



EGGNOG EXCLUSIVE might be the name of this special holiday dessert to delight your friends because it is delicious and adds few extra calories — only 54 made with skim milk, or 94 calories per serving, made with whole milk. The recipe is courtesy of General Foods' D-Zerta Pudding.

Egg Nog Dessert Holiday Special

Only once or twice in a lifetime, it seems, can you find a dessert that's simple, lovely, perfectly delicious — and especially adapted to holiday dining. Well, we've got one for you... an Egg Nog in lusciously solid form — a treat that leaves nothing to be desired. Before your dinner guests even remove their hats and coats you'll be urging them to look at your Punch that's a pudding!

If you're on a slimming diet — as so many partying hostesses must be — you'll also be glad to know that our "Egg Nog" Exclusive is made with low-calorie D-Zerta Pudding. Here's one more wonderful feature of this exclusive dessert... no one need be the wiser about your "diet!"

We predict a busy life for our recipe because this sugar-free treat... light as it is and calorie-careful... still looks and tastes extra-tempting rich. "It is creamy, rum-flavored "Egg Nog" Exclusive will be consumed by the Reducing Set everywhere to the sound of cheers. What's more, this type of Sweet will be welcomed by Regulars as well as Dieters. After a hearty meal, it's the ideal top-offer.

"EGGNOG" EXCLUSIVE

2 envelopes low-calories vanilla pudding

2 cups whole or skim milk

1/2 teaspoon rum extract

Nutmeg

Add pudding powder to milk in

saucepan, stirring until well blended. Heat and stir to a full boil. Remove from heat. Add rum extract and pour into serving dishes. Pudding thickens as it cools. Garnish with nutmeg. Makes 4 servings.

54 calories per serving — with skim milk.

94 calories per serving — with whole milk.

CELERY BROOMS

Wrap fringed celery curl around several Slim Jane Pretzel sticks. Cut out centers of carrot slices to make rings. Slip a carrot ring down over the top of celery to hold the broom together. The pretzel should stick up to make the handle of the broom.

NOW YOUR GROCER HAS IT!

BOYD'S COFFEE

SERVED BY FINE RESTAURANTS SINCE 1900

Foundations By Gossard

The subtle opulence of the Oriental look which is influencing fashions this winter brings with it one of the gayest holiday seasons the ladies have known in years. An interesting refinement of the Lady Look that made its appearance in the fall, the Oriental trend means a continuation of the slim, somewhat coverup lines, as well as the elegant air.

Brocades, satins, sari cloth, and the caftan coat have all made the transition from pictures in a magazine to a real party wardrobe to be worn by the young and not so young all over the country. The brightness, and the gaiety, and the interest in looking like a lady are all aspects of the luxury and good times our country is having, according to some interesting research which The H. W. Gossard Co. has just completed.

Gossard, one of the country's leading foundation houses found that lush fabrics and colors were symbols of luxury and elegance to both the ladies and the gentlemen.

Because of the research, Gossard feels that pink will probably be the number one formal color choice in foundations this winter.

But whether it's pink or white or black—it's bound to be a luxury fabric for the undercover look.

Gossard designers advise a few basic rules in shopping for formal attire this season.

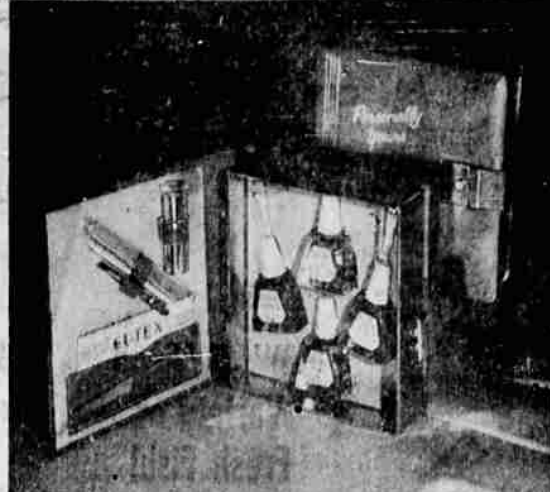
Do—Have the dress you buy fitted over the foundation that you are planning to wear.

