

The Herald and News

FRANK JENKINS
Editor
BILL JENKINS
Managing Editor
FLOYD WYNNE
City Editor
MAURICE MILLER
Circulation Mgr.
Ph. TU 4-4752

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Farm Safety

By FLORENCE JENKINS

Farm work accidents claim the lives of about 3,500 persons each year, according to the National Safety Council. This is more than any other major industry. Injuries soar into the millions.

So, "Safety Makes Sense" is the theme of the 16th annual National Farm Safety Week which will be observed July 19 through 25 this year.

Human failure, not motor vehicles, farm implements and animals, is the basic cause of farm work accidents, the Council declares. In nearly every case, human failure to recognize and correct a hazard is the real cause of accidental death and injury.

Human failures include hurry, lack of common sense, improper equipment, improper care and use of equipment, procrastination, false confidence and just plain lack of knowledge.

The time it takes for your eyes to flash a warning signal to your brain, then for your brain to transmit the signal to the part of the body which must act upon the signal, plus the time required to complete the action is known as "reaction time." Stated this way, it may seem like a long time. It can be an awful moment in an emergency. Tests indicate that reaction time among motorists, for example, (in applying brakes) varies from as little as three-quarters of a second to as much as one and one-half seconds.

Everyone in the nation is affected, directly or indirectly, by the annual farm accident toll. Business in general loses economically and socially after a farm accident. The victims and their families, of course, suffer the greatest loss.

It would be too optimistic to expect the elimination of all farm accidents, but basic care can help cut down on the thousands of accidental injuries each year.

Safety makes sense, not only on the farm, but in the home, at work of all types and on the highway. And safety is the result of daily practice of safety habits—and thinking safety.

Columnist's Mail

By HAL BOYLE

NEW YORK (AP) — Things a columnist might never know if he didn't open his mail:

About one in every six employed persons in America now has a government job.

Golf is still gaining in popularity as a top outdoor sport. If all U.S. golf courses were laid side by side, they'd cover more than 1,000 square miles, nearly the size of Rhode Island.

Okay, so you know Francis Scott Key wrote the lyrics of "The Star Spangled Banner." But who wrote the music? It was composed by an Englishman, John Stafford Smith, under the title, "To Anacronon in Heaven."

The three-ball sign: Pawn shops are slowly vanishing from the American scene. But there are still 120 in New York City. And they serve two million customers a year.

Ever wonder why people talk so loud at a cocktail party? Dr. Carlton Fredericks, a nutritionist, says the reason is simple—alcohol temporarily impairs the hearing.

The sad truth: "When a modern husband comes home," says singer Dorothy Shay, "he no longer asks, 'what's cooking?' he asks, 'what's thawing?'"

Five physicians were among the signers of the U.S. Declaration of Independence. But why not? After all it was a prescription — the greatest prescription for human freedom ever written.

A survey showed most husbands would rather do the family shopping than wash the dishes. So what? So would most wives.

Smart hostesses in Turkey during the mid - nineteenth century had an unusual way of lighting their evening garden parties. They let loose wandering tortoises bearing candles on their shells.

Geographical tidbit: You can win money betting that the Pacific Ocean stretches as far East as New York City — at the Panama Canal.

Radios as small as sugar cubes are now being made. You can wear them as earrings.

An item for dieters: The greatest glutton in history was Vitellius, a Roman emperor, who spent up to \$375,000 on a single banquet. Yet he starved his own mother to death.

When you get to feeling too self-important you might consider this fact: Some two trillion people — that's 2,000,000,000,000 — have lived and died on this earth since 4,000 B.C. And that's a lot of zeros!

A match between a thoroughbred horse and a deer might make an interesting race—if you could find a midget jockey to

saddle the deer. Deer have been clocked at 49 m.p.h.

Real estate bargain: There are thousands of habitable islands for sale or rent in and around the United States and Canada. Some can be rented for as little as \$50 a year. Why not buy an island and found your own empire?

No wonder most people seem more brawny than brainy. The average man has about 66 pounds of muscle, but less than four pounds of brains.

It was Ambrose Bierce who observed, "woman would be more charming if one could fall into her arms without falling into her hands."

