



JUST FOUR INGREDIENTS and 45 minutes and you're all ready to sit down to a meal of individual ham and macaroni muffins. It's ground smoked ham and ground lean pork you'll find in these macaroni muffins. It's a good way to use leftovers says the National Live Stock and Meat Board who provided the photo and recipe.

FRUIT CAKES FOR CHRISTMAS

Many homemakers like to make fruit cakes way in advance of the holiday season. It's a good idea, anyway, because they are nice to serve even as early as Thanksgiving.

Here is a recipe from the California Foods Research Institute of San Francisco for making 18 to 24 little fruit cakes to be used as gifts.

Fruit cake baking season heralds the rapidly approaching holidays. Make a batch or two of "Tiny Light Fruit Cakes" to give away during this festive season. Not too rich, light in color, they're chock-full of raisins, dried apricots and figs, dates, candied fruits and walnuts. These little treats will be welcomed with delight by all those fortunate enough to receive them. Store the little baked cakes in an airtight container or wrap them in heavy foil and set aside in a cool place to ripen and mellow.

TINY LIGHT FRUIT CAKES

- 1 cup light or dark raisins
- 1/2 cup soft dried apricots
- 1/2 cup dried figs
- 1/2 cup sliced pitted dates
- 1 cup diced candied fruits
- 1 cup chopped walnuts
- 1/2 cup shortening
- 1/3 cup brown sugar (packed)
- 1/4 cup light corn syrup or honey
- 2 teaspoons grated orange rind
- 2 eggs
- 1 1/4 cups sifted all-purpose flour
- 1/2 teaspoon salt
- 1/2 teaspoon baking powder
- 1/4 teaspoon each cinnamon, cloves and nutmeg

Rinse and drain raisins and apricots. Chop stems from figs; chop figs and apricots. Combine fruits and walnuts. Cream shortening with sugar. Blend in syrup and rind. Add eggs, one at a time, beating well after each addition. Sift flour with salt, baking powder and spices. Blend into batter. Add fruit-nut mixture, mixing well. Spoon into large muffin pans which have been lined with fluted paper baking cups. Bake in slow oven (300 degrees) about 40 to 50 minutes, or just until cakes are baked. Cool. Sprinkle each cake liberally with Sherry or Muscatel wine, brandy or rum, or fruit juice. Store at least 2 weeks before using in an airtight container.

Makes about 1 1/2 to 2 dozen cakes.

HAM AND MACARONI MUFFINS

Leftover cooked ham finds its way into stuffed peppers, scalloped potatoes, meat loaf and all sorts of things at most of our houses.

This recipe, from Reba Staggs, meat expert, will serve six to eight and in addition to leftover ham, you'll need fresh ground pork. Include a green vegetable, tossed salad and dessert and you have it made.

MUFFINS

- 1 pound ground smoked ham
- 1/2 pound ground lean pork
- 2 cups cooked macaroni and cheese
- 1 egg

Combine all ingredients thoroughly, cutting macaroni into small pieces. Grease 12 small or 8 medium sized muffin pans. Fill pans with meat and macaroni mixture. Bake in a moderate oven (350 degrees) for 45 minutes. Yield: 6 to 8 servings.

CRANBERRY TOPPED BAKED HAM SLICE

Time was when a ham slice was simply broiled or baked and served plain. Breakfast or dinner, it was a favored cut of the menu. Because the center cuts of ham are more expensive, buy a half of ham and have your butcher cut four or five slices from the center for separate servings. (And don't forget to use the bone with dried beans.)

- 1 ham slice, cut 1 inch thick
- 1 cup whole cranberry sauce

There's only one **SKIPPY**

BEWARE OF IMITATIONS

LOOK FOR THE HAPPY LITTLE DOG

TOPS IN QUALITY! LOW IN PRICE

PEPPERMINT FRUIT SLICES

Pink and white with a tang of peppermint, this two-layer gelatin dessert is festive enough for a child's birthday party. Peppermint Fruit Slices are good for youngsters, too, because they're made with canned fruit cocktail—five wholesome fruits from one can.

PEPPERMINT FRUIT SLICES

- 1 envelope plain gelatin
- 1/4 cup lemon juice
- 1 cup hot water
- 6 tablespoons sugar
- Few grains salt
- 1/2 cup syrup from canned fruit cocktail
- 1 cup canned fruit cocktail
- 1 egg white
- Few drops peppermint extract
- Drop of red food coloring

Soften gelatin in lemon juice and dissolve in hot water. Blend in four tablespoons sugar, salt and syrup. Chill one cup of this mixture until slightly thickened. Fold in well-drained fruit cocktail. Chill in loaf pan. Chill remaining gelatin mixture until slightly thickened. Beat egg white until stiff and gradually beat in remaining two tablespoons sugar. Fold into gelatin. Blend in flavoring and tint lightly with red coloring. Pour over clear layer. Chill until firm. Unmold and slice to serve. Makes five to six servings.

