



MRS. JIM HAMMOND, secretary-treasurer of Klamath County Cow Belles, displays Beef Cookery, the National Cow Belles' cookbook on beef.

BEEF COOKERY IDEAL GIFT

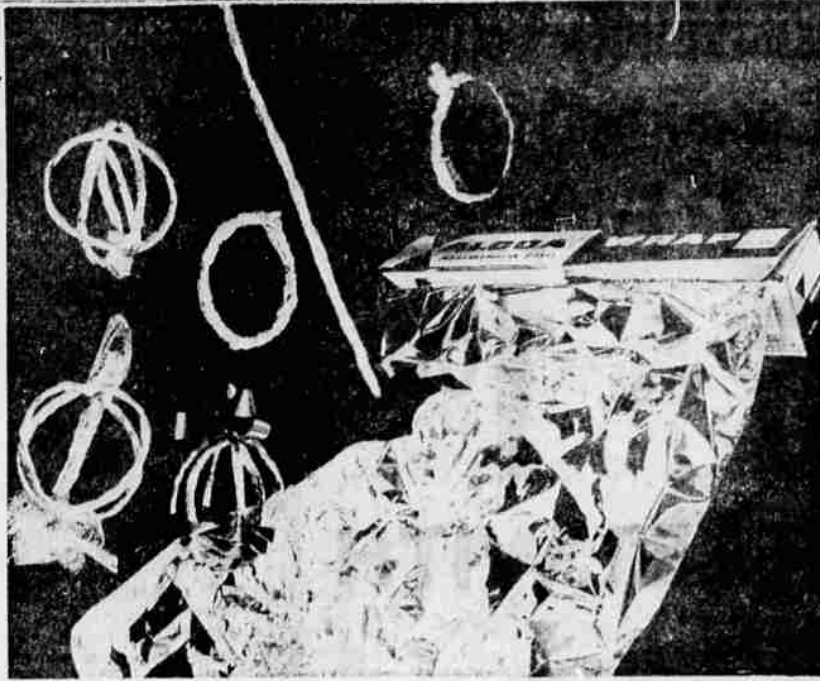
Want to be practical this Christmas?

If you do, the homemakers on your list will appreciate the National Cow Belles' cookbook, Beef Cookery. Copies are available by calling Mrs. Vernon Howard, TU 4-9436, cookbook chairman for the Klamath County Cow Belles, or Mrs. Bill Marshall, TU 4-9422.

The cookbook, prepared by the national women's auxiliary to the cattlemen's association, has tested recipes for cooking beef. There is a good deal of emphasis on using the less expensive cuts of beef, which is particularly appropriate for those who buy a side or quarter of beef at a time and have it cut for locker storage.

The Klamath County Cow Belles also have beef candy, packed by Brown and Haley under the name, Beef Sweet Steaks, for sale.

Beef candy is soon to come out in candy bar form. It was announced at the November Cow Belle luncheon held at the Pelican Cafe.



THE KISSING RING idea has been adapted to use as a sparkling tree ornament. It is very easy and inexpensive to make and just one of the ideas in Alcoa's free booklet on Christmas decorations. For a copy of the booklet, write John C. McComb, Aluminum Company of America, 1501 Alcoa Building, Pittsburgh 19, Pennsylvania.

Tree Decorations

One of the real joys of the Christmas season is the whole family working together, decorating the tree and the home.

Even the tiniest members can lend Santa a hand by making their own decorations for the tree. They can express their talents by "inventing" things to do with Alcoa Wrap aluminum foil.

And it might be fun to plan a tree decorating party for children or friends. Pass around the foil, and let each one use his imagination in making original tree ornaments.

Aluminum foil is easy to work with, and it is as sparkling and festive as any material you can find. It takes no artistry to create tree ornaments of foil. It requires only a little time, and a few other household materials. Here are some easy ornament ideas, from Conny, Alcoa's design consultant, to show you the many possibilities.

