

IF YOU ARE ON THIS LIST...

- ☐ Nervous and tense
- ☐ Arthritic
- ☐ Heart trouble
- ☐ Invalid
- ☐ Middle-aged or elderly
- ☐ Pregnant or nursing
- ☐ High blood pressure

DON'T LET CONSTIPATION ADD TO YOUR WORRIES!

As distressing as constipation can be in "normal" people without special conditions or illnesses, chronic irregularity can be extremely aggravating—even dangerous—in some cases. If you are on the list, you've probably been cautioned already by your own physician, to avoid harsh laxatives and purgatives. Your doctor may have indicated concern about the "straining" that goes with constipation (particularly in cardiac, high blood pressure, and similar cases), and he may already have recommended SARAKA. SARAKA works effectively, gently, smoothly, without stress or harshness. SARAKA is easy and pleasant to take, after meals or before bed. At your drug store or drug counter.

SPECIAL OFFER: For generous week's supply send 10¢ to SARAKA, Dept. FW-5, Kenilworth, N.J.

SARAKA "gentle help to regularity"

DIABETIC or DIETING?

ask for
SARAKA D
the only SUGAR FREE
bulk stimulant laxative

RAT

Here lies a Rat.
Too late he learns
The fate of Rats
Who dine on STEARNS'

KILLS MICE, ROACHES, TOO! ONLY 49¢

STEARNS'
ELECTRIC BRAND
PASTE

STEARNS' ELECTRIC PASTE CO., Chicago 7, Ill., Dept. F W

Miracle Cushion Holds False Teeth Tight Eases Sore Gums

- * Sticks to Denture
- * No More Daily "Fixing"



Snugg brand Denture Cushions are a triumph of science, a sensational new ever-soft plastic re-lining that gets rid of the annoyance and fear of loose, badly fitting false teeth. Snugg eases sore, irritated gums due to loose dentures. Helps prevent food particles from lodging under plates. Applied in minutes, makes wobbling plates stay firmly in place—gives perfect comfort. Eat, anything—talk, laugh—plates "stay put." Harmless to gums or dentures. Snugg re-liners can last from 2 to 4 months. Stay soft and pliable—do not harden and ruin plate. Peel right out when replacement is needed. No daily bother with adhesives. Get Snugg brand Denture Cushions today! 2 liners for upper or lower plates \$1.50. Money back if not satisfied. At all druggists.

Junior Treasure Chest

Edited by MARJORIE BARROWS, Editor of The Children's Hour

Mother's Day Surprise

By Clarence Biers, Jane McHenry

FIX BREAKFAST IN 4 YOUR MOTHER'S DAY AS SOON AS THE PEEKS OUT, AND FIND A A AND A AND A AND A AND A PRETTY YOU'LL NEED SP SHAKERS, TOO. PUT A ON TO BOIL 4. POUR A OF JUICE, OR CUT AN IN 1/2 AND PUT IT ON A. FILL A WITH COLD. DOES SHE HAVE A FAVORITE KIND? BOIL AN FOR 3 OR 4 MINUTES. WATCH THE. PUT A PIECE OF IN THE AND DON'T FORGET 4 IT. WHEN THE IS READY—(YOU'LL HAVE TO FIND OUT HOW IT IS MADE IN YOUR FAMILY—PERCOLATOR, DRIP, OR INSTANT) PUT THE AND THE AND AND AND ON THE ADD AND SOME, TOO. NOW YOUR'S DAY PRESENT IS READY. SHE WILL VERY PROUD OF U!

ACROSS

2. Dog famous for work with Armed Forces (first of two words). See picture clue 1.
5. Some dogs are trained for _____ work (second of two words). Picture clue 2.
6. This dog came from Asia, was first introduced in Holland. It's a good show dog. Picture clue 3.
8. This dog has a long, pointed nose and a rough coat—usually brown with a white ruff at the neck. Picture clue 4.

DOWN

1. First word in answer to 5 Across.
3. A terrier, a fine watchdog known as a "one-man dog." Picture clue 5.
4. Second of two words in answer to 2 Across.
7. "Man's best friend" is a _____.

Solution on p. 26



Flippety-Flop! Nat Bradford

Place two teaspoons and a plastic water glass in the center of a table. Nearby place the spoons with overlapping handles (see drawing). The teaspoons have two bowls, of course, one pointing toward the glass and one the other way. "Bang!" goes a player's fist on the bowl nearest him. If the other spoon flips up and lands in the glass, hurrah! It wins the player a point. This isn't easy, but play six rounds and keep score.

Mother's Day Card

Ida M. Pardue

Several pastel paper towels and this four-line jingle go together to make Mom an amusing card on her day:

Besides this greeting,
giant-size,
You'll find this card is quite a prize.

Read it first, then don't forget
To use it when your hands are wet.

Don't tear the towels apart. Crease them in two along the perforations to make a ready-made folder. Across the front print or write in big letters, "HAPPY MOTHER'S DAY." Use bright crayon. Inside write the jingle, plus more messages like LOVE, JOY, KISSES AND HUGS, AND BEST WISHES from you!

Riddle Me This!

1. What did one foot say to the other?
2. What did the big hand of the clock say to the little hand?
3. What's the difference between a steep hill and a large pill?
4. What table has no legs to stand on?
5. Why is a river rich?

Answers:

1. "Look out! We're going to
2. "I'll see you in an hour."
3. One is hard to get up and the other is hard to get down.
4. Multiplication table.
5. Because it has two banks.

PICTURE PUZZLE Marion Guyton

