

upstairs and downstairs In Milady's Kitchen

By Florence Jenkins

Editor

Herald and News

Kool-Shakes

While you're sitting calmly, planning the strategy of your next checker move, take time to enjoy a refreshing drink. This one's a real soda fountain milk shake, made quickly and easily (between games) with the new milk shake mix that comes in three flavors — chocolate, vanilla and strawberry.

It costs but six cents a package, and one package makes two tall glasses of foamy, rich milk shake. Not only will you enjoy this product as a basic drink, but you'll also find it combines perfectly with ice cream, sherbets, or fruits. So add a scoop of your favorite flavored sherbet, and you'll have the "king" of all drinks.

SHERBET MILK SHAKE
2 cups cold milk
2 ice cubes (optional)
2 tablespoons sugar
1 package chocolate, vanilla or strawberry milk shake mix
1 to 2 scoops sherbet
Pour milk into a shaker or quart jar. (If milk is not cold, add ice cubes.) Add sugar, then milk shake mix and sherbet. Shake vigorously for 15 to 20 seconds. Serve at once.

MAPLE SYRUP MILK SHAKE
2 cups cold milk
2 ice cubes (optional)
2 tablespoons maple-blended syrup
1 package Vanilla milk shake mix
Pour milk into a shaker or quart jar. Add ice cubes, if desired. Add syrup, then milk shake mix. Shake vigorously. Serve at once. Makes 2 tall glasses.

FRENCH-FRIED ONIONS
To prepare this crunchy dish, slice 6 medium-sized onions 1/4 inch thick and separate the rings. Combine 1 cup of milk and 1/4 cup of water and pour over the onions. Let this combination stand for 20 to 30 minutes, turning occasionally to let the slices absorb the liquid. Dip the onion slices into seasoned flour. Fry in deep hot fat (365 degrees) until golden brown. Yield: 8 servings.



QUICK MILK SHAKES are easy refreshers to serve between games, whether the game is checkers, bridge or canasta. With the new Kool-Shakes, making milk shakes for a crowd is a cinch.

ICE CREAM

Entertaining is no problem for the business woman who makes the most of her informal dessert and coffee affairs in the evening. The key is to keep a backlog of sweet suggestions on file that require only minutes to put together. Then, when the occasion arises, pick up foods that are readily available at the grocer's in partially or fully prepared form. There doesn't seem to be anything you can't do with ice cream. In the prettiest china or parfait glasses, a serving of ice cream topped with home made or bought

jam, or preserves makes a lovely dessert. Ice cream and cake sandwiches can be topped with any topping you like and make a substantial dessert for the dessert bridge or to wind up a TV evening.

LARD

Lard, according to meat institutes, has the greatest shortening value of any fat on the market. When substituting lard for butter in a recipe, subtract 2 tablespoons of lard for each cup of butter called for.



FOR FALL and early winter, this handsome shirt style dress is as practical as it is pretty since it is made of fully washable Sanforlan sheer worsted wool that is design in red on gray. The Barret, it is made of Hanora's Wisp of Wool printed in an interesting medallion also non-creasing. By Agnes neckline is convertible and the sleeves may be worn elbow-length or rolled up. There are pockets in the side seams and the belt is of harmonizing leather.

Take it from me.



Because ...

Milk is loaded with body-building vitamins — to put spring in your step and vigor in your finger. It's good, and it's good for you.



NOW IS THE TIME TO BUY

PEACHES

ELBERTAS

HALES

Fine quality, Medford Peaches now at the peak of the season!

98c

21-22-lb. Lugs

Seedless **GRAPES** Large, extra fine quality **2 lbs. 15c**

Gravenstein **APPLES** 38-lb. box **2 3 lbs. 29c**

White Heads **CAULIFLOWER** ea. **19c**

Vine Ripened **CANTS** 6 for **49c** 13 for **\$1**

Look at These Grocery Buys!

CRATER LAKE CHEDDAR

CHEESE

lb.

35c

Catsup

Del Monte, Fancy, 14-oz. bottles

2 for 29c

Peaches

Hunt's, Cling Sliced or Halves

4 2 1/2 \$1

Tomato Juice

Campbell's 46-oz. cans

4 for \$1

Peanut Butter

Hoody's-Giant 60-oz. Cookie Jar 1.59

18-oz. Jar 49c

Miracle Whip

Salad Dressing

qt. 49c

Post Toasties

Large 12-oz. pkg.

