



TROPIC DRESSING is the touch that makes this fruit salad something to rave about. It is the gourmet touch that makes the real difference. Serve it with any fresh fruit combinations in season or use Contadina Fruit Cocktail or add canned pineapple chunks to your choice of fruit. This fruit salad will double as dessert. The unusual dressing is seasoned with celery seeds, snipped watercress and honey and has the tangy citrus accent provided by adding a bottle of 7-Up. See the new 7-Up recipe book, "You're really cooking when you're cooking with Seven-Up."

SEVEN-UP FOR SALAD DRESSINGS

Summer fruits are wonderful for eating out of hand but they have a definite place at mealtime, as well.

Let your fresh fruit combinations be salad and dessert for some meals. Serve the sliced fruit with a tangy dressing made with 7-Up so the meal does not end with a cloyingly sweet note.

Any combination of fresh fruits makes a flavorful salad or dessert. Make your selection with an eye to color and texture contrast. Bananas and pineapple chunks need only fresh berries or sliced strawberries for a beautiful fruit bowl. Fresh slices of pear add their own sweet freshness to the dish, too. Prepare the fruits and dressings before the meal.

Squeeze a little lemon juice over the bananas and pears or sprinkle Fruit-Freeze over the cut fruit to prevent discoloring. Fruit-Freeze is a must this time of year and a mighty handy preparation to have in the kitchen. Ask your grocer about it.

At serving time, bring out the bowl of chilled fruit and spoon on the dressing.

Here is 7-Up's own Tropic Dressing for Fruits:

- 1 cup salad oil
 - 1/4 cup snipped watercress
 - 2 tablespoons honey
 - 1 teaspoon celery seed
 - 1 teaspoon salt
 - 1/2 teaspoon paprika
 - Dash of pepper
 - 1 7-ounce bottle of 7-Up
- Mix salad oil with watercress, honey and seasonings in a jar with a tight-fitting lid. Add 7-Up, stir and then shake vigorously. Recipe yields two cups. If you haven't watercress, substitute finely chopped parsley and if you want an extra bite to the dressing, mince two or three radishes and add.

Big Breakfast

In the mood for an old-fashioned breakfast? Then try Sausage Scramble with peaches. Fry the scraggle crisp and serve it with sizzling-hot sauteed canned cling peach halves. You'll like the flavor combination.

SAUSAGE SCRAPPLE WITH PEACHES

- 1/4 pound bulk sausage
- 2 cups hot water
- 1 teaspoon salt
- 1/4 teaspoon sage
- 1/4 teaspoon pepper
- 1/2 cup yellow corn meal
- 1/2 cup cold water
- Flour
- Oil or drippings for frying
- 1 (No. 2 1/2) can cling peach slices

Simmer sausage in hot water 10 minutes. Add seasonings. Stir in corn meal moistened with cold water, and cook over direct heat 10 minutes, stirring constantly. Cover and cook over hot water 30 minutes, stirring occasionally. Pour into loaf pan and chill overnight. Cut into thin slices and dip in flour. Fry until brown in small amount of oil. Remove to heated serving dish. Drain peaches well, turn into frying pan and fry about five minutes, or until heated through and lightly browned. Serve with scraggle.

Serves four.

"We're saved! The chief just found our supply of **SANTIAM** Blue Lake Stringless **GREEN BEANS**"



STRAIGHT-STRINGLESS ALL MEAT TENDER GREEN BEANS



Arden

love that **Country Cousin** ice cream

Creamy smooth vanilla...sparkling with bits of old-time, butter-rich candy. Arden makes it lip smakin' good!



THIS SEASON'S popular printed shoes draw added attention to feet and legs. Elizabeth Arden's Slick becomes a good grooming necessity for the season.

TIMING

Gelatin desserts usually need from two to four hours in the refrigerator after they are prepared to make sure they set.

BAKING

After you turn a cake out of a pan onto a wire rack, invert it again on another rack so it will be right side up.

SLEEK

Fashion emphasis this summer of 1958 rests squarely on two pretty feet. Legs and feet haven't been in the spotlight like this since the roaring twenties. Gay new shoes, in bright colors and unusual prints, tinted stockings, and most of all, hemlines, short, shorter, shortest have brought all this about.

