



upstairs and downstairs In Milady's Kitchen

By Florence Jenkins Editor
Herald and News



THIS WEEK'S COW BELLE is Mrs. Lee Holliday. The Hollidays raise commercial Herefords on their big place on Keno Road, five miles from Klamath Falls, where their son farms with them. Mrs. Holliday is sharing her recipe for Spanish Stew which has been used in the Holliday family for thirty years.

BEEF ON THE MENU

Mrs. Lee Holliday's recipe for Spanish Stew is one her husband's mother used to use for over cooked meat and has served four generations of Hollidays for 30 years. It is also used by Mr. and Mrs. Holliday's daughter, Mrs. Keith Rice Jr.

SPANISH STEW
"We take warmed over roast or even meat off soup bones to use in this dish," Mrs. Holliday said.

Chop fine one onion and one pepper and fry until golden brown in a heavy skillet. Add the chopped cooked meat and either one can of tomatoes or two cans of tomato sauce.

Season with salt and pepper and cayenne to taste. Simmer for a half hour or longer. That length of cooking should make the mixture thick enough; if not, thicken as you would gravy.

Serve over mashed potatoes, boiled rice or macaroni.

Popular Gift

The old days when Mother gave Father a pair of lace curtains for Christmas and he would retaliate with the gift of a "shooting arm" have gone.

But there remain some gifts that are suitable for the whole family or the same item can be found designed for the use of each individual member.

Flashlights come in that category. Dad might find a handsome five-cell searchlight in his stocking. Junior's gift might be a two "C" cell "Fix-Focus" flashlight with a red lens ring for danger. There is a smaller edition of this same flashlight for younger brother.

There is now a "Headlight Lantern" which is unbelievably useful for good grooming (it has an adjustable elastic head band which can place the beam wherever you want it. The band will fit your arm or head). It is easy to carry. Part of the case features a convenient ball handle and a belt clip.

The Headlight Lantern is a product of Olin Mathieson Chemical Corporation, New York, and is new this year in the Olin line. It uses size "D" batteries and a PR-3 bulb. It is five-cell.

Mother will have to watch out because other members of the family will be borrowing her gift.

Take it from me girls... stay Smart and Healthy

By Bessy, the Basin Bossy
Streamlining, modernization — modern words in the atomic age. But if we moderns are so smart, why don't we have square dinner plates so we can chase those elusive peas into a corner with our fork — and capture them?

Of course you're well on your way in Christmas shopping, but there's a gift you homemakers alone can give to each member of your family every day of the year — and that's fresh milk.

Three glasses of fresh milk every day for EVERYONE (four for youngsters) are recommended by the experts to keep the family in A-1, topflight, condition from Grandfather to Junior. Take it from me, if you do serve up the recommended three-a-day, you will have a Merry Christmas indeed.

And to help you get those three glasses into the diet, here's a suggested recipe for Deviled Shrimp Boast:

Deviled Shrimp Boast: 4 tablespoons butter, 4 tablespoons flour, 1 teaspoon salt, 1 teaspoon dry mustard, 2 cups milk, 2 cups cooked shrimp, 1 3-oz. can mushrooms, 3 hard-cooked eggs, sliced, 1 loaf unsliced bread, 1/2 cup melted butter.

Remove crusts from loaf of unsliced bread. Scoop out center, leaving a 3-inch shell. Brush inside and outside of loaf with melted butter. Bake at 375 degrees F. for 10 minutes or until brown. Melt four tablespoons butter, blend in flour, salt and mustard, and gradually add milk. Cook over boiling water, stirring until thickened and smooth. Cook five minutes, stirring occasionally. Add shrimp, mushrooms and eggs; cover and cook five minutes or until heated through. Pour filling into loaf and serve hot. (Serves 6).

—Bessy.

NEW GENERATION

The lengthened life span has added a new generation — Young Grandmothers. For them, maturity means new leisure for hobbies, jobs, travel and personal beauty. And a special help to hair beauty and manageability is a good home permanent like Silver Curl, made especially for perily-gray to snowy-white locks.