Do—if you get a dress with a boat neckline—get a bra that has straps set far to the side—a "batteau" bra. Don't expect to slip aside the straps of your ordinary bra and get proper support.

Do—if you dress has a fitted midriff, be sure you buy a basque or a longline—and not a bandeau. The new longer length basques will provide for the gowns that are narrowed down to the hips.

If the strapless garments you have in your drawer have proven uncomfortable, plan to spend enough time in the fitting room to find something that is comfortable. Make sure the basic you buy is padded at pressure spots, and that it will give you sure support. Make sure your new garment will be just as comfortable when you're sitting down as when you're standing.

The Lady Look takes time. Its essence is poise and confidence as well as elegance. Plan your party wardrobe—foundation to evening coat carefully—and you'll be the belle of the Lady Look ball.



THIS UNUSUAL "Diary Set" will be loved by all from 9 to 99. The preparations may be removed to the dressing table drawer and the case used for a diary or jewel box. Comes complete with lock and key. It is available in soft pink and avocado green. The case contains manicuring essentials and a 24 carat gold plated Gold Mesh Lipstick, plus tweezers and file. Made by Cutex, world-famous house of manicuring preparations and lipsticks.

Petite Puffs Cafe

Preheat oven to 375 degrees. To make the puffs, combine and bring to a boil 1/2 cup water, 1/4 cup butter and a dash of salt. Add and beat until mixture forms a smooth ball, 1/2 cup sifted flour. Remove from heat. Beat in, one at a time, two whole eggs. Drop by rounded half-teaspoonfuls on ungreased baking sheet. Combine and sprinkle over the puffs 1 tablespoon finely chopped nuts and 1 teaspoon sugar. Bake at 75 degrees for 25 to 30 minutes.

While hot, split puffs around tops to let cool evenly.

FILLING
1 cup heavy cream
1 teaspoon Nescafe
1/4 cup brown sugar, firmly packed
1/2 teaspoon almond extract
Combine above ingredients and beat until stiff. Fill puffs. Wrap properly for freezing or chill until needed.

There's only one **SKIPPY**

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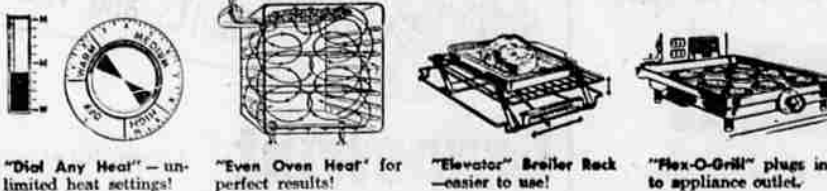
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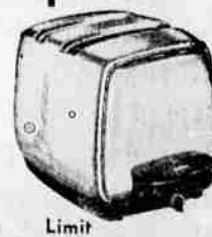
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HAMS

Small Size - Half or Whole

49¢ lb

Pork Roasts

Center Cuts **29¢ lb**

lb. 25¢

1 lb. 29¢ 2 lbs. 49¢

lb. 29¢

large pkg. 39¢

3-lb. can 79¢

Quarts 23¢

Large 33¢ Small 21¢

25-lb. bag 1.98 10-lb. bag 98¢

PRODUCE

Pink Grapefruit

3 for **25¢**

Carrots

2 cello bags **19¢**

Large Avocados

2 for **29¢**

Party Time

CHEESE

2-lb. loaf **69¢**

CHILI CON CARNE

With Beans

STIDD'S

2 cans **39¢**

ZEE TISSUE

4 Roll Pkg. Colored

33¢

ZEE TOWELS

Regular Size

19¢

ZEE NAPKINS

Colored

2 pkgs. **25¢**

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DOG AND CAT FOOD

3 cans **29¢**

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