



BREAKFAST for a "souper-scholar" is a very important part of his day's nutrition. If he just "isn't in the mood" to eat breakfast, try serving soup to remedy the situation. Children are inveterate experimenters and are intrigued with the comforting hot liquid that wakes up their digestion. It also protects them against that empty feeling in the middle of the morning.

Breakfast Soup

A dollar, a dollar, a souper-do scholar.

Their schooldays are happy and bright.

The breakfast they eat

Puts them right on their feet

It's soup that starts the day right.

(This is a poem sure to win no prizes, but the message is brimful of soundness.)

And soup on the breakfast menu is one food that has made sleepy appetites open their eyes. Children and teenagers particularly are intrigued with the thought of this comforting hot liquid at an off-beat time of the day. As a result, more and more mothers are serving easy-to-fix soup for children of school age. They know that they can depend on such wholesome filling food to heat the "inner-man" and pay off in charge of get-up-and-go alertness.

Complementary service of morning soup is an important element in appetite persuasion. Heartly soups or those with a thick consistency are best served in oversized cups or bowls, while the all-liquid soups may be appealingly

presented in mugs or cups which provide greater ease of drinking.

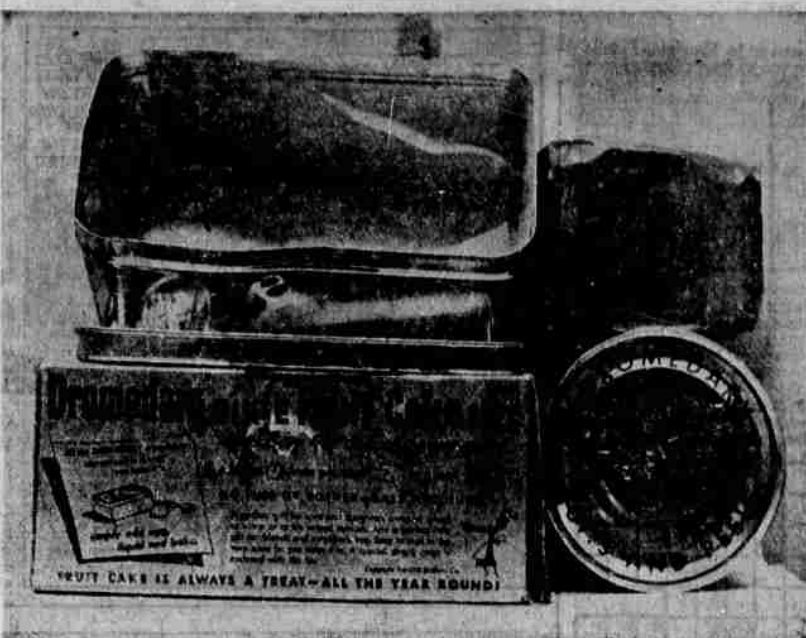
What to serve with breakfast soup? Here's a menu sure to please young students... cream of celery soup served in a mug, raisin-bran flakes and scrambled egg pizza.

The raisin-bran flakes need less sweetening than other cereals, because the raisins are rolled in honey and then in sugar. With a sprinkling of brown sugar or maple syrup, it becomes a special flavor treat.

SCRAMBLED EGG PIZZA

- 2 tablespoons butter
- 1/4 cup cut-up dried beef, freshened and drained
- 4 eggs, beaten
- 1/2 teaspoon salt
- Dash of pepper
- 3 tablespoons light cream
- 3 tablespoons cottage cheese
- 2 English muffins, split and toasted

Heat butter in a skillet. Frizzle beef slightly. Lightly mix together, eggs, seasonings, cream and cottage cheese. Pour egg mixture into skillet. Mix with beef. Cook slowly over low heat, lifting with a spoon from bottom and sides of pan as mixture sets. Spoon mixture onto muffin halves and serve at once. Makes 4 servings.



DROMEDARY Dixie Fruit Cake Mix is packaged for the convenience of those who like to make fruit cakes for gifts. The mix is in its separate waxed paper package; a tin of Dromedary fruits and peels is included and they are in a baking pan, complete with waxed paper liner. Just add an egg and the liquid called for in the recipe, pour the mixture into the pan provided for baking and bake. When the cake has cooled, put a piece of waxed paper over the top, cover with the cake can lid, put back into the cardboard carton, wrap and it is ready for mailing anywhere. Packages for boys in military service overseas must be put in the mail, very soon in order to insure delivery in time for Christmas.



HARD-COOKED EGGS combine with quartered tomatoes for a dinner salad. Plan to use tomatoes—lots of them—while they are at their best. Photo and recipe suggestions are from Good Seasons Salad Dressing Mix.

Dinner Salad

Stuffed eggs are a year around treat and served in salad with quartered ripe tomatoes, dressed with Good Seasons Salad Dressing, you have a luncheon or dinner salad full of goodness and nourishment to go with a lighter entree. Stuff the eggs by adding minced seafood, celery and pepper to the yolks, with just a touch of dry salad dressing mix for seasoning. You'll say this flavor combination is something to sing about! Serve the stuffed eggs on individual salad plates in an arrangement of quartered tomatoes and lettuce with a garnish of water cress. Let the family help themselves to a delicate dressing made from a salad dressing mix and they'll say they wish the Easter bunny came more often!

- SALAD SUPREME**
- 1/2 package Old Fashion French salad dressing mix
 - vinegar, water, oil
 - 6 hard-cooked eggs
 - 1/2 cup canned tuna fish, drained and flaked
 - 1/2 cup finely chopped celery
 - 1 tablespoon chopped green pepper
 - 1 1/2 teaspoons dry Old Fashion French salad dressing mix
 - 2 tablespoons mayonnaise
 - Water cress
 - 3 tomatoes
 - Mixed dressing

Combine salad dressing mix, vinegar, water, and oil as directed on the bottle or package.

Slice eggs in halves lengthwise; remove yolks and chop fine. Mix chopped yolks with tuna fish, celery, and green pepper. Combine 1 1/2 teaspoons of the dry dressing mix with mayonnaise and add to egg yolk mixture, mixing well. Pile into the egg white halves. Chill. Cut each stuffed egg in half again, and arrange quartered tomatoes and eggs on crisp lettuce. Garnish with sprigs of water cress. Serve with the mixed dressing. Makes 6 servings.

there's only one

SKIPPY

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LOOK FOR THE HAPPY LITTLE DOG

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When you're going away, if for a weekend or a week, never forget to put a sweater in your suitcase. Weather can change overnight practically any place in this country. And it usually does.

If there's a newcomer in the neighborhood and you wish to make friends, call on her and set a definite time for her to visit you.

If the fellow ahead of you is slow to start when the traffic signal changes—refrain from that impulse to lean on the horn. Recall how irritated you get when a horn-happy motorist is behind your car.

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