

Herald and News

upstairs and downstairs In Milady's Kitchen

By Florence Jenkins

Editor



HAM and sweet potatoes have a natural affinity for each other. Here is a new recipe idea from the Starlac Division of The Borden Company, for individual ham and sweet potato loaves, enriched with instant Starlac nonfat dry milk and served with mustard sauce.

INSTANT STARLAC ENRICHES FOODS

Ham and sweets—that's a combination which pleases most every palate. So here's a new recipe that brings these two compatible foods together—Individual Ham and Sweet Potato Loaves, enriched with instant nonfat dry milk.

Use left over ham if you have just prepared a large ham for a special dinner, or you can use canned ham, chopped, in this recipe. You will find this a recipe you will want to save.

And the hidden nugget of enrichment in the Individual Ham and Sweet Potato Loaves—Instant nonfat dry milk—is a food that helps you save on your budget. Besides its nutritional value—it is a rich source of protein, calcium, and riboflavin—it is most economical. The family-size package of Starlac instant nonfat dry milk makes 12 quarts of nonfat milk for as little as eight cents a quart. Also, it is available in a one-pound package which makes five quarts of nonfat milk and a pre-measured package which contains three individual foil envelopes, each making one quart of nonfat milk.

Delicate Dessert

Looking for an outstanding dessert? You have it in Muscatel Cream. It's a delicate dessert, not stiff enough to hold its shape in a large gelatin mold. Individual molds, or a shallow pan are better. California Muscatel takes a bow for the exceptionally fine flavor of the "cream." If you want to emphasize that very special flavor, serve small glasses of the Muscatel with the dessert. Your guests will be enchanted.

MUSCATEL CREAM

1 envelope plain gelatin
1/2 cup cold water
2 1/2 cups milk
3 egg yolks
1/2 cup sugar
1/2 teaspoon salt
1-3 cup California Muscatel wine
3 egg whites

Soften gelatin in cold water. Scald milk in top of double boiler. Beat egg yolks slightly, and combine with sugar and salt. Stir a little of hot milk into mixture, then combine with remaining hot milk, and cook and stir until mixture coats spoon. Add softened gelatin and stir until it is dissolved. Cool. Blend in Muscatel wine. Cool until mixture thickens. Beat egg whites until stiff, and fold into gelatin mixture. Turn into individual molds, or shallow pan. Chill until firm. Unmold or cut into squares to serve.

Makes about 8 servings.

Children Need Nature's Most Perfect Food -



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Milk contains more of the needed vitamins and minerals than any other food. Children need 4 glasses each day for perfect development!



ELIZABETH ARDEN'S new Creme Extrordinaire was formulated to re-awaken beauty. Research has taken more than two years. A new and exclusive ingredient balances the over-acid skin, leaving it clear and fresh. This same ingredient fills in the lines, absorbs dry, flaky waste tissues, leaving the skin as radiant and vital as it was meant to be. It is packaged in a porcelain apothecary jar, tinted a delicate pink and crested in gold. The new cream is making its appearance this month.

WAFFLES

Sprinkle chopped California walnuts over waffle batter after it is poured on the iron for toasted strawberry or boysenberry — a walnut waffles. Jam or maple syrup topping may be standard at your house, but for a change try Nalley's pure fruit syrups such as strawberry or boysenberry — a treat worth a repeat.

SILVER ANNIVERSARY

American homemakers have been using Dromedary Gingerbread Mix out of a package for 25 years, so it is entirely fitting that emphasis on the silver anniversary should be given during the birth month of George Washington, because it was from his mother's recipe that Dromedary kitchens formulated its packaged gingerbread mix.

Served warm, topped with

TEA

Tea was first introduced to America about 1650, according to the Tea Council of the USA. The price of tea around 1760 was \$30 to \$50 per pound. The first record of a tea table made in America was the year 1705.

With each piece of the Dromedary silver anniversary service you order, you will receive a gift certificate. Three certificates and a box top entitles you to a silver-on-copper sugar spoon as a bonus gift.



Twenty-five years ago, Dromedary introduced packaged gingerbread mix. The occasion was the Chicago World Fair and Dromedary Gingerbread Mix, formulated from the private recipe of George Washington's mother, has a silver anniversary offer to all of its users. The complete silver service is shown here.

GARNISH

Midwinter glamour touch for the meat platter is spiced golden canned cling peach halves. Just heat the peaches with spices and a dash of vinegar. Even meat loaf looks like party food with this treatment.

Dromedary GINGERBREAD MIX



Dromedary GINGERBREAD MIX



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