

upstairs and downstairs In Milady's Kitchen

By Florence Jenkins Editor

Herald and News



GRACEFUL GOBLETS filled with homemade jelly make a handsome holiday gift and one that is sure to be well received by many on your list. Make yours now while grapes are at their best.

Goblets Of Grape Jelly

You know how every year you resolve that you'll have all your holiday gifts ready ahead of time? Then, somehow, October slips by, November races to the past and another hectic Christmas Eve is upon you. How about keeping the resolution this year by starting right now?

We have a suggestion which should take care of a large part of your gift list. Fill pretty crystal water goblets with homemade grape jelly, decorate them with ribbons and artificial grapes and present them in pairs on tiny silver trays or in larger quantities in beribboned baskets.

Not only will this clear, sparkling spread make an attractive gift but it should prove a most welcome one since it is one of the nation's most popular jellies.

Concord grapes, which make the best jelly, will be at their best during the next several weeks, another reason for getting to work right away. And, really, you'll find it less work than fun, if you heed the following pointers:

1. Fruits should be fresh, just ripe or a little under ripe.

2. To obtain a clear jelly, allow juice to drip through cheese cloth bag; do not squeeze bag when extracting the juice. A second extraction of juice may be made by squeezing the bag; the jelly resulting from it may have a slightly cloudy appearance.

3. The "jellying" point is reached when two large drops will form along the edge of the spoon, one on either side. When these two drops come together and fall as one drop, the jelly is ready.

4. Best results are achieved when 4 to 6 cups of juice are prepared at a time.

5. Jelly should be cooked quickly at a full, rolling boil to preserve color and flavor.

6. Sugar in jellies, jams and preserves is needed as a preservative as well as a sweetening agent.

GRAPE JELLY
4 lbs. grapes (2 quarts pulp)
1 cup water
5 cups sugar
1 tablespoon lemon juice
Wash, stem and crush grapes. Add water. Boil slowly, about 15 minutes. Strain juice by allowing

to drip through a jelly bag or a colander lined with several layers of cheese cloth. (Note: By squeezing pulp in bag, an additional pint of jelly may be obtained. Though possibly cloudy in appearance, it will be similar to first extraction.)

Add sugar. Boil rapidly until jellying stage is reached. Pour into jelly glasses, seal with paraffin and cap.

Yield: 1½ pints first extraction, 1 pint second extraction.

FRESH PEACH JELLYCAKE

Use pineapple flavored gelatin or plain gelatin using pineapple juice for the liquid. For an 8-inch square cake pan you'll need to use two packages of the flavored gelatin. Fill the pan about 1-3 full of the gelatin mixture, place in the refrigerator to chill, reserving the remainder of the gelatin at room temperature. Slice two large fresh peaches and arrange on the chilled gelatin. Pour the remaining gelatin over the peaches and return the pan to the refrigerator until the gelatin has set. Unmold and serve with sweetened whipped cream and peach slices.

Bathroom Remodeling

Careful attention should be given the choice of color when redecorating or modernizing an old bathroom, says the Plumbing Fixture Manufacturers Association. Color can make a bathroom appear spacious or crowded, cluttered or neat, warm or cold.

Usually, the choice of fixture, accessory, and wall colors will depend on whether the bathroom is large or small.

A small bath needs light colors to create the illusion of spaciousness and to make the ceiling seem higher. Use the same color on the walls, window trim, and doors.

A large bathroom will appear to shrink when dark colors are used. Dark shades also make a ceiling appear lower. The color of the door and window frames may contrast with the walls in a large bath.

Despite the size of the room, don't use more than three bright colors. Because plumbing fixtures come in soft pastel shades they can either match or blend with the main decorator color.

Fixtures are available in colors such as pink, deep red, green, blue, gray, suntan, yellow, ivory and white.

Pink is the most popular fixture color among home owners. Blue and green are close seconds and gray is next in popularity.

LUNCHBOXES

Remember that a lunch box should supply a nourishing, interesting noontime meal. Select sandwich fillings with care, choosing those which "keep" well during the morning hours. Vary them from day to day. If a lettuce leaf or tomato slice is to go into the sandwich, wrap it separately to keep it crisp.

Be sure sandwiches are always made with enriched bread, which assures your youngster three B-vitamins and food iron. If you have a reliable thermos, you can pack hot beverages, soups, chili or stews.

Small plastic containers enable you to include fruit or gelatin salads. Every so often, tuck a surprise into the lunch box — a frosted cupcake, wrapped hard candies or a favorite fruit.

Making peanut butter sandwiches go into a lunchbox? Give the spread a new flavor by sweetening it with honey. Then perk it up with a little grated orange rind and chopped ripe banana.



THE DRESS, not the posture, is recommended for campus, career or casual living. The pencil slim sack dress by Vago is made of no muss, no sag worsted wool jersey, trimmed with smoke pearl buttons and contour leather belt.

OFF-TO-WORK

A fine sendoff for the office members of your family would be a breakfast of hot tomato soup in a mug followed by grilled bacon and toasted muffins. Send the youngsters to school with a good breakfast foundation—it pays dividends in health and scholastic achievement.

Take it from me.



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TEASER
Here's a before dinner cocktail to rejuvenate the laziest appetite. Combine 1 can (1½ cups) condensed consommé, 2¼ cups tomato juice, 1 teaspoon prepared horseradish, 1 teaspoon grated onion. Chill and stir well before serving. The recipe makes seven servings of four ounces each. Good nibbly companions are crisp crackers and cubes of sharp cheese.

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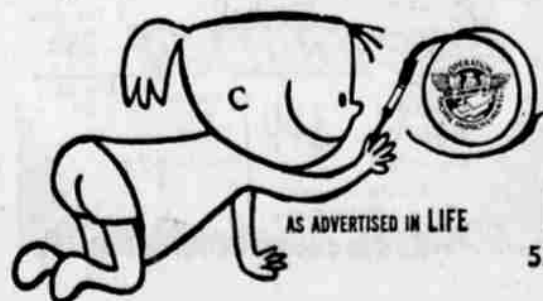
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