MATERIALS

Alcoa Wrap aluminum foil
Spent electric or flash bulbs
Cookies with hole in center
Ribbon

Glue
Razor blade
Gelatatin mold
Water tumbler
Pipe cleaners

Mold a square of Alcoa Wrap aluminum foil over spent bulbs, attach tree ornament hook or ribbon, and hang them on the tree. From strips of double-thick foil 1 inch by 3 inches, make a chain—the kind you used to make in kindergarten—gluing ends together. Wrap a cookie, preferably one with a hole in the center, with foil. Thread a ribbon through the hole and tie in a bow.

A galaxy of stars may be strung about your tree. Make a pattern for a five-point star about the size of a dessert saucer. Cut stars from heavy duty Alcoa Wrap, as many as you want. Make two slashes in the center of each, a half inch apart, with a razor blade. Thread stars on ribbon, then drape the chain of stars on tree branches like tinsel.

Press a square of heavy duty Alcoa Wrap over the outside of an inverted gelatin mold. Trim edges. Braid three 12 inches by 1 inch strips of foil and press into edges of basket as a handle. Or use two strips of foil and one of ribbon. Fill basket with candy, popcorn, tiny Christmas balls or cranberries, and hang it on the tree.

For a kissing-ring ornament cut and crush separately four 11 inches by 12 inches strips of Alcoa Wrap lengthwise. Form each strip into

a circle over a water tumbler, twisting ends together. Slide hoops through each other, and tie a ribbon at top to hang it on the tree. To make a kissing ring, just tie a sprig of mistletoe inside the ornament.

As a tree top, make a large three-dimensional star of heavy duty foil. It can be four, eight, or 16-sided. To make a four-sided star, cut two five pointed stars the size of a dinner plate. Down through the center of each, run a line of glue. Place a pipe cleaner along glue line of one star so that part of the pipe cleaner extends over the edge of the star. Press the second star on top, having glued portion over pipe cleaner. Now, bend out the four sections. Attach to tree by exposed section of pipe cleaner.

For a truly stunning effect, use foil decorations with tree lights of one color, with ribbons to match. Another interesting combination results from the use of all white lights, foil ornaments and all-red or all-gold ribbons.

Special
Bonnie
Cat Food
2¢ OFF
at your grocers now

Expresso Coffee

Americans returning from Europe extol the delights of the coffee houses, so it is not surprising that the popularity of "cafe espresso" is extending to the far corners of this country.

Hostesses who have learned that this aromatic Italian coffee is perfect for after-dinner enjoyment, but who hesitate to invest in yet another coffee maker, will be delighted to know that a new espresso coffee now on the market can be brewed in any coffee maker.

Reese Finer Foods of Chicago, manufacturers and distributors of hundreds of epicurean foods, offers this specially roasted and blended Reese Espresso Coffee. It may, of course, be brewed in an espresso appliance, but fine after-dinner espresso coffee can be achieved with it in any coffee maker.

Using this new coffee, the after-dinner demi-tasse can assume the importance of a dessert in itself, which should be equally attractive to the hostess who hasn't time to prepare an elaborate dessert and to the calorie-conscious guest. Try adding chocolate syrup, a little whipped cream and perhaps a bit of grated orange peel, and you have cafe mocha. The addition of foaming hot milk with an optional dash of ground cinnamon creates Cappuccino. A soupcon of Anisette, brandy, creme de cacao, kirsch or other liqueur gives added interest when the coffee is served black. Obviously only a moderately sweet cookie is needed—perhaps one of the semi-sweet Italian anise cookies—to accompany these exotic but simple coffee variations.

And here's a tip for serving espresso coffee to guests who may not be accustomed to the stronger, more aromatic flavor. Offer a curl of lemon peel impaled on a toothpick as a stirrer.

Max Ries, president of Reese Finer Foods, reminds us that cafe espresso must be served hot. "After you become a real devotee of cafe espresso," he says, "you may find that a demi-tasse isn't enough."

PARFAIT

Place a layer of crushed pineapple in the bottom of a parfait glass, then a layer of vanilla ice cream, then a layer of green creme de menthe. Top with toasted coconut.

If so, try Reese Espresso Coffee in a glass. You'll find it keeps the heat better.

All in all, Americans seem to be joining their European cousins

these days in heeding Talleyrand's famous, if somewhat irreverent, words in praise of coffee: "Black as the devil, hot as hell."