LABEL TELLS ALL

The Food and Drug Administration requires that the label on each loaf of bread states the ingredients it contains, thus enabling one to know its contribution to the daily diet. White bread, whole wheat bread, raisin bread, milk bread and enriched bread were standardized by the administration in 1952. All five of these yeast-raised breads must contain flour, water or other specified liquid, salt and yeast.

ZUD REMOVES RUST & STAINS from BATHTUBS - SINKS - BOTTOMS OF COPPER POTS - TILE FLOORS - METALS - AUTO BUMPERS - ALUMINUM - STORM WINDOWS - FREE SAMPLE - ZUD IS SOLD AT GROCERS, HARDWARE, DEPT. FAIRLAWN, NEW JERSEY 10 CENT STORES

SCIENCE

A new chemical has been developed which virtually rot-and-mold-proofs the cotton fabrics to which it is applied. It is expected to be used initially on such items as military uniforms, tents and hotel linens. All will remain completely washable in hot soap or detergent suds and are said to retain their mold-proof qualities no matter how many times they are washed.



A SPECIAL OFFER is being made for a limited time by Starlac, Borden's nonfat dry milk solids which is available in the one pound package (which makes five quarts of fluid milk) or the large economy size. Starlac is offering a new unbreakable plastic pitcher for 50 cents and one Starlac box top. Currently, too, Borden's five-ounce jar of instant coffee is featuring 20 cents off regular price. The five-ounce jar will make up to 100 cups of coffee. There is no waste and no left over coffee when you use instant. Both products are on your grocer's shelves.

MAIZE

Did you know that maize is the spicing made from the outer coat of smidgen in meatloaf if you like it.



BE SURE TO SERVE POTATO CHIPS TO YOUR TRICK OR TREATERS



Coca Cola 6 Bottle Carton Plus Deposit **39¢**

Turkey & Noodles Lynden Pt. Size 14-oz. Jar 2 for **49¢**

Tide Giant Package **69¢**

FRISKIES Dog Food - New Giant 26-oz. Tins 2 for **33¢**

Maxwell House Coffee And All Other Brands **89¢ lb.**

Beef Stew Armour's Big 24-oz. Tin **49¢**

KRAUT Royal Club, Aged Right 2 303 Tins **25¢**

CATSUP Gallon Size No. 10 Can **98¢**

Cake Mix Cinch Complete 2 Pkgs. **49¢**

GARDEN FRESH PRODUCE

Parsnips 3-lbs. **29¢** **CELERY** Large - Crisp - Stalks 2 for **29¢**

Turnips 39¢ **YAMS** 6-lbs. for **39¢** **Potatoes** U.S. No. 2 - Washed Large sized 50-lbs. **98¢**

Libbys - Fresh Frozen Strawberries 2 10-oz. Pkgs. **39¢**

MILK Mcdo-Bel Homogenized Half Gal. **50¢**

Wax Paper Zee 100' Rolls **17¢**

U.S. POST OFFICE

E G G S 100% FRESH LOCAL YOU CAN BOIL BAKE OR FRY WITH THESE TEST THE FRESHEST Med. AA **49¢ doz**

FOOD CENTER BUY LOW 1338 Ore. Avenue

BUTTER BROOK-FIELD PACKED IN 1-LB. WAXED CARTON WRAPPED CUBES FOR EASIER SERVING FRESH DAILY **69¢ lb.**

Top Quality Fresh Meats

HAMS Morrell's Ready To Eat Picnics 4 to 6 lb. Average **45¢ lb.**

BEEF STEAK Buy Low Budget - Round Rib Sirloin **69¢ lb.**

SLICED BACON Morrell's Frontier 2 lbs. **\$1.29**

PORK or VEAL Budget Special - Shoulder Steak **55¢ lb.**

GROUND BEEF Fresh 3 lbs. **\$1.00**

Corn Beef Lean Meat - Hereford 2 Square Tapered 12-oz. Tins **69¢**

Wheaties Giant 12-oz. pkg. **19¢**

Yes Facial Tissue Box Lg. 300 Count **19¢**

Bamboo Rakes Sturdy Leaf Rakes **23¢ ea**

Tomato Soup Campbell's Tall 10 1/2-oz. Can **10¢**

Shortening Denco 3 lbs. **59¢**

SYRUP Dude Ranch Half Gallon **89¢**

Margarine South Maid 3 lbs. **59¢**

Peanuts Fresh Roasted Pound **29¢**

BETTER BUY, TOILETRIES

New Low Price!
BRUCE
self-polishing wax

79¢ QT.
Formerly 98¢



Guaranteed equal or better quality than any other brand at any price!

FOR FLOORS USE BRUCE - Cleaning Wax - Paste Wax Floor Cleaner - Asphalt Tile Cleaner - Asphalt Tile Wax