would have to be a scientist like the two men and carry her full share of the research and work load.

Helvey says his plans have been

submitted to various government agencies.

ALWAYS ON THE JOB

LINDEN, N.J. (UPI)—Benjamin W. Kanfer, an employee of the Esso Research and Engineering Co. here, recently celebrated 40 years' service with the company. During that time, he didn't miss a single day of work. He once did leave the job because of illness, but was back next day.

ICE-FREE

CHICAGO (UPI)—R. G. Hughes, former president of the National Association of Home Builders, told the group's 15th annual convention that Texas is still "the largest and greatest glacier-free state in the nation."

FIRST OF THE WEEK SPECIALS

Soran's Fresh, Pan Ready Cut Up

FRYERS

Average 2 to 2 1/2 lb. Ea.

89^c



Haley's - Fresh Frosted - Individual

Veal Cutlets

489^c

RADISHES
GREEN ONIONS
3 bunches **14^c**

Thick Meated Sweet CANTALOUPE
9 for **\$1⁰⁰**

Spreckels Powdered or Brown

SUGAR Pkg. **10^c**

Nulade Med. AA

EGGS Doz. **41^c**

Spreckels

SUGAR 5-lb. Bag **39^c**

Happy Isle Freestone — 303 Cans

PEACHES **6⁰⁰**

BOYD'S COFFEE 1-lb Tin **65^c**

DOVE SOAP Reg. Bars **2/39^c**

FLOOR WAX Bruce's Self Polishing Qt. **79^c**

RIPE OLIVES Early Cadet California 12 oz. **23^c**

CALGONITE 20 oz. **45^c**

APPLE JUICE Hi-Country 46 oz. **37^c**

CORN STARCH Argo lb. **16^c**

MODESS 12s **2/89^c**

ZEE TOILET TISSUE 4 Pack **39^c**

Gerber's Strained BABY FOOD 10 Cans **79^c**

SKIPPY DOG FOOD No. 1 Tins 11 For **\$1⁰⁰**

Liquid Trend 15 oz. **53^c**

ZEE PAPER NAPKINS White 80 Count **10^c**

HORMEL Deviled Meat 1/4s **2/25^c**

Sego EVAP. MILK Tall Tins **8/\$1⁰⁰**

Snow's Clam Chowder 15 oz. **29^c**

ZEE WAX PAPER 100 ft. **21^c**

Kaiser Aluminum Foil 25 ft. **33^c**

PUREX 1/2 Gal. **33^c**

Stereo Boullion Cubes 12s **23^c**

ZEE PAPER TOWELS 150s **21^c**

Lucky Leaf PIE FILLER Apple Peach 22 oz. **39^c**

Snider's CATSUP Hot 20 oz. **25^c**

Larson's VEG-ALL No. 303 **21^c**

PRICES EFFECTIVE THROUGH WEDNESDAY NIGHT

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If you're not shopping here, you're spending too much!

OREGON FOOD STORES

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