TAME TRESSES

If you've discovered that gray hair is less manageable than the tresses of your girlhood, try taming them with a creme rinse and steam treatment after your next shampoo. This procedure is especially helpful in winter, when much of hair's wirtness can be blamed on harsh winds and dry indoor heat.

Buy With Confidence

Pork Roasts
Ground Beef
Canned Hams

Here's Economy Boned and Rolled—Absolutely No Waste!

100% Pure, Lean **3 lbs. 89c**

Morrell's—9 to 11-lb. Average **79c lb.**

Just Received! A 500-lb. Wheel of **NEW YORK CHEDDAR CHEESE**

2 years Old **75c lb.**

Free Sample!

USDA "CHOICE BEEF"

T-Bones lb. **85c** **Pot Roasts** lb. **49c**
Rounds lb. **69c** **Boneless Stew** lb. **59c**
Sirloins lb. **69c** **Beef Boil** lb. **23c**

More Time for Christmas Shopping with... QUICK-FIX MEALS!

You can do your Christmas Shopping and do right by your family meals, too! Shop 'til 5 and have a delicious and nutritious meal at 6! A quick stop at Griggs, a speedy selection of our jiffy quick foods, and Jiminy Christmas, your last minute cooking problems are solved. Try these short cuts to meal-time tonight... see what a grand meal you can prepare in a few minutes!

YOUR STORE'S Fri. & Sat. SPECIALS!

Special Selling Fri. Of Hand Forged **Aluminum Pieces**

Reg. 2.49 each. Large basket, fruit bowl, divided relish with glass dish, divided relish 3-parts, candy dish divided, 2-parts. Gift wrapped free. All at one low price. **1.95 each**

Reg. 3.29 **Bath Towel Sets**

3-Pc, with chenille floral embroidery. In assorted colors, pink, yellow, green and blue. **2.95**

Special Value **Garment Bags**

Durable vinyl film with large zipper opening. Keeps clothes neat and clean—Durable hook metal frame—Moth resistant. 42" suit bag holds 4 suits. 55" dress bag holds 8 dresses. **1.98**

By Irving Rice—Sparkling Crystal **Salt and Pepper Sets**

Beautiful swirl design crystal shaker with chrome plated tops. 4 in a stunning gift box ready for giving. **Set of 4 1.50**

Extra Special **Percal Pillow Cases**

Reg. 3.29. Beautiful all-over floral, hand printed on a fine 180 type casing. Size 42x 38". In a beautiful gift box. **2.88**

Table Cloth Special
For The Christmas Shopper

Leacock quality hand printed cotton covers in the new novelty patterns, Cherry Blossom, Calorie Capers, Country Life, What's Cookin'.

Reg. 2.25 51 x 51 **Special 1.89**
Reg. 3.25 51 x 70 **Special 2.95**

Free Delivery Within City Limits!

YOUR STORE
For Distinctive Gifts
721 Main Phone 4561
OPEN FRIDAY TILL 9

-- BREAKFAST HINTS --

Eggs Large "A"—21-oz. or over doz. **69c**
Syrup Del Rogue Quart Decanter **45c**
Grapefruit Sections Mecco No. 303 **17c**
Tomato Juice Del Rogue 46-oz. **29c**
Pancake Mix Alber's 4 lbs. **49c**
Fluffo So. Pure It's Yellow 3 lbs. **85c**

-- PANTRY SPECIALS --

Catsup Hunt's - for the best 14-oz. **19c**
Kleenex White or Colors 400 **29c**
Horse Meat Allen's - Don't forget Fido! 16-oz. **19c**
Parowax For those Christmas Candles 1-lb. **23c**
Dog Food Bonnie—Made here in the West! **10c**
Flour Drifted Snow - Gold Medal 10 lbs. **89c**
Tuna White Star - Chunk Style Featured at Disneyland **29c**
Trend Liquid 2—12-oz. cans **49c**

Quick Mix Oatmeal Cookies

Oatmeal cookies rate high priority on homemakers' lists of cookie favorites. Old and young alike enjoy the crisp, crunchy texture and full-flavored taste of oatmeal cookies. Oatmeal cookies add protein, the B-complex vitamins, minerals and food energy. One 2 1/2-inch cookie contains only 66 calories.

