

IF YOU ARE ON THIS LIST...

- ☐ Nervous and tense
- ☐ Arthritic
- ☐ Heart trouble
- ☐ Invalid
- ☐ Middle-aged or elderly
- ☐ Pregnant or nursing
- ☐ High blood pressure

DON'T LET CONSTIPATION ADD TO YOUR WORRIES!

As distressing as constipation can be in "normal" people without special conditions or illnesses, chronic irregularity can be extremely aggravating—even dangerous—in some cases. If you are on the list, you've probably been cautioned already by your own physician, to avoid harsh laxatives and purgatives. Your doctor may have indicated concern about the "straining" that goes with constipation (particularly in cardiac, high blood pressure, and similar cases), and he may already have recommended SARAKA. SARAKA works effectively, gently, smoothly, without stress or harshness. SARAKA is easy and pleasant to take, after meals or before bed. At your drug store or drug counter.

SPECIAL OFFER: For generous week's supply send 10¢ to SARAKA, Dept. FW-2, Kenilworth, N.J.

SARAKA "gentle help to regularity"

DIABETIC or DIETING?

ask for
SARAKA D
the only SUGAR FREE
bulk stimulant laxative

FALSE TEETH

KLUTCH holds them tighter

KLUTCH forms a comfort cushion; holds dental plates so much firmer and snugger that one can eat and talk with greater comfort and security. In many ways almost as well as with natural teeth. Klutch lessens the constant fear of a dropping, rocking, chafing plate. 5¢ and 40¢ at drugists. If your drugist hasn't it, don't waste money on substitutes, but send us 10¢ and we will mail you a generous trial box.

KLUTCH CO., Box 100-B, Elmira, N.Y.

YOU'D NEVER KNOW I HAD PSORIASIS

For 26 years psoriasis sufferers have learned that Sirol tends to remove unsightly external crusts and scales. If lesions recur, light applications of Sirol help control them. Sirol won't stain clothing or bed linens. Offered on 2-weeks-satisfaction-or-money-refund basis.



SIROL

Write for new FREE BOOKLET, written by Registered Physician. **AT ALL DRUG STORES**

SIROL LABORATORIES, INC.
Dept. FW-2
Send for FREE booklet, written by physician.
NAME _____
ADDRESS _____
CITY _____ STATE _____



Sleep well all night

without narcotics

No need to take harmful, habit-forming narcotic pills to get the sound sleep good health requires. Clinical tests reported in Coronet Magazine prove SLEEP-EZE Tablets fully as effective as barbiturates—with no next morning grogginess.

So safe you can get them without prescription at any drug counter. Money back if you're not satisfied.



PARENTS:

Protect
YOURSELVES
against
crippling
POLIO

GET YOUR
SALK SHOTS
NOW!

Corns Vanish!

**Nerve-Deep
Relief
Starts in
Seconds!**

No waiting for action when you use Dr. Scholl's Zino-pads. Pain stops and corns removed one of the quickest ways known to medical science. Get a box today. At Drug, Shoe, Dept. and 5-10¢ Stores.

Dr. Scholl's Zino-pads



Bubble, Bubble, Toil and Trouble!

Take a big piece of cardboard and make a hole in it one foot in diameter. Each player blows soap bubbles and tries to fan them with a piece of cardboard so they go through the hole. While there's life, there's soap!

Junior Treasure Chest

Edited by MARJORIE BARROWS, Editor of The Children's Hour

Wise Eyes Game Regina Sauro

Players sit in a circle on the floor with their backs toward the center. Everyone covers his eyes with his hands. The first player guesses the color of the eyes of the person next to him. This isn't as easy as it seems—even with people one has known a long time! If he guesses cor-

rectly (with the first guess), he leaves the circle. Each player has a turn to guess the color of the eyes of the person next to him. If he misses, he must wait until the other players have had a turn and it's his turn again.

The game continues until one player is left, and he, of course, is the loser!

February Heroes

Puzzle: Find a Minuteman, Hatchet, Civil War Soldier, and Ann Rutledge

By John Merryweather

