

Home Extension

BONANZA
BONANZA—The March meeting of the Bonanza Home Extension Unit started at 10:30 Tuesday at the Bonanza library. It was an all day meeting with a potluck dinner at noon.

Pansy Jackson and Rosie Lewis of Klamath Falls were guests. Mrs. Jackson gave a demonstration of textile painting, and brought her display of painted articles including painted wooden salad bowls, trays and plaques, neckties and many cotton articles.

Alice Drew was in charge of the short business meeting.

The next meeting will be April 14 with the projection salads and salad dressings led by Alice Drew and Eula Frough.

Eleven members and three guests attended the March meeting. All interested women of the community are invited to these meetings the second Tuesday of every month.

COOKING EGGS
 March is National Egg Month and during the Lenten season there is no better time to use this protein food. Serve them regularly fried, scrambled, soft cooked, hard cooked, or poached. In addition, have them in fluffy omelets, impressive souffles, in popovers, Yorkshire pudding, or cream puffs, in cakes or waffles, in sandwiches and salads or in puddings and custards.

For best cooking results, follow these hints for cooking eggs:

Take from refrigerator only number of eggs needed.

Remove eggs from refrigerator about 45 minutes before using since the separation of yolks from whites is quicker and better if eggs are brought to room temperature. Eggs beat up faster and larger volume when brought to room temperature.

In combining hot mixtures and eggs as in custards, cream fillings, souffles, etc., pour the hot mixture slowly into the beaten egg, stirring or beating constantly. Store leftover whites in a tightly covered jar in the refrigerator. They may be held a week to 10 days.

Store leftover yolks under water in a covered jar in the refrigerator. They may be held two or three days, or hard cook the yolks. Use in salads, scalloped dishes, sandwiches, etc.

Four to six whole eggs, eight to 10 egg whites or 12 to 14 egg yolks are the equivalent of one standard measuring cup.

Always serve hot egg dishes on warm plates.

der and bring out its delicate flavor.

Fishery products are rich in nutritive value, since they are excellent sources of very digestible proteins, and many contain essential minerals, vitamins, and fat.

Here are a few recipe suggestions for your Lenten dishes:

TUNA-STUFFED BAKED POTATOES
 2 cans (6 1/2 or 7 oz.) tuna
 6 medium baking potatoes
 1 tablespoon butter
 1/2 teaspoon salt
 Dash pepper
 1/4 tablespoons grated onion
 1/2 cup chopped parsley
 1/4 to 1 cup hot milk
 1/4 cup grated cheese.

Drain tuna, flake. Bake potatoes in a hot oven, 425 degrees F., for 45 to 60 minutes or until soft. Cut a slice off the top of each potato; scoop out insides. Mash potatoes. Add butter, seasoning, and hot milk; blend well. Mix in tuna. Stuff shells with the tuna-potato mixture. Sprinkle cheese over the top of each potato. Bake in a hot oven 400 degrees F. for 25 to 30 minutes. Serves 6.

BAKED FILLETS IN SPANISH SAUCE
 3 pounds fillets, fresh or frozen.
 1/4 cup chopped onion
 1/2 cup chopped green pepper
 3 tablespoons butter or other fat, melted

2 tablespoons flour
 2 cups canned tomatoes
 1 teaspoon salt
 1/2 teaspoon sugar
 Dash pepper
 1 whole bay leaf
 1 whole clove

Thaw frozen fillets. Cut fillets into serving-size portions. Place in a single layer in a well-greased baking pan. Cook onion and green pepper in butter until tender. Blend in flour. Add tomatoes and seasoning and cook moderate oven, 350 degrees F., until thick, stirring constantly for 25 to 30 minutes or until fish flakes easily when tested with a fork. Serves 6.

● People Read SPOT ADS - you are

TOWER
 "He saw HOUSE ON HAUNTED HILL and went all to pieces!"

THE SUSPENSE IS REALLY KILLING IN HOUSE ON HAUNTED HILL

COMING SOON!