BASIC RECIPE
1 cup sifted all-purpose flour
1/2 teaspoon soda
1/2 teaspoon salt
1/2 cup fat (at room temperature)
1/2 cup brown sugar
1/2 cup granulated sugar
1 egg
1/2 teaspoon vanilla
2 tablespoons milk
1 1/2 cups quick or regular rolled oats, uncooked

Sift together flour, soda and salt into bowl. Add fat, sugars, egg, vanilla and milk. Beat until smooth about 2 minutes. Fold in rolled oats. Drop by a teaspoon onto greased baking sheet and bake in a moderate oven (375 degrees) 12 to 15 minutes. Yield: three and one-half dozen cookies.

VARIATIONS
For Applesauce Oatmeal Cookies, follow the basic recipe but increase sifted all-purpose flour to 1 1/2 cups. Add 1 teaspoon cinnamon, 1/2 teaspoon nutmeg and 1/2 teaspoon cloves to dry ingredients. Sift once. Omit milk and add 1 cup sweetened applesauce and 1 cup seedless raisins. Bake as for basic recipe.
Minicrust Oatmeal Cookies: Follow basic recipe. Omit granulated sugar, vanilla and milk. Add 1 cup prepared minicrust. Bake in a moderate oven 8 to 10 minutes.
Gumdrop Oatmeal Cookies: Follow basic recipe. Increase vanilla to 1 teaspoon and add 3/4 cup finely cut mixed spiced gumdrops. Bake in moderate oven 12 to 15 minutes.

WINTER SQUASH
Mash cooked hot winter squash. Stir in melted butter, salt and pepper and a dash of nutmeg. Spoon out servings; make a well in each one to hold steaming hot jellied whole cranberry sauce.



A GLITTER STOLE by "Top-Hit" is 100 per cent nylon, lightly sprinkled with rhinestones and has a fine thread of silver spun through its strands. It has holiday sparkle and also that friendly extra warmth so appealing at this time of year.

ROYAL CLUB FOOD STORE

Prices effective Friday and Saturday Klamath Falls and Merrill

Soup 'n Salad

Campbell's **Meat Varieties** 2 for **33c**
Campbell's **Veg. Varieties** 2 for **27c**
Anderson's **Split Pea Soup** 2 for **39c**
Borden's Cheddar **Mellow Cheese** **33c**
Delicious Grated Over Pears

MAIN COURSE

Salmon Bumble Bee 1-lb. tin **59c**
Beans Silco Cut No. 303 cans 2 for **25c**
Mushrooms B&B Chopped Delicious in green beans **29c**
Corn Party Time, cream or whole kernel 2 for **25c**
Prem Serve baked with brown sugar and honey can **35c**
Instant Potatoes French's Serves 8 **29c**

DESSERT

Puddings Jello Instant **10c**
Frozen Pies Simple Simon pkg. **59c**
Minute Tapioca each **29c**
8-oz. **29c**
Try it With Crushed Pineapple

Celery lb. **15c**
Potatoes U.S. No. 2 50 lbs. **98c**
or Radishes bun. **5c**
Green Onions lb. **7c**
Jonathan Apples Fresh, Thick Meat each **15c**
Coconuts Crisp, new crop 2 bun. **19c**
Carrots Hot House Grown! 2 for **25c**
Cucumbers

GRIGGS SUPER MARKET

CHEESE DEPARTMENTS CARLSON MEATS GRIGGS SUPERMARKET FOODS

Division St. Shasta Way

Open 8 a.m.—8 p.m. Closed Sunday



Sunshine **HI HO CRACKERS** **35c**

Nabisco **OYSTER CRACKERS** 16-oz. **29c**

Tide 68c Giant

Procter & Gamble **Dash** 39c 25-oz.

IVORY Large 2/27c