U. S. Defense

By JAMES MARLOW

Associated Press News Analyst
WASHINGTON (AP) — What do you, the man in the street, have to look forward to on a question which may mean your life: This country's ability to handle itself in case of a Soviet attack or desire to attack?

A good part of that answer has come in pieces and bits over these past few weeks from American military leaders and key men in the Eisenhower administration, either in testimony before Congress or in speeches.

The latest view of present and future has come from a man whose own knowledge of American and Soviet strength is a basic element in shaping the thinking of the government: Allen W. Dulles.

Dulles, brother of Secretary of State John Foster Dulles, is director of the Central Intelligence Agency, which is this country's super-spy agency overseas. He gave some of his thinking in a speech in New Orleans this week. Since it coincides with testimony given Congress by the military leaders in large part, it can be summarized here as the attitude of the Eisenhower administration toward the Soviet Union, present and future.

The Soviets do not now have military superiority over the United States and are not likely to provoke war "at this time."

The reason is they know this country has the power, through long-range bombers and nuclear bombs, to retaliate with such terrible devastation that it would not be sensible to start a war which would cause the U.S.S.R. such damage.

In short, Dulles said: "I consider that our military posture is stronger and our ability to inflict damage is today greater than that of the Soviet Union."

Dulles was thus reflecting what seems to be a great self-confidence — about the present, that is — which seems to permeate the top military leaders of the country.

But this doesn't necessarily mean that even if the United States should stay ahead of the Soviets militarily — and that's questionable — that the Soviet Union will not be able to move step by step to gobble up the world. Why?

Because they are putting their greatest emphasis on long-range missiles which could reach not only any part of Europe or Asia but the United States, too.

Just assume that in 10 years both the United States and the Soviet Union have all the long-range missiles they need. Does that mean the two sides just glare at each other, with both afraid to move?

Actually — and this is interpreting what has been said — such a stalemate in terror weapons may work to Soviet advantage. Without starting war, the Soviets may try conquest by subversion, infiltration, economic help and other means.

If they so move — without provoking war — would the United

States start a war over nonmilitary Soviet aggression?

It hardly seems likely, if only because once the United States tried shooting missiles the Soviets with the same kind of long-range weapons could make us sorry we started, just as we could make them sorry now.

So there may be years of so-called peace which is not peace. Dulles himself doesn't think Premier Nikita Khrushchev wants war.

He said: Khrushchev "is convinced that the final victory of communism can be achieved mainly by nonmilitary means. Here the Soviet economic offensive looms large."

To sum up: The leaders don't look for war now or anytime soon. Yet no one is predicting the Soviets won't inch their way around the world by other means.

Vets Mail Bag

A savings of up to two-thirds in their GI insurance costs can be made by those veterans who served in the Korean and post-Korean period whose insurance policy numbers are preceded by the letters "RS," the Veterans Administration said today.

These approximately 500,000 policyholders may exchange their present five-year term policies for new term policies that carry the same face value at a greatly reduced premium cost. These savings are made possible by a continuing improvement in mortality rates resulting from a lengthening of the life span.

The new policies are not renewable after the holder has passed his fiftieth birthday but must be converted to a permanent plan before that date. In all other respects they carry the same protection of the present policies.

This restriction is considered to be in the best interests of policyholders in order to avoid the heavy increases in renewal term rates in later life.

The VA added that holders of the present term policies also have several plans of permanent insurance to which they can convert immediately. However, the premiums for permanent plans, while they never increase, are in a higher bracket than term insurance.

Veterans not wishing to incur the expense at this time of the permanent type plans can save money while waiting by exchanging their original term policies to the new low-cost type, VA said. Both the present and the new term policies can be converted at anytime, without physical examination to a VA permanent-type plan.

Full information can be secured by contacting any VA office, or by writing the VA office to which premiums have been paid.

QUESTION OF THE WEEK:

Q — I know that benefits paid veterans by VA, such as GI training allowances, compensation and pension payments and the like, are tax-free and need not be reported on my Federal Income Tax form. But what about interest earned on GI life insurance dividends left on deposit with VA? Is that taxable?

A — Yes. Any interest paid on dividends held as credit or deposit is taxable.

Blood Pressure

By EDWIN P. JORDAN, M.D.

One trouble which comes from measuring the blood pressure is that far too many people pay too much attention to whether the blood pressure goes up a few points or down a few points.