Now it's up to American women to defend their reputation of having the world's loveliest legs. A little pampering of these neglected extremities is surely in order.

Make a date with yourself for a weekly leg care session: give your-

Dollar Stretchers



LOVE MILK!

It's So Economical

Dairy foods give you 25% of your nutritional requirements for only 15% of your food dollar.

self a good pedicure, and most important of all remove that unsightly fuzz. Sheer stockings simply do not cover up excess hair; they actually emphasize it. But please ladies spare your husband's razor, you will only succeed in creating a bristly stubble and probably a few ugly nicks, as well. Elizabeth Arden's Slick is a much nicer way of solving this beauty

there's only one **SKIPPY**



BEWARE OF IMITATIONS

LOOK FOR THE HAPPY LITTLE DOG

TOPS IN QUALITY! LOW IN PRICE

problem. This fragrant cream is smoothed on, left to dry a few minutes, rinsed away with warm water, and your legs look wonderful! Free of hair and silky soft besides. Works wonders on facial hair too. Slick is as safe for delicate skin as any cleansing cream.



"Country Cousin" Days

Here's a real sweetheart of a flavor. Creamy smooth vanilla...sparkling with bits of old-time, butter-rich candy. Arden makes it lip smakin' good!

BUY LOW

HERSHEY'S - For Toppings or Milk Shakes

Chocolate Syrup
STUFFED OLIVES Penco

1-Lb. Tin **17c**
1-oz. Drained Jar **10c**

BEST FOODS - OLD FASHIONED

French Dressing 8-oz. Bottle **19c**

6 BOTTLE CARTON **Pepsi-Cola** 6-oz. Size Plus Deposit **39c** CARTON

OYSTERS SUNPAKT Small - Whole 2 8-oz. Cans **65c**

ROYAL CLUB - Plain or Iodized **Salt** Large Shaker **10c** EGGS Doz. **29c**

Grade A Small 100% Fresh Local **Milk** Pkg. **59c** TEA Pkg. **47c**

White King SOAP Giant Package **65c**

HUNTS - Giant 15-oz. Tins **Tomato Sauce** CAN **13c** MODOC FREESTONE - No. 303 **Peaches** 3 for **49c**

Fruit Cocktail Hunts No. 300 Tall Tins **2 F O R 39c**

POSTS RAISIN BRAN Giant Pkg. **25c**

FRESH FRUITS & VEGETABLES Oranges 5 Bag **59c** **Bags** Pkg. **10c**

Celery Hearts Bag **19c** **Dog Food** Each Case of 12 Cans **\$1.29**

Tomatoes 2 Lbs. **35c** **COOKIES** Large Assort. Large Packages **29c**

Onions Yellow, Med. Size 4 Lbs. **19c**

Zuchinni **Squash** 3 Lbs. **29c** **Lemonade**

SOCIETE, REAL ORANGE FLAVORED **Orange SLICES CANDY** 2 Lb. Pkg. **49c**

DEL MONTE - Made With Pineapple - Vinegar **Catsup** PERFECT WITH BAR-B-CUE FOODS 2 14-oz. Bottles **29c**

Meats & Poultry

Fryers Frosted Pan Ready **45c** lb.

PORK LOIN ROAST **59c** lb.

PURETA SAUSAGE Smoked Link Pkg. **55c**

Leg O' Lamb **69c** lb.

ARMOUR'S - 3-Lb. Tin **PICNIC** Perfect To Slice Cold **2.39**

PAPER PLATES LARGE SIZE - PAPER TABLE COVER & MATCHING NAPKINS

SILK TOILET TISSUE Your Choice **5c** Each

AMERICAN PEAT MOSS Giant 2 Cubic Feet Bale **\$1.49**

CHILDREN'S COMPLETE FISHING SET SET **98c**

Libby's 6-oz. Cans Sweetened Makes Almost A Full-Quart can **10c**

BUY LOW FOOD CENTER ONE STOP SHOPPING CENTER 1338 Oregon Avenue Parcel Pick-up 9:30 A.M. to 5:30 P.M. POST OFFICE OPEN UNTIL 5 P.M. Money Orders 9 P.M. 1 Day Film Developing