



ASTA OLSSON, chosen Lucia Queen by the Swedish community of New York, is shown here in traditional dress serving an American, non-alcoholic version of a time-honored Swedish national holiday beverage, Glogg.



EXTRA STRESSES add natural loveliness, says Kenneth of the Lilly Dache Beauty Salon. The gay coiffure shown is made up of a large, softly - curled hair-piece placed atop swept-up natural hair and kept intact by a pleated georgette band centered with a rosette. Curly wisps extending out at the side give becoming width. The hairdo glints with highlights brought out by Lilly Dache's Lumino Creme Rinse and Color Glampoo.

GLAMOR

We've been adding extra hair for a chignon in the back, but Kenneth of Lilly Dache Beauty Salon suggests adding it to the top for the holidays.

Glamor — or glamour — however you spell it — is partly state of mind and partly something added.

It's in the extra special fragrance one uses during the holidays. It's in the bright blue or purple mascara and the eye-shadow with iridescent overtones. It is in a big Watteau rose tucked into the waistband (wherever you're wearing your waistline these days) and in the new shades of nail enamel with lipstick to match.

One of the easy tricks these days to keep one's hair-do is to pin up all strays before the bath and shower and then, when it is brushed back into place, keep it there with one of the new hairsprays.

AVOCADO SALAD

Fill avocado halves with pink grapefruit sections and pass your favorite French or Russian dressing for a delicious meal starter.

SALAD

A pretty salad plate to serve with fish is made of slices of canned aspic with curried mayonnaise. Add shiny black ripe Wyandotte olives and serve on crisp greens.

"No thanks, Lady. Those aren't **SANTIAM BLUE LAKE** STRINGLESS GREEN BEANS!"



STRAIGHT-STRINGLESS ALL MEAT TENDER GREEN BEANS

American Glogg

Asta Olsson, chosen Lucia Queen by the Swedish community of New York, is shown here serving an American version of a Swedish national holiday beverage, Glogg. The new beverage treat, unlike its Swedish counterpart, is non-alcoholic so even children can have their fill. Grown-ups too, will love the fruity tang of American Glogg.

The Lucia Queen is crowned with a colorful headdress made of evergreens and lighted candles. This custom arose from the celebration of St. Lucia Day, a feast day that ushers in the Christmas season in Sweden. The holiday season it begins lasts until January 13. St. Lucia became revered as the "Saint of Light" because her feast day followed the shortest day of the year, December 13 on the old Julian calendar. A public contest is held in Stockholm to pick the loveliest girl as Lucia Queen. In many American cities, the Swedish community stages a Lucia contest of its own.

American Glogg is heady with spices and rich in fruit flavor, with the added tang and zest of ginger ale. Its wonderful aroma makes it fitting to serve at teenage parties not only on St. Lucia Day and the holiday season, but as a winter-time taste treat, especially warming after active winter sports.

- AMERICAN GLOGG**
- 1 pint cranberry juice
 - 1 quart apple cider
 - 1 cup raisins
 - 1/4 pound candied orange peel
 - 1/2 cup canned, blanched, sliced almonds
 - 4 whole cloves
 - 2 cinnamon sticks
 - 8 cardamom seeds, cracked
 - 1 can frozen orange juice, reconstituted
 - 2 large bottles Canada Dry Ginger Ale

Combine cranberry juice, apple cider, raisins, orange peel, almonds and spices. Bring to boil; cool; cover and store overnight. When ready to serve, add orange juice and ginger ale; heat thoroughly without boiling. Serve in small mugs with a little of the fruit-nut mixture in each glass. Makes about 35 servings.



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Rosarita MEXICAN FOODS

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