

Over and over again—It's the same old story...

Finally a formula that really works



*"I was ashamed to
always be so tired!"*

I ALWAYS felt simply "run down." People were thinking of me as a "spoil-sport." I didn't know why until my doctor put me wise. He told me that I acted like a man much older than myself... and explained why I felt "tired"... why my youthful vigor was slipping away... why my wife and family were beginning to think of me as a worn-out man.

He told me how a vitamin-mineral deficiency in my diet could bring on these symptoms—rob me of the joys of living... and suggested that I supplement my diet with pep-building vitamins and minerals. Thousands of others had found new energy, new youth, new happiness by adding these essential factors to their diet.

Well, I put off doing anything about my condi-

tion—until one day I read the Vitasafe ad in a magazine, offering a 30-day FREE supply of high-potency Vitasafe C.F. Capsules! I figured I had nothing to lose, so I mailed the coupon. When my free supply arrived, I began taking one Capsule a day. In a short time, I began to feel like a new man! My pep and vigor came back, I continued with the Vitasafe Plan—and I felt stronger—younger—more energetic!

Today, no one thinks of me as a "worn-out old man." I've got pep and energy to burn, and I have fun like a fellow half my age! And you may too! Why don't you take advantage of this sensational free offer to see for yourself whether you too can feel peppy and full of life! Accept this no risk offer as I did.

*"Thirty days ago I turned
back the hands of time!"*

IF anybody told me that a little capsule could make me feel 10 years younger in just 30 days... full of pep, energy and happy well-being, I would have thought he was joking. I felt like so many people around me, just all tired out by the day-to-day pressure of modern life. I could hardly keep up with my work. Everything seemed an effort. My friends and family said I acted like an old lady.

Then one day I came across a Vitasafe ad. It explained that many people nowadays may be well-fed and yet be under-nourished because of the lack or destruction of certain vital elements in their food due to storage, processing, freezing, cooking, etc.

It told how thousands of folks who have lost their full vitality because of this very common lack of balance in their diet now enjoy full, rich, happy

lives again—thanks to high-potency Vitasafe C. F. capsules.

Well, since they offered a 30-day free trial supply of this high-potency nutritional supplement, I thought I might as well see whether it could help me. I sent in the coupon. Believe me, that was the smartest thing I ever did.

Now, I have the pep and healthy glow I last had years ago. And I enjoy my work, my family and friends more than I can ever remember.

If you just don't feel 100% up-to-par, you may also be suffering from this common nutritional deficiency. YOU would be smart to see how much younger and peppier you may feel by taking safe, pure Vitasafe capsules. So why not send for a free 30-day supply, right now!



Try These High Potency Capsules Yourself 30 DAYS FREE

You pay only 25¢ to help cover postage and shipping expense to anywhere in the U.S.A.

Safe nutritional formula containing 25 proven ingredients: Choline, Inositol, Methionine, 11 Vitamins (including blood-building B-12 and Folic Acid) plus 11 Minerals

EACH DAILY VITASAFE CAPSULE CONTAINS	
Choline	31.4 mg.
Inositol	15 mg.
dl-Methionine	10 mg.
Vitamin A	15,500 USP Units
Vitamin B	1,000 USP Units
Vitamin C	75 mg.
Vitamin D	5 mg.
Vitamin E	1.5 mg.
Vitamin K	0.5 mg.
Vitamin B ₁	1 mg.
Vitamin B ₂	40 mg.
We invite you to compare the richness of this formula with any other vitamin and mineral preparation.	
SPECIAL FORMULA FOR WOMEN ALSO AVAILABLE. CHECK COUPON IF DESIRED.	



To prove to you the remarkable advantages of the Vitasafe Plan... we will send you, without charge, a 30-day free supply of high-potency VITASAFE C.F. CAPSULES so you can discover for yourself how much healthier, happier and peppier you may feel after a few days' trial! Just one of these capsules each day supplies your body with over twice the minimum adult daily requirement of Vitamins A, C, and D—five times the minimum adult daily requirement of Vitamin B-1, and the full concentration recommended by the National Research Council for the other four important vitamins! Each capsule contains the amazing Vitamin B-12, a remarkably potent nutrient that helps nourish your body organs.

POTENCY AND PURITY GUARANTEED
You can use these Capsules con-

fidently because U. S. Government regulations demand that you get exactly what the label states—pure ingredients whose beneficial effects have been proven time and time again!

WHY WE WANT YOU TO TRY
A 30-DAY SUPPLY—FREE!

So many persons have already tried VITASAFE C.F. CAPSULES with such outstanding results... so many people have written in telling us how much better they felt after only a short trial... that we are absolutely convinced that you, too, may experience the same feeling of health and well-being after a similar trial. In fact, we're so convinced that we're willing to back up our convictions with our own money. You don't spend a penny for the vitamins! All the cost and all the risk are ours.

AMAZING PLAN SLASHES VITAMIN
PRICES ALMOST IN HALF

With your free vitamins you will also receive complete details regarding the benefits of this amazing new Plan that provides you regularly with all the factory-fresh vitamins and minerals you will need. You are under no obligation to buy anything! If after taking your free Capsules for three weeks you are not entirely satisfied, simply return the handy postcard that comes with your free supply and that will end the matter. Otherwise it's up to us—you don't have to do a thing—and we will see that you get your monthly supplies of capsules on time for as long as you wish, at the low money-saving price of only \$2.78 per month (a saving of 45%). Mail coupon now!

VITASAFE CORPORATION, 43 West 61st Street, New York 23, N. Y.