

Growing Dogs thrive on **RED HEART**

-the Meat Diet in 3 Flavors



IT'S A FACT: kennel tests prove Red Heart helps all dogs to grow normally, resist disease, keep glossy coats, develop sound teeth and bones, live a complete and vigorous life span.



Protein! Red Heart has all the vitamins and minerals a dog needs—plus good red beef protein. And that's the best kind. Dogs need this vital, life-building protein every day. And they need *variety*, too.

Keep your dog healthy, happy, interested in food by serving the meat diet that comes in three flavors: beef, fish, liver. Serve Red Heart. Stay with Red Heart. Your dog will love the change of flavors.

**RED HEART LETS YOU CHANGE FLAVORS
— WITHOUT CHANGING BRANDS**

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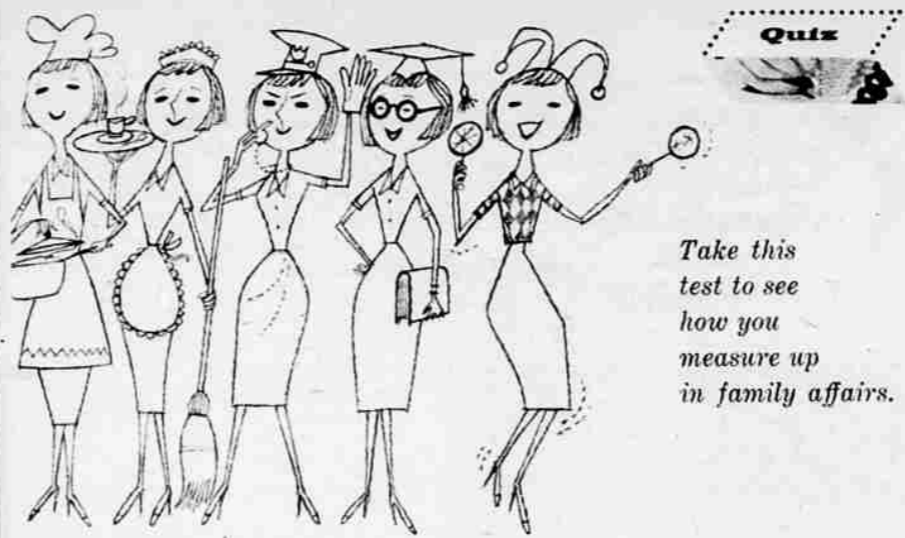
Rate Yourself as a Homemaker

by Walter Duckat

MANY WOMEN fail to recognize the important role they play as homemakers. For despite all the labor-saving gadgets, the first-rate homemaker also needs to be equipped with intelligence, energy, patience, resourcefulness, and the saving grace of humor.

This quiz should enable you to rate yourself as a homemaker and draw attention to areas that can stand improvement. Check the answer which fits best, then consult the scoreboard for your rating.

- When shopping, do you find it difficult to refrain from buying things you don't really need or can't afford?
Usually—Occasionally—Never—
- Do you consider planning meals a nuisance or unimportant?
Usually—Occasionally—Never—
- Do you make it possible for members of your family to really relax at home?
Usually—Occasionally—Never—
- Do you plan and arrange occasions when the family can have fun together?
Usually—Occasionally—Never—
- Do you make a scene when provoked by members of your family?
Usually—Occasionally—Never—
- Are you a peacemaker when bad feelings disrupt normal family relationships?
Usually—Occasionally—Never—
- When trouble arises, do you face up to it calmly and effectively?
Usually—Occasionally—Never—
- Do you buy expensive items without comparing prices in several establishments?
Usually—Occasionally—Never—
- Do you try to foster a reverent attitude towards religion by regular church worship and by encouraging your children to attend Sunday school?
Usually—Occasionally—Never—
- When your husband returns from work, do you immediately unburden the day's problems to him?
Usually—Occasionally—Never—
- Do you try to engage in culturally enriching or socially useful activities?
Usually—Occasionally—Never—
- Would you like your children to pattern most of their attitudes and behavior after yours?
Usually—Occasionally—Never—
- If you're not expecting company, do you consider it unnecessary to dress up just for the family?
Usually—Occasionally—Never—
- Do you wish you could escape the confines of home life and get out into the exciting business world?
Usually—Occasionally—Never—



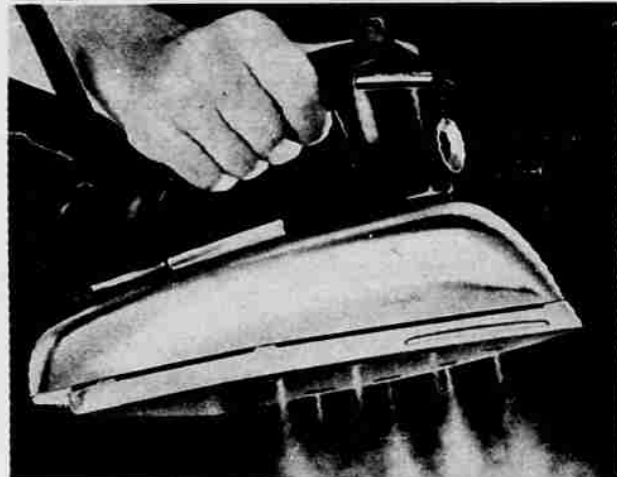
Take this test to see how you measure up in family affairs.

Scoreboard	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Usually	1	1	4	2	1	4	4	1	4	1	4	4	1	1
Occasionally	2	2	2	4	2	2	2	2	2	2	2	2	2	2
Never	4	4	1	1	4	1	1	4	1	4	1	1	4	4
Your score														

If your score is between 50-56, it is excellent.
If your score is between 41-49, it is good.
If your score is between 28-40, it is average.

A score below 28 suggests that your homemaking offers considerable room for improvement.

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