

upstairs and downstairs In Milady's Kitchen

By Florence Jenkins, Food Editor

Herald and News



HAWAIIAN THEME is not only being carried out, but is being enjoyed by the staffs at both Market Baskets this week and next. Shown, from left: Bill Glidewell, Mildred Pepper, Bob Anderson, Betty Hudson and Doug Clement. The fancy dress act is to set the stage for the Del Monte

Pineapple Sunfest, Del Monte's first big promotion in 1959. The Market Baskets suggest teaming pineapple with Kraft Cheese, Jell-O, Quaker Oats and National Biscuit Company cookies.

DEL MONTE SUNFEST

Plantation-fresh pineapple, bursting with field-fresh flavor, is being featured this month. Canned pineapple adds a lot of color and flavor to meals, whether you use crushed pineapple, pineapple chunks or sliced pineapple. Pineapple juice is a perfectly lovely drink.

For breakfast, for extra vitamins and nourishment, beat up an egg yolk with the glass of pineapple juice and drink your protein along with your fruit juice.

Another fine breakfast idea is to add one cup of crushed pineapple to four servings of Quaker Oats cereal for breakfast. Add the pine-

apple while the cereal is cooking. Suggested for a "Sunfest Super" is a combination of bread, pineapple slices, cheese and bacon. Pre-heat half-loaves (sliced down the center lengthwise) of French bread. Top with slices of Kraft cheese such as Kraft's pasteurized process American cheese, slices of crisp bacon and drained pineapple slices. Place under the broiler until the cheese melts.

For luncheon, combine pineapple chunks with lemon Jell-O for molded salad. Add Philadelphia cream cheese balls (rolled in finely chopped nuts) to the plate and serve on crisp greens. The longtime favorite dessert, made by layering chocolate wafers and whipped cream and slicing diagonally after thoroughly chilling, gains added flavor if tall glasses of chilled pineapple juice accompany the servings.

The salad uses of pineapple are endless. Add pineapple chunks to finely shredded crisp cabbage for slaw. Dieters will like slaw dressed with pineapple juice rather than a cream dressing.

A quick fruit salad is made by slicing rounds of banana over circles of sliced pineapple. Serve with or without dressing, as you like.

Pineapple is a popular addition to any meal, starting with breakfast, through lunch, buffet tidbits, dinner and evening snacks.

The Market Baskets are having a lot of fun with Del Monte's Sunfest this week and next.

TOPPING

Add chopped raisins to canned or homemade chocolate or butterscotch sauce and serve over ice cream.

LEFTOVERS

Simmer the neck, wings and back of the fryer until completely tender. Take meat from bones, make the sauce from the concentrated broth and a little cream and serve for another meal over home-made noodles. Add any leftover fried chicken, finely chopped, to the sauce.

VARIETY

How long since you have served hot cornbread for dinner? Cook it in a corn stick pan or a flat pan — but be sure the pan is big enough so the cornbread is fairly thin. Cornbread mix is quick and easy or corn muffin mix will make cornbread, too.

MOOSE LODGE CRAB FEED

Sat., Jan. 10
Social Hour 6 to 7 p.m.
Dinner 7 p.m.
Dance following
Members and Invited Guests

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PET MILK

At Buy Low Food Center, 1338 Oregon Avenue, on Saturday, there will be a demonstration of Pet Instant Nonfat Dry Milk.

Bud Robinson, Southern Oregon representative for Pet Milk, will have his Pet Milk dispensing machine at the market. Pet Instant is super convenient and mixes faster than you can stir because it is made by a special process that "pops" the nonfat dry milk crystals.

Pet Instant is the truly modern way to help give your family more of the fun of feeling good because it provides more protein than whole milk. It is virtually fat-free and is the favorite "sparkle and vitality" drink in so many modern homes today.

Free recipe books will be available at Buy Low all day Saturday. They are "One Dish Meals and Other Favorites" with recipes to serve two or four persons, using Sego Evaporated Milk, and "Cookbook for Young Moderns," using Pet Instant.



PUMPKIN CUSTARDS are a delightful wintertime dessert. They give pumpkin pie goodness without the problem of a crust. California Sherry wine is the secret of this dessert's mellow flavor. Whipped cream or whipped dessert topping adds a special party touch.

Pumpkin Custards

Here's a dessert you can serve all winter, from Thanksgiving until the cold winds turn to gentle breezes in the spring. It is easier than pie to make, quite literally.

If you'd like something crisp with the custards, serve them with some freshly baked sugar cookies. Glasses of the same fine California Sherry you used in the custards make a delightful beverage accompaniment.

As many fine cooks know, the soggy bottom crust is hard to avoid. If your oven is not hot enough, the filling will soak into the crust — making it soggy. And if your oven is too hot, the filling will "weep" into the crust — making it soggy. Some people have grown up on pumpkin pie with a soggy crust and like it that way.

But if you don't, we'd suggest the simplest solution is to skip the crust and concentrate on turning out a fine-flavored filling.

PUMPKIN CUSTARDS
1/4 cup brown sugar (packed)
1/4 teaspoon cloves
1/4 teaspoon ginger
1/2 teaspoon nutmeg
1 teaspoon cinnamon
1/2 teaspoon salt
1 1/2 cups canned pumpkin
3 eggs
1 1/4 cups light cream
1/2 cup California Sherry wine
Whipped cream

Mix brown sugar with spices and salt. Add all remaining ingredients except whipped cream; beat with a rotary beater until smooth and blended. Pour into custard cups. Set cups in a baking pan filled with hot water and bake in a moderate oven (350 degrees) for 35 to 40 minutes, or until puddings are barely set in center. Cool and serve garnished with whipped cream. Makes 6 (1/2 cup) servings.

MEAT PIE
Leftover roast, chopped, and sautéed with chopped onion, then simmered in water to cover (add a bouillon cube for extra flavor) makes wonderful meat pie. When the meat is completely tender, add 10 per cent cream, thicken and bring to a boil in a 2 1/2-quart casserole in 450-degree oven. Top with biscuits and cook until the biscuits are nicely brown. Serve with a salad and you have a fine meal.

LEFTOVERS
Simmer the neck, wings and back of the fryer until completely tender. Take meat from bones, make the sauce from the concentrated broth and a little cream and serve for another meal over home-made noodles. Add any leftover fried chicken, finely chopped, to the sauce.

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