Pure as an angel, Sweet as love. And with Reese Espresso Coffee, Americans can add their own line: "Easy as pie."



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LEARN TO RELAX so the holiday rush doesn't get you down. Plenty of sleep and a few minutes extra soaking time in the tub will do wonders to keep the old flu bugs away, too. The gal in the picture is reveling in Dubarry's new French-touch Deauville Bath Bubbles for extra luxury.

DEAUVILLE BY DuBARRY

Strenuous days ahead call for careful planning and taking a little extra time out to rest yourself. From Deauville, that gay, golden resort on the coast of France—to which you wish you could escape from the humdrum rut you think you are in—comes the inspiration for a new beauty-and-fragrance idea, Deauville Bath Beauties by DuBARRY.

Since the days of Madame Dubarry herself, chic European women have always turned their bath into a luxurious pool of fragrance that lingers about them day and night like a delicious, delightful cloud. It's a lovely habit to acquire and you'll adore the way it makes you feel—pampered, pretty and like maybe life is worth while again.

Deauville's lovely bathing fragrance, a lifting bouquet redolent of rose-geranium, a lighthearted fragrance to wear like a nimbus every day, can be your own personal, perfumed signature.

The delightful fragrance is brought to you in four bathing beauties: blue-green bath salts to soften the skin; bath bubbles to foam up extravagantly; dusting powder to leave the skin velvety-smooth, delicately scented and sparkle cologne for the finishing touch of exquisite, lasting fragrance.

All come in pretty, shell-strewn bottles that express the gay mood of a South-of-France holiday. The new fragrance may well be the gift sensation of the season.

OVERWEIGHT?



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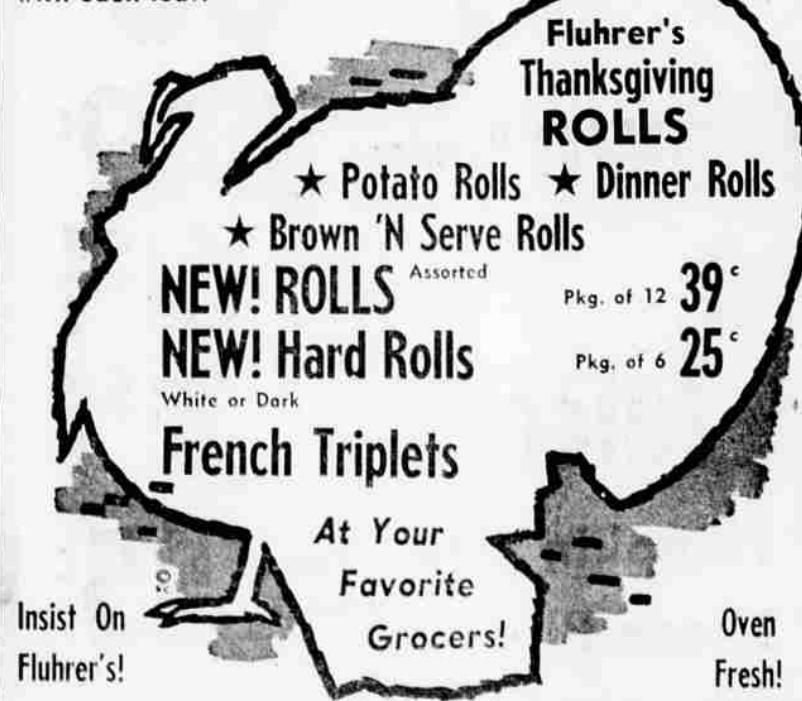


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Sliced for your convenience! Recipe with each loaf.



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39¢ 45¢ 49¢

SWIFT'S PREMIUM Bar-BQ Boned & Rolled
Hams 79¢ lb.
Save 19¢ lb.

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Ehmann's Green Ripe Olives 9-oz. large cans **33¢**
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SUNSHINE **CANDY**
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Whipped Creams 1-lb. 59¢
Asst. Chocolates 1-lb. 79¢
Party Mix 2-lbs. 49¢
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Orange Slices 9-oz. 15¢
Star Mix 12-oz. 25¢

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