19c

Chili Con Carne

Stidd's 8-oz. cans

10c

Del Monte

Peas

303 cans

98c

Del Monte

Corn

303 cans

89c

Macaroni or Spaghetti, cut.

Best Bet 2 lbs. 35c

Spaghetti Sauce

Mission, Italian style 7 3/4-oz. tin 15c

Dial Soap

Deodorant Comp. Size 13c

Liquid Soap

Chiffon 22-oz. 69c

Coffee

Hills Bros. 1.09 2 lbs. 2.17

Borene

Granulated Soap, all purpose Thrift Size 69c

C-20

For automatic washers 4-lb. pkg. 89c

Tree Tea

Black 1/4-lb. 39c

Graham Crackers

Sunshine 48 bags 55c

Fig Bars

Sunshine 14 3/4-oz. 37c

Party Mix Candy

Sunshine 2 lbs. 59c

Lux Toilet Soap

Reg. 3/4-lb. 2/27c

Life Buoy Soap

Reg. bars 10c

Lux Liquid

12-oz. 39c

Lux Flakes or Breeze

1-gal. pkg. 32c

Surf

Giant Size 77c

Shortening

Spry 3-lb. tin 89c

Facial Tissue

Ponds 300 sheets 2 for 39c

Modess

pk. 12's 39c 2 for 77c 48's 1.49

New Pablum Cereal

High Protein 8-oz. pkg. 29c

Pillsbury, White, Chocolate, Golden Orange

Cake Mix 3 pkgs. 89c

Angel Cake Mix

Pillsbury, white 45c

MJB RICE

Long Grain 28-oz. 37c

Brown 28-oz. 35c

Quick Cooking 24-oz. 39c

Specials From Miller's Market

IN PIGGLY WIGGLY

Yearling Lamb Sale!

Top Quality! Good! Economical!

Legs O' Lamb 49c lb

Shoulder Roast 39c lb

Loin Chops 49c lb

Rib Chops 39c lb

Lamb Stew 10c lb

Frying Turkeys 57c lb.

Fresh, Cut up, Pan Ready

Ground Beef 3-Lbs. 89c

Beef

Beef

Beef

Beef

Beef

Beef

We'll Pay You

for Baking ORANGE DROP COOKIES

Get Coupons good for 25¢ on purchase Occident Flour and FREE 6 bottle carton Nesbitt's Orange Drink

We're so excited about a new recipe for Orange Drop Cookies that we'll pay you for trying OCCIDENT all-purpose Flour and Nesbitt's Orange Drink! We mean it! We'll send you two coupons — one good for a free 6 bottle carton of Nesbitt's Orange Drink and a second worth 25¢ toward purchase of OCCIDENT Flour, by accepting our invitation to bake Orange Drop Cookies with high protein OCCIDENT Flour and Nesbitt's Orange Drink made with real oranges. Don't delay — do it today!

How to Bake Yummy Orange Drop Cookies and get paid for it!

Buy a sack — the new orange sack — of OCCIDENT all-purpose Flour at your grocer's and while you're at the store, buy a 6 bottle carton of Nesbitt's Orange Drink. Then bake delicious Orange Drop Cookies and write why you like this new baking sensation and mail with your name and address to Orange Cookie Offer, Box 681A, Minneapolis, Minnesota. We'll send you two coupons — one good for a free 6 bottle carton of Nesbitt's Orange Drink and the other worth 25¢ on a purchase of OCCIDENT Flour. Hurry — offer expires October 30, 1956.

Recipe

Occident Flour-Nesbitt's Orange Drink ORANGE DROP COOKIES

Yield: 4 1/2 dozen cookies

Oven temperature: 425°; Bake 6 to 8 minutes

1 cup raisins

1/2 cup Nesbitt's Orange Drink

1 cup shortening

1/2 cup granulated sugar

1/2 cup firmly packed brown sugar

1 egg

2 1/2 cups sifted OCCIDENT All-Purpose Flour

1 teaspoon soda

1 teaspoon salt

1 cup chopped nuts

1. Soak raisins in Nesbitt's Orange Drink for 10 minutes, drain and save.

2. Cream together with the shortening, sugars and egg (at least 1 minute at creaming speed).

3. Add sifted dry ingredients alternately with the drained Nesbitt's mix until blended.

4. Stir in raisins, and nuts.

5. Drop from teaspoon onto greased baking sheet. Bake.

Occident

ALL PURPOSE FLOUR

