

LOVELY SKIN

Would you like to be free, really free, of ugly blemishes and blackheads? Not for just a week or month, but permanently? You can, you know! Whether you are a teen-age boy or girl, or a mature person, this is not just an empty promise! For at last, a world famed beauty authority, Elizabeth Arden, has planned a scientific "diet" for the skin, a plan so carefully formulated, so thoroughly tested that Miss Arden can promise you a skin as lovely and clear as porcelain if you will but follow the step-by-step instructions she has prepared for you!

To make it easy for you, Miss Arden has packaged together eight wonder-working preparations in an exquisite little kit. In this one convenient box are the carefully chosen, scientific preparations you must have to achieve the results you want. For Miss Arden knows that no one, or even two creams or lotions will treat the deep-seated conditions that cause ugly pimples, blackheads, or oiliness, the distressing symptoms of a troubled skin, nor would she permit a treatment bearing the Elizabeth Arden name to be distributed unless she was personally convinced of its true effectiveness. Therefore, she has planned a complete program that will combat effectively not only the outward symptoms of a blemished complexion but the inner causes as well!

Included in this special kit is a deep cleansing lotion, especially formulated to cleanse far below the surface of the skin, dissolving deeply embedded "soil" and "floating" it to the surface where it is easily removed; a little poultice of fragrant herbs which, when warmed in milk and pressed on the skin, draws those ugly blackheads out of the pores; a medicated cream to heal and soothe angry blemishes; a tonic cream that brings clean blood to the surface of the skin, stimulating circulation and carrying away waste matter, the underlying cause of all bad skin; and a wonderfully effective masque that cleans and tightens pores.

Miss Arden has also included a special cream to improve the texture of the skin. Applied overnight, coarse bumpy complexions take on a satiny smoothness. There is also a lovely citrus-scented lotion which when applied before make-up, stops facial perspiration and keeps skin smooth and soft as a petal. Finally, there is a wonderful soothing lotion (in complexion colors) that acts as a perfect powder base while continuing its good work.

The entire plan is carefully outlined for you in an attractive little booklet included in the Elizabeth Arden Blemished Skin Kit.

DARK COTTONS

Cotton offers a versatile selection of between-season fashions to be worn now and through the fall season. Popular dark colors are gray, black, brown, burgundy, reds and dark blues and greens. With white accessories they look like late summer; change to black shoes, bag and hat and you have a fall outfit.

SNACKS

These can be prepared in advance for that second round of beverages and make a hit as a rule with both men and women. Cut bread in fingers, removing crusts if you wish. Spread lightly with butter, then add chopped cooked ham or chopped raw bacon and top with grated cheese. Slide under the broiler just long enough to melt the cheese and serve hot. (It is also a good way to use up hard ends of cheese, cheddar, mozzarella or Swiss, or you can use the already grated packaged cheese if you wish). A dash of paprika adds a little extra zing.

TABLE CLOTHS

New plastic table cloths, made with a "linen" look, reduce laundering to practically nothing at all. Some of these plastic cloths have a flannel backing that makes a table pad unnecessary. You can either wipe them clean with a sudsy cloth or you can put them into the washing machine.



HELP for the blemished skin is found in Elizabeth Arden's new kit of eight carefully chosen, scientific preparations gathered together in a Blemished Skin Kit to make it easy to achieve a radiant, blemish-free complexion.

SAVE STEPS

To save steps, have enough mops, brushes, cloths, soap and scouring powder to keep a complete cleaning kit wherever you are going to need it — one in the kitchen, another in the bathroom and perhaps a third in the laundry. A hall closet, convenient to several rooms, is a good equipment station for general use.

"WASH-WEAR"

What is "wash-and-wear"? A practical definition suggests that a wash-and-wear garment is one which can be washed by hand or in a washing machine at the warm water setting. When dried it retains its creases or pleats and recovers sufficiently from wrinkles to need little if any ironing.

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Italian Coffee Foam
 Because of its wonderful lightness of texture, Italian Coffee Foam is an incomparable dessert. Its Italian name is Zabaglione di Caffe. After you've mastered the name you are past the hard part. In the top of a double boiler, combine 4 beaten egg yolks, 4 ta-blespoons granulated sugar, 10 ta-blespoons demi-tasse coffee and 2 tablespoons brandy. Over but not boiling water, whip with wire whisk until mixture is thick and light. Do not let the mixture boil. Pour into decorative glasses and serve at once. Makes four servings.
Demi-tasse coffee is usually made in a vacuum or drip coffee-maker, rather than a percolator. For 8 demi-tasse servings, use 3 measuring cups of fresh, cold watergreens or in cream puff shells and garnish with whole ripe olives, water cress and tomato quarters.

TUNA WEEK

Tuna Week is being observed from September 13 to 23 but tuna is a household staple with most of us the year around. For an elegant tuna salad, combine drained tuna with crisp celery slices, cubed avocado and salted almonds. Toss ever so lightly with a lemon accented mayonnaise. Serve on greens or in cream puff shells and garnish with whole ripe olives, water cress and tomato quarters.

New Towels

New terry towels are designed to speed up the daily chore of dish washing and drying. The National Cotton Council reports. Terry cloth soaks up water like a sponge. That's why kitchen towels made of this soft cotton fabric are proving to be wonderful time and work savers. They dry dishes better and faster, never have to be ironed, and stay ground.

fresh and soft after countless washings.

White towels have eye-catching red and black borders decorated with vegetables, trivets, and pots and pans. Other terry dish towels come in smart multi-colored stripes.

MEASUREMENT

A half pound of bologna or other luncheon meat will make "about" one cup when finely chopped or ground.

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