EAGLES Birthday Dinner

Southern Fried Chicken
 Sunday, March 22nd, 6:30 P.M.
 All Members With Birthdays In March Free!
 Adults \$1.00 Children 50c

EAGLES HALL

On The Record

KLAMATH FALLS BIRTHS
BOYS
 WALDON—Born to Mr. and Mrs. Arthur Waldon March 18 in Klamath Valley Hospital a boy, weighing 7 lbs., 8 ozs.
 GIBEAU—Born to Mr. and Mrs. Charles Gibeau March 18 in Klamath Valley Hospital a boy, weighing 8 lbs., 14 ozs.
 STEWART—Born to Mr. and Mrs. Frank Ray Stewart March 18 in Klamath Valley Hospital a boy, weighing 7 lbs., 5 ozs.
GIRLS
 FREE—Born to Mr. and Mrs. Lloyd Free March 18 in Klamath Valley Hospital a girl, weighing 8 lbs., 8 ozs.
 BRYNGELSON—Born to Mr. and Mrs. John E. Bryngelsson March 18 in Klamath Valley Hospital a girl, weighing 7 lbs., 14 ozs.
 1959 ROUNDUP
 Boys: 118 Girls: 74

KLAMATH COUNTY MARRIAGE LICENSES
 Lute C. Ledesma, 31, and Esther Jones, 22.
 Apostolos Mamas, 28, Oakland, California, and Pauline Ardis Noble, 24.
 James Lee Spears, 22, and Sandra Lorraine Burney, 17.
 William Brooks Workman, 21, Portland, and Barbara Gail Hunter, 21.
 John L. Miles, 18, and Laura Mae Estrada, 18.
 Randolph C. Martin, 19, and Sharon Boylan, 18.
 Larry Milton Warden, 21, and Margaret Jean Sumner, 20.
 Richard L. Ward, 23, and Susan F. Peak, 21, Harbor, Oregon.
 Robert John Daxley, 23, and Ruth Rochelle Pomeroy, 26.

DIVORCE PETITIONS
 Imogene Marie Zoike vs. Dick A. Zoike, seeks divorce.
 Rezo Kennedy vs. Georgia L. Kennedy, seeks divorce.
 Gertrude Lewis vs. Hawley Lewis, seeks divorce.
 Donna Lee Radford vs. Wilbur Eugene Radford, seeks divorce.
 June D. Gallagher vs. Dan Tim Gallagher, seeks divorce.
 Terry L. Swartz vs. Bonnie L. Swartz, seeks divorce.
 Wanda Myrtle Paup vs. Maurice D. Paup, seeks divorce.
 Martin W. Woodcock vs. Helen B. Woodcock, seeks divorce.
 Beverly Jo Hogue vs. Gus Edward Hogue, seeks divorce.
 Charles Hood Jr. vs. Phyllis Hill Wood, seeks divorce.
 De Anna Hand vs. Connie Hand, seeks annulment.
 Myrtle Schuss vs. Charles Nathan Schuss, seeks separation.
 George Peterson vs. Betty Peterson, seeks separation.
 William L. Carter Jr. vs. Anna L. Carter, seeks divorce.
 Vera M. Baker vs. James Baker, seeks annulment.

SISKIYOU COUNTY BIRTHS
 GERSON—Born to Mr. and Mrs. Wilham Gerson, Yreka, March 8, in the Siskiyou County General Hospital, a boy weighing 7 lbs., 13 1/2 ozs.
 RICHARDSON—Born to Mr. and Mrs. Wayne Richardson, Yreka, March 13, in the Siskiyou County General Hospital, a girl weighing 8 lbs., 8 ozs.
 STARKEY—Born to Mr. and Mrs. Herbert Starkey, Yreka, March 13, in the Siskiyou County General Hospital, a girl, weighing 8 lbs.
 RUSSELL—Born to Mr. and Mrs. Charles Russell, Montague, March 18 in the Siskiyou County General Hospital, a girl, weighing 3 lbs., 1 1/2 ozs.

FISH RECIPES
 The Lenten season is traditionally one during which fish and shellfish are featured prominently in most menu planning. While we like to say "Make every day a fish day," it is during Lent that special emphasis is placed on fish.

