



A GEM OF A SALAD for fall entertaining is this California Jewel Salad. It features lime-flavored gelatin blended with sour cream, chopped cucumber and a happy union of seasonings for the bottom layer. The top layer of lemon-flavored gelatin is studded with avocado and grapefruit sections. Photo and recipe are courtesy of General Foods.

JEWEL SALAD

Appetizing entree salads star at buffet menus—especially beautifully molded gelatin salads. California Jewel Salad, in all its shimmering beauty, served with shrimp and avocado slices, makes a hearty entree and a striking food attraction as well.

Prepared in two layers, it blends lime-flavored gelatin with sour cream, seasonings and chopped cucumber for the bottom layer. This is crowned with a top layer of sliced avocado and grapefruit sections molded in lemon-flavored gelatin. Here's a salad that tastes as good as it looks!

CALIFORNIA JEWEL SALAD

Layer I
1 package lime-flavored gelatin
1/2 teaspoon salt
1 cup hot water
Grapefruit juice and water to make one cup
1 cup drained and diced grapefruit, free from membrane
1 cup sliced avocado
Dissolve lime-flavored gelatin and salt in hot water. Add grapefruit juice. Chill until slightly thickened. Then fold in diced grapefruit and avocado slices. Pour into a two-quart mold. Chill until almost firm.

Layer II
1 package lime-flavored gelatin
1/2 teaspoon salt
1 cup hot water
1 tablespoon vinegar
1 teaspoon onion juice
1/2 teaspoon Worcestershire sauce
1 cup heavy sour cream
1 cup drained finely chopped cucumber
Dissolve lime-flavored gelatin and salt in hot water. Add vinegar, onion juice, and Worcestershire sauce. Chill until slightly thickened. Fold in sour cream, blending thoroughly. Chill until firm. Unmold on salad greens. Garnish with avocado slice, if desired. Serve with marinated cooked shrimp. Makes 6 to 8 servings.



SWEATERS are designed this season with the teen in mind. Regal's bulky woolknit, embroidered with colorfully spaced buds, is the answer to the junior sweater girl's active needs. Three-quarter sleeves can be worn straight or cuffed. Teamed with matching mittens and hood, she is off to the skating rink in comfort and style, or to football games or pep rallies. Photo courtesy of Woolknit Associates, Inc.

VEGETABLES

Chopped, toasted Oregon filberts with melted butter or sour cream make a delicious and different topping for your favorite green vegetables—green beans, asparagus, broccoli. Combine with vegetables just before serving so that nuts will be crisp and flavorful.

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NEW CHAMOIS CUTS WORK

A familiar, but sometimes neglected, household aid is chamois now brought into new prominence as a result of technological developments which have made it "the greatest boon to the housewife since the invention of soap."

The above quotation is taken from a summary of a report by the laboratory of a leading university, which found that the new chamois cuts one-half hour from the time required to polish all the furniture in an average home. The new chamois—which carries a seal stating that it is "Genuine Chamois Conforming to U.S. Government Specifications"—is the culmination of five years of joint research by the tanning industry of this country. It is made from selected skins which are specially oil tanned to produce the soft, supple feel that gives a high gloss to both wood and glass surfaces. To take advantage of this time-saving device, here are a few hints for housekeepers and car-cleaners (husbands) garnered from experts:

After you have applied wax or oil polish to your furniture, a gentle polishing with chamois as you dust will keep the furniture glowing for weeks. Rub gently so that the millions of tiny sueded fibers in each piece of chamois can do their work. This continuous rubbing will bring up the grain in your furniture—but will not harm the finish, since chamois is free of abrasive chemicals or other substances.

When washing windows or mirrors dip the chamois into the soapy water and then wring about two-thirds dry. A single wiping should clear off all grime, unless the glass is unusually dirty. Then re-dip the chamois, wring out completely and wipe the window. You will have to do this only once per window, since U.S. Certified chamois is unusually moisture absorbent, and will soak up excess water without leaving streaks or trails of drops.

The above procedure should be followed in washing down the family car. It is a relative painless way of getting both finish and windows to gleam. You'll also find that most times a dry rub-down with the new chamois will be sufficient unless the car has picked up a lot of road grime.

The rock-and-roll set, as well as hi-fi enthusiasts, will also welcome a piece of the new chamois. Its soft fibers will not scratch phonograph records, yet will wipe them free of dust that destroys record grooves.

In case you were wondering, chamois is made from a sheep skin which has had a thin layer of top grain removed, in order to increase its absorbency. Way back, chamois was tanned from the skin of a "chamois," an Alpine mountain goat. But they're not around anymore in any number.

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Noodles American Beauty **1ge. pkg. 29¢**

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Cut Macaroni American Beauty **24-oz. pkg. 33¢**

Dog Food Begmore **1-lb. tins 4 for 50¢**

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Small Salad Size

Tomatoes 2 lbs. **15¢**

Peppers lb. **10¢**

Apples Yakima Jonathan 1/2 box **\$1.59**

Cranberries Ocean Spray Cello Bag **23¢**

Fresh Egg Plant lb. **10¢**

Tokay Grapes lb. **10¢**

MAZOLA OIL For Salads or Cooking **Qt. 59¢**

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Kellogg's Corn Flakes 8-oz. Pkg. **17¢**

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