

New facts on Constipation

New scientific findings show that—after 40—tension and worry frequently lead to improper eating which may result in constipation due to lack of bulk.

A daily half-cup of Kellogg's All-Bran with milk ends this kind of irregularity the safe, natural way... no habit-forming laxative drugs! Good tasting and nutritious, too—Kellogg's All-Bran.



OH, MY ACHING BACK

Now! You can get the fast relief you need from nagging backache, headache and muscular aches and pains that often cause restless nights and miserable tired-out feelings. When these discomforts come on with over-exertion or stress and strain—you want relief—want it fast! Another disturbance may be mild bladder irritation following wrong food and drink—often setting up a restless uncomfortable feeling.

Doan's Pills work fast in a separate way: 1. by speedy pain-relieving action to ease torment of nagging backache, headache, muscular aches and pains, 2. by soothing effect on bladder irritation, 3. by mild diuretic action tending to increase output of the 15 miles of kidney tubes. Enjoy a good night's sleep and the same happy relief millions have for over 60 years. Ness, large size saves money. Get Doan's Pills today!

Feet Sore... Hot or Perspire?



You'll marvel how quickly Dr. Scholl's soothing, medicated Foot Powder relieves sore, tired, burning, perspiring, odorous, sensitive feet—how it eases new or tight shoes—helps prevent Athlete's Foot.



15¢, 40¢. Economy Size, 75¢.

**Dr. Scholl's
FOOT POWDER**

Protect YOUR HEART!

**VIOBIN WHEAT GERM OIL
HELPS HEART ACTION
GIVES MORE STRENGTH
- STAMINA - VIGOR -**

8 Years University Experiments, 400 Persons PROVED VioBin Oil improves heart action—increases endurance.

Send for FREE Book No. 10

VIOBIN Monticello, Illinois
Best substitute. Only VioBin proved effective.

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Buried Treasure

John Dukes McKee

Directions: The four ships below are trying to reach the treasure that is buried on Bone Island. Each player selects a ship and, taking turns, each tries to reach the treasure by following the lines.

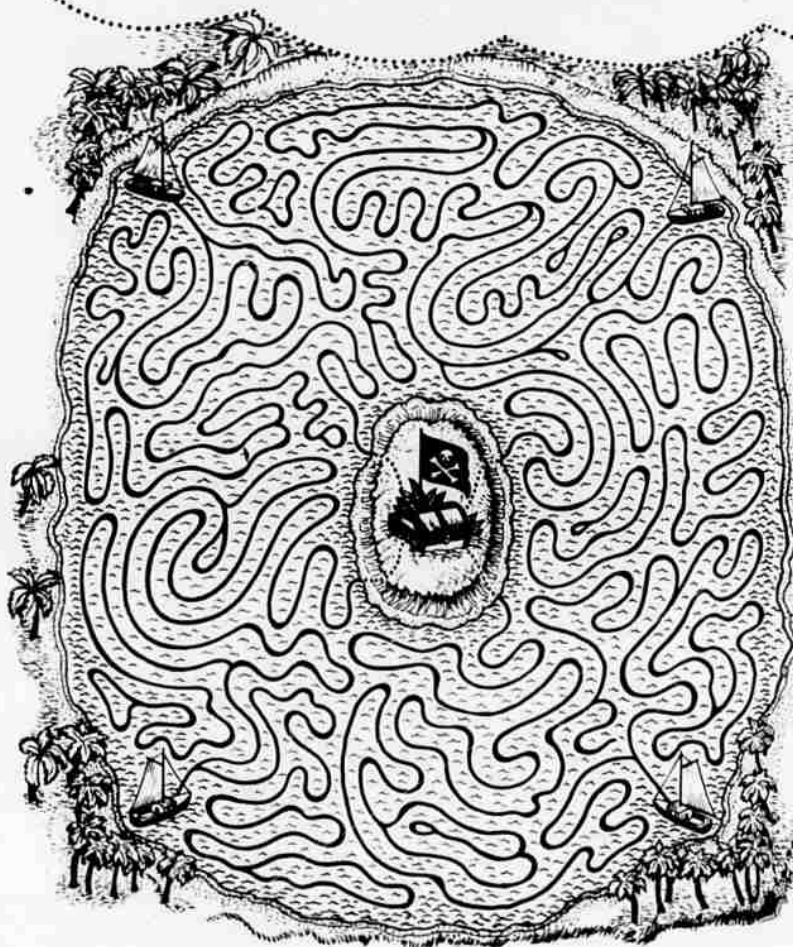
After each player has had one try, he moves around to the next ship. Again each makes a try and so on at each ship until everyone has tried from all four corners. Each time a player reaches the treasure he gets one point, and at the end of the game the player with the most points wins.



"Do you see the treasure, Jimmie?"

Junior Treasure Chest

Edited by MARJORIE BARROWS, Editor of The Children's Hour

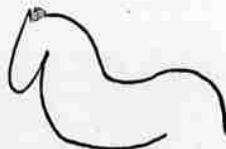


Let's Draw a Horse

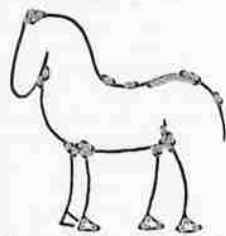
Ann Davidow



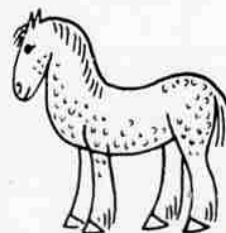
Draw Dobbin's head and ears with care. Like any other old gray mare.



Her big broad back is slightly sway from pulling at the reins all day.



Triangular are Dobbin's feet; And when she wants a special treat,



Dapple-dotted Dobbin will Apple-polish Farmer Bill.

Let's Take a Trip!

Nat Bradford

The Traveler chooses some helpers when he packs his trunk. The first helper says, "Here is a _____ to pack." And he gives the name of some queer article. The Traveler repeats the name. Then the second helper names another article. The Traveler must then repeat the name the first helper gave and then add the second one. He repeats the names of all the articles, adding a new one each time. But when he forgets one or gives a name out of order, another Traveler is chosen.

Bumperty Bump!

Nancy Clinton

11 players march around the room while a march is played on your phonograph. Suddenly the music stops! Each player must sit on the floor at once. The last player to go down can no longer play. The game goes on until only one player is left. He's the winner!