

upstairs and downstairs In Milady's Kitchen

By Florence Jenkins Editor
Herald and News



GAY SKIRT has shiny metal buttons to add styling detail. Inverted pleats create skirt width for action. In teal, coral, green or navy, this bright colored woolen skirt is practical for fall and winter because it carries the Sanforlan label which means it can be washed repeatedly without shrinking out of the original fit.

Food Is Basis Of Real Beauty

Beauty comes with good health. What the teen-age girl eats makes a difference in how she looks. This group of young women is one that does not consume enough milk and milk products. Boys at this age come much closer to their requirements. Ample amounts of milk in the daily diet aid in keeping fingernails and skin healthy, and hair, teeth and eyes bright. What better beauty aid could any of these girls want, and at such a low price, too.

It is a natural thing for teen-age girls to dream and aspire to great things, and they are much concerned with their physical appearance. In days gone by it was the style for the reigning beauties to look ethereal, shadowy-eyed, languid and mysterious. Those days are gone. The glamour girls of

today are healthy and alive looking, and should set an example. Today, the teen-age girl faces a challenge that will require health and stamina, as the tempo of life in the United States has changed since those long ago days.

The future of most teen-age girls is marriage. The health of her future children too, is affected by her diet now. If she takes a serious view of her diet, and eats food containing necessary nutrients, she will be repaid handsomely. Milk is a most important part of this plan and the girl can value milk as an ally in her search for health and vitality.

Annual statistical studies, such as the National Dairy Council's "How Americans Use Their Dairy Foods," indicate improvement each year in the food habits of our population. However, persistent evidence from nutrition research points up the inadequacy of meals eaten, generally by teen-age girls.



SPOTLIGHT on jenkins! Here is one in Sanforlan wool flannel styled with a deep V neck to generously reveal blouse detail. It is companioned with slim sheath skirt in the same charcoal flannel. Fuzzy white angora embroidered in block motifs give interesting contrast on pocket flaps. Both jerkin and skirt carry the Sanforlan label which means they can be washed repeatedly without danger of shrinking out of their original fit. Available locally.

FIRST AID FOR HAY FEVER

If you suffer from dust or other allergies, you'll be interested in the findings of the Weatherstrip Research Institute that clearance around the average size door or window adds up to a hole be-

tween 22 and 30 inches in area. Add to that the number of windows or doors in the average home and you have a tremendous space for harmful allergic substances to enter your home. It isn't too early to plan for spring improvements to your home.



NOT EVEN INK CAN MAR the beauty of some of the modern-day fabrics, such as saran upholstery fabrics manufactured under the tradename of Cohama Chem. Read by Cohn-Hall-Marx. In addition to the stain resistant qualities, upholstery fabrics woven of saran are mothproof, mildewproof, flameproof, tough, durable, and yet offer a variety of beautiful "built-in" colors. No longer need the homemaker shy away from appealing delicate shades because of active youngsters around the house—this upholstery fabric will be bright and new looking as soon as it is washed with a sponge dipped in warm suds.



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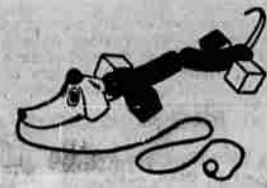


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Colorful new buggies and strollers, rubber tired, large enough for most any doll — only a limited quantity. Shop early.

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Hi! I'm Terri Lee!

Famous "Terri Lee" Dolls
With a Lifetime Guarantee
Sold Exclusively at MARVIN'S

Now buy the most fabulous, most practical, and most economical doll in America at Marvin's — she is made of plastic; and guaranteed against breakage for your natural lifetime. All color wigs are available. She is the most lovable doll you ever saw.

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Clothes determine the Price of all Dressed Dolls — Select Yours NOW!
You can dress Terri Lee as economically or as expensively as you like; you can buy anything for her that you wear yourself from formals to mink coats.



Terri in Tee Dancer Costume of nylon tulle and silver lame. Costume only—\$2.95



"Ginny" America's finest Miniature Dolls

She is Lifelike—she walks and turns her head

Dress her as you like

Beach wear, play clothes, formals, dance frocks and all accessories, can be had for your Ginny Vogue doll at Marvin's.

2.98 up to 4.98

BASIC PRICE

Vogue dolls are the finest in miniature dolls. The basic price with panties is only 1.98 — you may buy her that way or dressed in dozens of clever attractive costumes, at prices from 2.98 up to 4.98.

1⁹⁸

DOLL FURNITURE

For "Ginny" Dolls

For "Terri Lee" Dolls

For the Ginny doll are chairs, tables, rockers, beds and bunk beds, made of fine hardwood. Very low priced too; you'll want the complete layout.

Nice furniture, large pieces for the Terri Lee Doll—Blue and white wicker trimmed, beds, chest of drawers, etc.—long lasting, beautifully made.

59¢ to 2⁹⁸

6⁹⁸ to 10⁹⁸

SHOP MARVIN'S BEFORE YOU BUY

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