

IF YOU'RE A TEENAGER

... With your rapid growth, your hectic pace of living, and your complexion problems ...



YOU NEED MILK!

Right now you're developing fast ... bones and teeth
and body tissues are growing ... you're burning
energy like mad. Milk is the finest source available for
ingredients to help you — calcium, vitamins, calories,
proteins. You'll like milk's cool, refreshing taste, too!

4 Glasses of Milk Each Day!

