

Is "iron-hungry blood" making you only "half" a woman?



Are You So Tired and Run-Down You Can't Give Your Husband Real Companionship?

Discover the Wonderful Blood-Strengthening Action of This Special Iron Tonic for Women!

How tragic when a woman feels so tired, so weak and run-down, she just can't be a real companion to her husband and family! This can turn marriage into misery! Luckily, it's often due to "Iron-Hungry Blood" (*simple iron deficiency anemia). Then it's needless for most women to suffer this awful weariness.

Now, a wonderful iron tonic can help relieve this condition... thus renew your vigor and vitality. It's Lydia E. Pinkham's Tablets, only blood-enriching iron tonic made especially for women!

See How Fast You Can Feel Fine Again! Rich in iron, Pinkham's Tablets start to strengthen "Iron-Hungry Blood" within one day! Thus they quickly help build rich, red blood... to restore your strength and

energy... so you feel fine again fast... able to enjoy life and your family again!

Besides blood-building iron, Lydia Pinkham's Tablets contain a unique combination of other ingredients. That's why they can also bring blessed relief from functionally-caused "female distress". Even torturous monthly cramps and "hot flashes" of change-of-life were relieved in case after case reported by doctors. No wonder so many women use Pinkham's Tablets all through their lives!

If you're tired, weak and run-down due to "Iron-Hungry Blood", get marvelous Pinkham's Tablets from druggists today. See if you don't soon feel "all" woman again—the same charming, cheerful girl your husband married!

FOR TESTED RELIEF OF MONTHLY PAINS, CHANGE-OF-LIFE remember that Lydia E. Pinkham's Vegetable Compound (liquid) has also been famous for 84 years. Doctors' tests prove it quickly relieves the painful discomforts of monthly periods and change-of-life.

How to Meet Interesting People

They're all around you, even in the most unlikely places; here are some tips to help you find them.



by Norah Smaridge
Art by Eric Sokol

T IRED OF SEEING the same old faces, hearing the same old talk? Then why not take steps to meet new and interesting people?

Let's assume you have a home, a spouse in sympathy with your ideas, and a co-operative family. In addition, you will need something to offer. But don't let this alarm you; it can be just as simple as a point of view!

Mrs. K. took violent exception to the political utterances of a brilliant young Congressman who lived in the next town. Finally she wrote him a letter so spirited that he suggested a meeting. Wisely, Mrs. K. brought her husband, who invited the Congressman to visit them at home. He came, for the pleasure of debating with Mrs. K. Neither converted the other, but a stimulating friendship developed between the two families.

You are not as articulate or well-

informed as Mrs. K.? But surely you have something of interest to offer. Maybe a hobby or collection, an unusual do-it-yourself project, pets, a pleasant garden, amusing neighbors to introduce. Or you can fall back on food. Interesting people like interesting food, anything from your Southern aunt's pecan pie to Japanese sukiyaki. If you can't cook at least a specialty or two, learn!

Where do you find interesting people? Everywhere, but often under cover. They can be surprisingly modest. Look for them among travelers, collectors, hobbyists, professional or amateur artists, people who live in unusual homes, have unusual jobs, or have overcome handicaps.

Keep your eyes open, even in unlikely places. Interesting people are not hard to spot; they usually look interesting. That gaunt, absent-minded woman you've noticed in the supermarket obviously has a mind above groceries; she's probably worth knowing. Find out who she is; ten-to-one she lives in your neighborhood, but is out of the usual run.

Read the papers consistently. Your own daily, of course, plus the local papers of communities accessible to you. (You want to meet these people personally, so they must be within reach by car or local transportation.) A few recent Sunday browsings turned up the following group of "interesting people": a young woman, newly returned from an African safari; a blind man, author of a prize-winning novel; a grandmother, graduate of an engineering college; a man with an amazing garden; a couple with a profitable hobby of gem-cutting.

If you want to meet people with special interests similar to your own, ask the local librarian to be on the lookout for you. People with unusual interests (local his-

torians or archeologists, for example) are inveterate library-users; they can't afford to buy everything new on their subject. If you hesitate to admit that the reason for your request is purely social, you can tell the librarian you are writing a club paper or seeking members for a discussion club—a white lie, at worst. Incidentally, don't be surprised if you find the librarian herself worth cultivating!

"Theater folk" have a fascination for most of us; their acquaintanceship may be fleeting, but it will be interesting while it lasts. So check the local Little Theater movement. An offer to help with clerical chores is always appreciated, and will give you a chance to meet members of the cast.

WITH A LIST of interesting possibilities drawn up, it is best to approach them one at a time. You can mix and match later, if it seems advisable. Unless you are unusually good at selling yourself, avoid introducing yourself by telephone; most people are wary and will

give you a quick brush-off, afraid that you are a salesman with a new approach.

A thoughtfully phrased letter will serve you best. It should either ask or give. If the person you would like to meet is a collector, a hobbyist, a writer, painter, traveler, do-it-yourselfer, or the like—then ask. Collectors like to show their treasures. Writers and travelers, especially if local, will jump at the chance to talk to you and your friends informally. And everyone responds to a request for advice.

The "here's something for you" letter is a welcome approach. So it will be worth your while to unearth a clipping, book, or article in the field of the person's interest. Mrs. Brown, for instance, read of a woman in her neighborhood who was widely traveled and had a unique collection of period dolls, most of which she had dressed herself.

Mrs. Brown turned up an old bisque doll in an antique store. She then wrote the doll-collector: "I've read about your collection and would like to see it, if I may. I think you might like to include a little bisque doll I picked up recently..." Whether they make models, paint tiles, or grow African violets, people are invariably warmed by a small contribution to their specialty.

If those you plan to meet are strangers in the locality, or if you are not satisfactorily briefed about them, you should of course be tentative in your approach. Some of them will be "different"; you may even meet an occasional eccentric whom you won't want to cultivate further. But most "interesting people" are as socially correct as you could wish. Your responsive attitude toward their enthusiasms will make them glad to meet you.

So look around you. You'll find interesting people almost everywhere.



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Now you can treat contagious Athlete's Foot infection without touching it! No mess... no drip when you use this handy, new Dab-o-Matic applicator bottle.

At the very first sign of raw, red cracks between your toes, maddening itch, or peeling skin, dab on Absorbine Jr.

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Absorbine Jr.
America's No. 1 Athlete's Foot Relief

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Many thousands of Americans are being cured of cancer every year. Your best cancer insurance is (1) to see your doctor every year for a thorough checkup, no matter how well you may feel (2) to see your doctor immediately at the first sign of any one of the 7 danger signals that may mean cancer. For a list of those lifesaving warning signals, call the American Cancer Society office nearest you or write to "Cancer," care of your local Post Office.

NAGGED BY BACKACHE?

—why put up with sluggish kidneys... when relief is often so swift and easy to obtain?

Backache, dizziness, lack of energy, restlessness, getting up nights, may be caused by functionally sluggish kidneys, mild bladder irritation.

For 50 years people have found swift, effective relief with DeWITT'S PILLS. This famous diuretic stimulant 1) flushes congestive waste material out of kidneys;

2) increases circulation of blood through the area; 3) reduces irritation of kidneys and bladder; 4) fights infection and resists reinfection.

You can see that DeWITT'S PILLS are at work when "the blue comes through." Get DeWITT'S PILLS today without prescription.

De WITT'S PILLS... "the blue comes through"

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