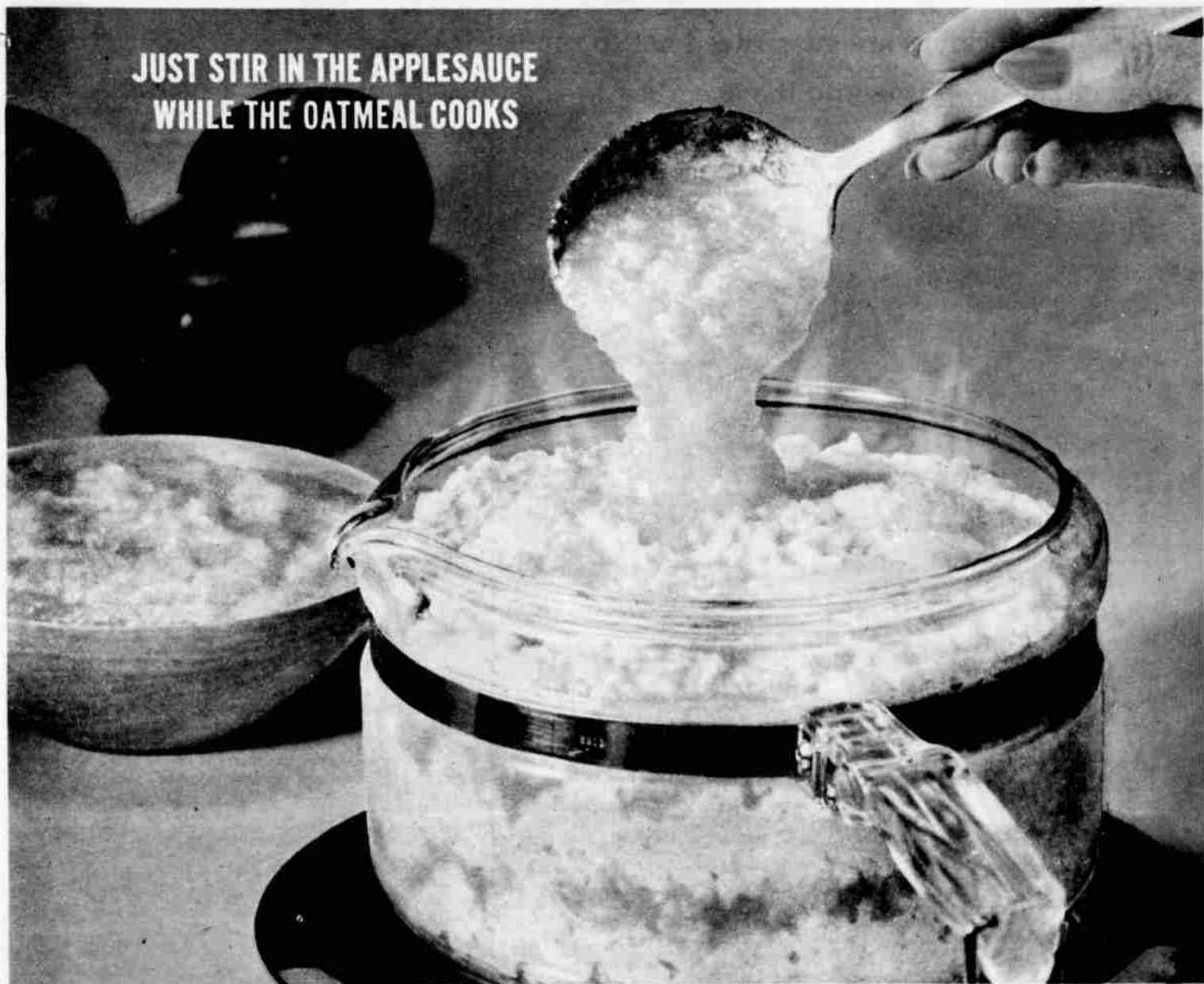


Oatmeal and Fruit...blended!

JUST STIR IN THE APPLESAUCE
WHILE THE OATMEAL COOKS

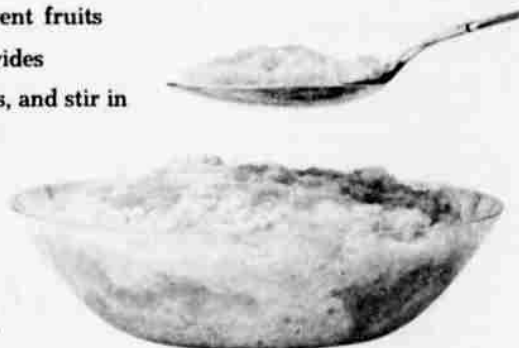


NEW BREAKFAST EVERY DAY... just by blending different fruits

into your oatmeal. Nature's entire selection of luscious fruits provides
flavor variety. Follow the package recipe for 4 to 6 servings, and stir in
a cup of your fruit-of-the-day while the oatmeal
cooks. Happy blending!



...with all that wonderful protein!



Quaker Oats and Mother's Oats are exactly the same