THIS SLIM-JIM sweet is a treasure to round out a low-calorie menu because it is made with low-calorie pudding mix. It is a thing of beauty when served up in the manner suggested here by General Foods D-Zerta Vanilla Pudding department.

Treasure Island

With so many interested in watching caloric intake these days, pretty desserts made with low-calorie pudding mix are the perfect final touch for a dinner or supper menu.

The one pictured, made with D-Zerta Vanilla Pudding Mix, satisfies that craving for sweets, yet adds only 99 calories to the meal. Serve it to climax a low-calorie meal which might consist of broiled lamb chops, carrots and peas, tomato and lettuce salad and rye crisp (if you must have bread).

TREASURE ISLAND

1 egg white
1 tablespoon sugar
3 tablespoons (48 grams) sieved prunes
2 envelopes low-calorie vanilla pudding
2 cups milk

Beat egg white until foamy, add sugar, and beat until stiff peaks will form. Mix in prunes. Spoon into parfait glasses, tilting each glass and lining only one side of glass with mixture. Chill.

Meanwhile, add pudding powder to milk in saucepan, stirring until well blended. Heat and stir until mixture comes to a full boil. Cool to room temperature. Then pour alongside the prune mixture in parfait glasses. Chill, if desired. Makes 4 servings.

About 99 calories a serving.

HOT MUFFINS

Now you can serve muffins piping hot from the oven with only the cooking to be done during meal preparation. The new Betty Crocker Cook Book says to mix and fill the muffin cups ahead of time. Cover with waxed paper or aluminum foil and refrigerate until nearly ready to serve, then bake.

Yummy Pie

At the luncheon at the Winema Hotel for Mrs. Douglas McKay on October 10, Mrs. Carl A. Young told the women at her table how she makes a pie that her family enjoys.

Prepare a crust and bake it. For the filling, whip ½ cup of heavy cream, adding ½ cup confectioner's sugar and one 3-ounce package of Philadelphia cream cheese and put in the baked, cooled crust.

Then top this with Lucky Leaf cherry pie filling which is available locally and comes all ready to serve.

The Lucky Leaf pie filling has a beautiful glaze and she serves the pie after it has been chilled in the refrigerator.

CHEESE

Grated Parmesan and Romano cheese can be used interchangeably in recipes.

TASTE TRY

New foods should be given to children in small amounts — and one food at a time, to overcome the child's instinctive dislike for something unfamiliar.

President Eisenhower's Favorite Cake Recipe

Last Saturday 'Ike Day' celebrations were held all over the nation.

Mrs. Charles P. Howard, vice chairman of the National Ike Day Committee, has released the recipe for President Eisenhower's favorite cake for publication.

THE CAKE

Half cup butter
Two cups of sugar
Three eggs
One cup sour milk
2½ cups sifted flour
One teaspoon baking soda
One teaspoon baking powder (rounded)
Two-thirds cup cocoa (Dissolved in half cup of boiling water)
One-quarter teaspoon salt
One teaspoon vanilla

DIRECTIONS

Sift flour, soda, baking powder and salt; cream the shortening, slowly beat in sugar, add egg yolks and vanilla. Add cocoa, add flour mixture alternately with the milk. Fold in stiffly beaten egg whites. Pour into two greased layer cake tins. Bake 25 minutes in 375 degree overn . . . or: Use greased 9-inch square tin and bake 45 minutes in a 350 degree oven.

SEVEN MINUTE FROSTING

Two egg whites unbeaten
One and a half cups sugar finely sifted
One-half teaspoon cream of tartar or two teaspoons light corn syrup
Few grains of salt
One teaspoon vanilla

DIRECTIONS

Combine ingredients in top of double boiler; stir until sugar dissolves. Then place over briskly boiling water. Beat with egg beater until stiff enough to stand in peaks—six to 10 minutes. Add vanilla, beat until thick enough to spread. During cooling — keep sides of double boiler cleaned down with spatula. With an electric beater the process may take as little as four minutes.

Listen To The Mystery Voice Over KFJI Every Monday - 7:30 a.m.

IT REALLY GOES FARTHER, TOO!

Take it from me.
DRINK Klamath Basin Grade "A" MILK
Because . . .
Milk helps keep your natural beauty. It enhances your appearance and personality with health and energy. Drink 3 glasses of milk each day!