Variety is one of the keys to successful meal planning. There are about 160 varieties of fish sold in the United States. Although the flavor, texture, appearance, and size vary according to the species, the fundamental rules for cooking most fish are few and easy to follow. For this reason, the use of basic recipes, such as frying, broiling, baking, planking, boiling, and steaming is recommended.

The principal differentiation in types of fish is the variation in fat content. As a rule, fat fish, such as salmon or shad, are most desirable for baking, broiling, and planking because their fat content will keep them from becoming dry. Lean fish, such as cod and haddock, are preferred by some for boiling and steaming as their flesh is firm, and will not easily fall apart while cooking. Both fat and lean fish are suitable for frying.

The most important thing to remember in cooking fish is that it is too often overcooked. Just enough cooking to enable the flesh to be flaked easily from the bones will leave the fish moist and ten-

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<p>COUPON DISH CLOTHS A 1.50 Value 67^c PAY LESS DRUG STORE 808 MAIN ST. KLAMATH FALLS</p>	<p>COUPON Womens & Girls CAR COATS Red or TAN A 12.00 Value 4⁹⁹ PAY LESS DRUG STORE 808 MAIN ST. KLAMATH FALLS</p>	<p>COUPON Revere Ware DOUBLE BOILER 2 Quart Reg. 11.50 5⁸⁸ PAY LESS DRUG STORE 808 MAIN ST. KLAMATH FALLS</p>
<p>COUPON WHITE PILLOW CASES 49^c PAIR PAY LESS DRUG STORE 808 MAIN ST. KLAMATH FALLS</p>	<p>COUPON Curtis Fiesta Pack CANDY BARS 10 Assorted 5c Bars In Cello Pack 29^c PAY LESS DRUG STORE 808 MAIN ST. KLAMATH FALLS</p>	<p>COUPON CURAD PLASTIC BANDAGE 2 Package Deal A \$1.12 Value 58^c PAY LESS DRUG STORE 808 MAIN ST. KLAMATH FALLS</p>
<p>COUPON 30 LINE OUTDOOR CLOTHES DRYER An 18.95 Value 10⁶⁶ PAY LESS DRUG STORE 808 MAIN ST. KLAMATH FALLS</p>	<p>COUPON Family Pack - Waldorf TOILET TISSUE 4 ROLLS 29^c PAY LESS DRUG STORE 808 MAIN ST. KLAMATH FALLS</p>	<p>COUPON 18 Inch CANVAS ZIPPER CARRYALL BAG Brown Or Blue A \$2.98 Value 1⁸⁸ plus tax PAY LESS DRUG STORE 808 MAIN ST. KLAMATH FALLS</p>
<p>COUPON SOFA PILLOWS The Crazy Kind With Clever Sayings Reg. 1.99 98^c PAY LESS DRUG STORE 808 MAIN ST. KLAMATH FALLS</p>	<p>COUPON SIMILAC LIQUID BABY MILK 5 CANS 95^c LIMIT 10 CANS PAY LESS DRUG STORE 808 MAIN ST. KLAMATH FALLS</p>	<p>COUPON A LARGE ASSORTMENT OF COLORS & PATTERNS IN PLASTIC SHOWER CURTAINS 6-Ft. x 6-Ft. Size Reg. 1.49 99^c PAY LESS DRUG STORE 808 MAIN ST. KLAMATH FALLS</p>
<p>COUPON GENERAL ELECTRIC FRYING PANS COMPLETE WITH CORD AND LID A 15.95 Value 7⁹⁹ PAY LESS DRUG STORE 808 MAIN ST. KLAMATH FALLS</p>	<p>COUPON Kitchen Charm - Double Strong WAX PAPER Reg. 23c Each 2 Rolls For 25^c PAY LESS DRUG STORE 808 MAIN ST. KLAMATH FALLS</p>	<p>COUPON Evening In Paris STICK DEODORANT 2 STICKS TO A PACKAGE A \$1.50 Value 66^c PAY LESS DRUG STORE 808 MAIN ST. KLAMATH FALLS</p>

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