It is natural for the blood pressure to vary somewhat. Normal blood pressure is not always fixed at one certain level. Although one

should not worry about blood pressure, it is worth while knowing just what it is and what causes it to go up or down.

The blood pressure as measured by the physician is the force of the outward thrust which the blood stream exerts on the walls of the arteries through which it is passing.

In taking the measurement, the physician uses an instrument which puts outside pressure against the artery. When this equals the pressure inside the artery, he knows what the blood pressure is.

When the heart contracts and squeezes blood into the artery the outward thrust pressure of the blood rises. When the heart relaxes between beats, the pressure in the arteries falls. The high point of the pressure is called "systolic," the low point "diastolic." There is always a difference between these two figures.

Both the level of the systolic pressure and that of the diastolic, and the difference between the figures, may be of significance to the examining physician.

The level of blood pressure, particularly the systolic, is influenced by a number of factors, such as emotional disturbances, cold, exercise or excitement. All of these tend to increase the blood pressure.

For these reasons it is common for the first test of the blood pressure in a doctor's office to be high just because of the excitement of the visit. Quite often the pressure may be normal the next time.

A blood pressure which remains constantly high is something to watch. It can result from various kinds of heart disease or from a disease which thickens the blood. It also comes from decreased elasticity of the arteries caused by deposits of fatty-like substances or calcium in the wall of these vessels.

This is the kind of high blood pressure which accompanies hardening of the arteries. Perhaps the most common type of high blood pressure is that for which no cause can be discovered and which is commonly known as "essential hypertension."

There are other kinds of high blood pressure too, the cause of which can sometimes be discovered and successfully treated. More is being learned about what influences the blood pressure. Increasingly effective treatment is to be expected as time goes on.

Quotes

United Press International
WASHINGTON — Cuban Prime Minister Fidel Castro, upon being asked on a TV program about when elections would be held in Cuba:

"Don't worry about elections. The person most worried about this is myself. I am not interested in being in power one minute more than necessary."

DEER LODGE, Mont.—Floyd E. Powell, warden of Montana Prison, announcing a crackdown on prisoners following a 35-hour riot mutiny in which three men were killed:

"Things are going to be real tight around here with very little movement for the prisoners."

WASHINGTON—Sen. J. William Fulbright (D-Ark.), on a Big Four summit conference:

"Probably we will work out some settlement of the immediate crisis in Berlin, but that's only a passing phase."

LAMAR, Mo.—Sen. Stuart Symington (D-Mo.), at ceremonies dedicating the birthplace of former President Harry S. Truman as a national monument:

"Because he is so typically an American, Harry Truman has been able to symbolize the meaning of America to all the world."

AUGUSTA, Ga.—President Eisenhower, on the American exhibition in Moscow which Vice President Richard M. Nixon will open in July:

"These exhibitions are designed to achieve a broader understanding between our two peoples. . . . It is a hopeful approach. We welcome it wholeheartedly."

MIAMI—Peter Kissel, of Far Hills, N.J., a passenger on a Cuban airliner hijacked by fleeing fugitives from Havana war crimes trials:

"We just kept quiet and real still, like they asked, because they seemed very jittery."

They'll Do It Every Time

By Jimmy Hatlo



First Lady Of Kremlin Emerges From Shadows

Editor's Note — What about Mrs. Khrushchev? What kind of person is she? Harold K. Milks, just out of Moscow after three years' duty as AP chief of bureau, wrote this story.

By HAROLD K. MILKS
Associated Press Staff Writer
Among the many changes Nikita Khrushchev has made in the Soviet Union is one directly affecting his family life. He has made his first lady a publicly known personality.

Until Khrushchev became head of both government and party the wives of top-level leaders hadn't been seen by foreigners in years, even at functions attended by foreign officials or diplomats.

Nikita Khrushchev has changed all this as he has changed many things in the Soviet Union.

Mrs. Khrushchev's given name is Nadezhda, meaning hope. She first became known as a hostess for important visitors when Mrs. Franklin D. Roosevelt and Eric Johnston were invited to the Khrushchev summer home on the Black Sea.

Later, at a Kremlin reception for foreign diplomats, she talked with some of the envoys and their wives—about home matters, far removed from any connection with her husband's job.

