

"MY OLD KENTUCKY HOME"



Photos: Pickow from Three Lions

ON FEDERAL HILL near Bardstown, Ky., stands the dignified Colonial residence which inspired Stephen C. Foster to write his immortal "My Old Kentucky Home." Foster wrote the song in 1853, a year after his visit to his cousins, the family of Judge John Rowan, who had built the house in 1797. In 1922 the Commonwealth of Kentucky bought the home from the Rowans as a memorial to America's greatest minstrel, and each year thousands of visitors see the shrine just as it was when Foster stopped there.



The Rowan home is more typical of Colonial Philadelphia than it is of the wilderness near where Lincoln was born.



Visitors pause to admire the beauty and tone of the piano Foster played.



Judge Rowan's original law books are preserved in log cabin on the estate.



Visitors add their names to thousands of others who have toured the shrine.

Do you suffer from TRAVEL CONSTIPATION?

If you've ever done much traveling, you undoubtedly know that your eating habits are very likely to change when you're away from home. And this very often leads to a lack of bulk in the diet, one of the most common causes of constipation.

Of course, that's just why so many experienced travelers enjoy a bowl of Kellogg's All-Bran every day—wherever they are. You see, just a half-cup of Kellogg's All-Bran with milk provides all of the good bulk food you need for gentle, natural regularity. Wonderful old-fashioned bran muffin flavor and good nutrition, too.

So, the next time you have trouble with irregularity caused by insufficient bulk in your diet—at home or on the road—remember Kellogg's All-Bran. It's America's favorite whole bran cereal, you know... now by 3 to 1!



Mary's DISMAL

PERIODIC PAIN

While menstruation is natural and necessary, menstrual suffering is not. So just take a Midol tablet, Mary, and go your way in comfort. Midol brings faster relief from menstrual pain—it relieves cramps, eases headache and chases the "blues".



Mary's BRIGHT WITH MIDOL