ALUMINUM Storm-Screen Doors
GOLD SEAL
ONLY 54.50 complete with screens
★ HEAVY EXTRUDED ALUMINUM
★ STAINLESS STEEL HARDWARE
★ KEY-LOCK AND DOOR CHECK
★ ALUMINUM SCREENS
Phone FREE DEMONSTRATION In your own home
$5 Down $5 Per Month
Basin Bldg. Materials
4784 So. 6th Ph. TU 2-2563

not too hot...not too bland!
DENNISON'S® CHILI
Slow-simmered for real home-kitchen flavor!

It tastes just right...chock full of tender chunks of real beef! Plump, rich beans! Sensationally spiced sauce . . . prepared from an old recipe and slow-simmered for flavor!

Buy Dennison's Chili Con Carne with Beans —in the economical family size or convenient regular size. Also be sure to try Dennison's Plain Chili, too. They're both delicious!

PICK-O-THE CROP!

Just arrived! New pack quality canned fruits and vegetables for jiffy open 'n' serve meals . . . Restock your pantry with these convenient one-dish dinners at seasonal low, low prices.

Fresh Fruits & Greens
U.S. No. 2—Large Size Potatoes 25 LBS. 55c
GREEN ONIONS or Radishes 3 bun. 14c
Deep Red, Eastern Cranberries 23c lb.
For Jack O' Lanterns Pumpkins 10c ea.

MEATS
Swift's Brookfield Link Sausages 2 lb. 1.29
Free Refrigerator Dish
Shoulder Cut and Sirloin Veal Steaks 49c lb.
U.S.D.A. Good and Choice Rib Steaks 55c lb.
Swift's Oriole Sliced Bacon 1-lb. Cello 53c lb.
Famous Brands—Ready to Eat HAMS Swift's Armour's Morrell's 55c lb.
WHOLE or SHANK END

Royal Club - Dainty Dimple Peas 5 No. 303 Tins 98c
Royal Club - Cream Style Corn 6 No. 303 Tins 98c
All-Purpose 3 lbs. Shortening 49c
CALIROSE MIXED, NO. 303 Fruit For Cocktails or Salads 6 Tins 98c
Specials for Thurs., Fri., Sat., & Sunday. Open 'til 9 P.M. every day.

Milk Chocolate Covered Cherries 49c 13-oz. Box
Marshmallows Wonder Food 1-lb. Package 25c
Carnation Giant 8 Quart Milk 59c
Deep Brown Beans 5 LIBBY'S No. 2½ Tins 98c
Old Fashioned Chocolate Drops 22-oz. Bucket 49c
WESTERN CHILI 6 Tall Tins 98c
BREAD Supreme Large Loaf 28c
GREEN BEANS PARTY CUT 10 No. 303 Tins 98c
KOUNTY-KIST WHOLE KERNEL CORN 6 12-oz. Tins 98c
For Treats It's No Trick to Serve The Best. Societe - Sweets - Hersheys - Chicklets - Wrigleys - Many Others At Low, Low Prices.
WELCH Grape Juice 24 Oz. Bottle 29c
Medo-Bel Milk Half Gallon 49c
Three Sisters Sliced BEETS 10 No. 303 Tins 98c
LUCKY LEAF - APPLE Pie Filling No. 2 Tin 29c
Hunts or Party Peaches Halves or Sliced No. 2½ Tins 4 FOR 98c
Ghiradelli - Chocolate Dainties 2 6-oz. Pkgs. 29c
CINCH Complete CAKE-MIX 4 Kinds Your Choice 23c Package
Fleishmans Yeast With Coupon On Page 17 3 Packages Dry 5c
Zee-Tissue Asst. Colors 4 Rolls 33c Pkg.
Please Dog Food 12 Tall Tins 98c
NEW - Soap Dish SPONGES Large Size 29c
TOYS Select Now New Xmas arrivals Daily. Lay-A-Way Now - Pay Later!
A Lasting Lustre AEROWAX Self Polishing Qt. Tin 49c
Grade AA Large EGGS Doz. 59c
CENTENNIAL White or Yellow POPCORN 2 Lb. Pkg. 29c It Really Pops
FOOD CENTER BUY LOW 1338 OREGON AVE.
Peanuts White House Blanched, Salted 8-oz. Tin 29c
White House COFFEE Drip or Reg. lb. Tin 89c
Party - Sweet PICKLES Whole 22-oz. Jar 39c
Campbell's Beef - Chicken & Mushroom SOUP 6 CANS 98c
FREE TRICK OR TREAT BAGS With Any Two Packages Posts Cereals
U.S. POST OFFICE ☆ STRAW — FEED PRESTO LOGS