In most of these appearances she wore black or dark dresses and had her graying hair tightly pinned into a bun on the back of her head.

Her latest appearance at an official Moscow reception came during the visit of British Premier Harold Macmillan. She was in the reserved dinner section of the Kremlin's St. George Hall but remained in the background, chatting with Soviets or with diplomats. Khrushchev's toasts with Macmillan and other Soviet and British officials were strictly a man's affair within an inner circle.

Those who saw her there noted something else: Mrs. Khrushchev had abandoned her dark dress for a gown of soft gray, well cut and decorated. Her hair was fashionably arranged and worn loosely, with the bun low at the back of her neck.

Mrs. Khrushchev appeared in a front row seat in the visitor's gallery when the Communist party 21st congress opened. Throughout her husband's long presentation of the nation's new seven-year plan she seemed to listen intently.

She also accompanied Khrushchev to Leningrad to welcome Finland's president on a state visit.

Among the latest to share Mrs. Khrushchev's hospitality at the summer home were U.N. Secretary General Dag Hammarskjold and Iowa corn farmer Russell Garsh. She presided as hostess at meals for both.

Veteran, Moscow observers believe Mrs. Khrushchev is determined to protect her bustling husband's health and to give him as much of a normal family life as she can.

There is little public information in Moscow on the family life of Nikita Khrushchev and his strong and pleasant-looking wife. It is believed they were married in 1938, after he was widowed. She helped raise his two sons—one perished in World War II—and his two daughters, both married now, one to a Communist party editor in Moscow, the other to a Kiev theater manager.

Apparently she spends a good share of her time at Pitsunda, the summer White House on the Black Sea, and encourages her husband to come there as much as possible.

People who know Khrushchev well say he is proud of his wife and the kind of mother she has made for his children. That may be one explanation why she has moved into the public eye. Most other Soviet leaders still keep their wives at home.

Army Reservists Build Railroad

PORTLAND (AP) — Army reservists put aside their weapons Saturday and Sunday to build a railroad.

Even Brig. Gen. Eugene C. Cushing, commander, came out to supervise the building of the Oregon centennial railroad.

It will run through Adventureland and Frontier Village during the Centennial Exposition and International Trade Fair here this summer.

The reservists, who received pay and reserve credit for the work, placed ties, set rails and drove spikes.

Jack H. Jones, Northern Pacific Terminal Co. manager and Portland Zoo Railroad president, was on hand with 25 volunteers to oversee the job.

46th Consecutive Son Joins Family

NEW YORK (AP) — Another male was born to the Pitofsky clan Friday night. The infant, born to Mrs. Robert L. Pitofsky, was described as the 46th consecutive son born in the family over seven generations.

Pitofsky is one of three sons. He now has two of his own. The latest still leaves him shy of a \$5,000 bond set aside by his father, Jacob.

Jacob assigned the bond to a "Miss Pitofsky"—just in case the string is ever broken.

Discoverer II On Way Down

LOS ANGELES (AP) — Discoverer II is on the way down. It may have already perished, according to an Air Force spokesman. He said the shape of the satellite's orbit indicated it would burn up in the atmosphere between 7 a.m. EST today and 10 a.m. EST Tuesday.

Discoverer II was fired into a polar orbit April 13 from Vandenberg Air Force Base, 150 miles north of here. It ejected its nose capsule over the arctic. The cone is still being sought.

Each orbit has been bringing the satellite closer to the altitude where the friction of thicker air will burn it up. Sunday night it was 150 miles from the earth at its closest point.

After 668 Years: Women Vote

COMMUNY, Switzerland (UPI) —Mrs. Ida Pidoux has become the first woman to vote in the 668-year history of the Swiss republic. She cast her ballot Sunday in local elections at nearby Oulens-Sur-Lucens, in the canton of Vaud.

The men of Vaud decided to allow women to vote in municipal and cantonal elections. A few months ago Swiss males voted down a proposal to give women the right to vote in national elections.

KILLED AT PLAY

PORTLAND (AP) — An 11-year-old Portland boy was killed Saturday night when his head became entangled in a noose while he was playing in the basement of his home.

He was Glenn Woodyard, son of Mr. and Mrs. Bart Woodyard.

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