



TRIPLE-GREEN RELISH, in bright and subtle shades of green, will give a festive touch to your holiday table, add zest to cold meats, fish or fowl. Made with lime gelatine, olives and pickles, it's as pretty as it is delicious. Photo and recipe courtesy General Foods.

You Can't Hide Your Skin

Your skin never hides, not even in the winter. This season arms are completely exposed in the sleeveless sheath, and the cowl and boat necklines show more of you, too.

Can you bare your skin...or is it red, dry and flaky? Now is the time to correct or prevent unsightliness.

Cheramy, the makers of April Showers, suggests its skin balm as an aid to winter beauty. It is a rich, lanolin emulsion, beneficial to dry skin. Application is easy and pleasant, for it sinks into the skin without leaving a trace of stickiness. An unseen film remains, however, which helps seal in your own natural oils and helps retard the evaporation of water from the outer skin layers.

The balm has been homogenized just like the milk and cream you drink. This process breaks up the fatty globules to very minute particles, produces a smoother, finer preparation which is absorbed by the skin in much the same way that a thirsty towel takes to water. Applied properly to your body,

the balm helps prevent and firm flabbiness, too. Starting at your toes, work the balm in with long, sweeping, upward motions. Pat thighs with brisk slaps, cupping the palms of your hands. Hips can take more vigorous slaps.

Use the same upward sweep on arms, with gentle slapping on flabby upper arms. Massage fingers as if you were smoothing on a new pair of kid gloves. Add extra lotion to rough elbows and pat briskly.

This massage increases circulation, leaves you feeling invigorated, refreshed, and the skin has a healthy, young, pink glow.

Other tips: Pulling wispy nylons over rough feet snags them and later causes a run. Keep legs smooth and snag-free by concentrating extra lotion on heels, which may be calloused from wearing open-backed shoes.



CRUNCHY CANDY
Add one and one-third cups sweetened condensed milk to two squares of chocolate, melted, and stir over hot water until mixture thickens (about five minutes). Remove from heat; add 1/2 cup chopped nuts, 1/2 teaspoon salt.

Now it's here faster... foolproof

RED STAR YEAST

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CARNATION INSTANT WHEAT

Make Pin Curls That Last Longer

Helene Curtis Spray Net comes in two kinds — Super Soft Spray Net without lacquer for soft, gentle curls and gentle control, and Regular Spray Net for curling harder-to-manage hair and more persuasive control.

Here's how to make pin curls that will last for days longer.

1. Using a wet comb or brush, moisten just enough hair to make three or four pin curls. (You can use this method right after a shampoo, too. Just towel-dry your hair gently first, then it will be damp enough for proceeding with the rest of the steps).

2. Spray this dampened area of your hair freely with Helene Curtis Spray Net.

3. From this moistened-and-sprayed section of your hair, wind the three or four curls in your usual way; then pin them with any kind of pins or clips you ordinarily use.

4. Continue with steps 1, 2 and 3 until all your hair is set.

5. Allow the curls to dry thoroughly. Remove pins; brush or comb curls out. Then arrange your hair in your favorite style. See how all those beautiful, bouncy curls will fall softly, naturally into place.

Emerald Gem Of A Relish

1 package lime-flavored gelatin
1/4 teaspoon salt
1 cup hot water
1 cup cold water
3 tablespoons vinegar

3/4 cup sliced stuffed olives
1/2 cup sliced sweet pickles

Dissolve gelatin and salt in hot water. Add cold water and vinegar. Chill until slightly thickened. Fold in olives and pickles. Pour into molds. Chill until firm. Unmold on crisp lettuce. Garnish with mayonnaise. Serve as relish with roast or other meat. Makes 6 molds.



BONNIE
By the makers of Dog-E-Stu

HOLIDAY TOUCH

Hot muffins for breakfast are a treat in any family. For a colorful touch, drop a spoonful of fruit jam or jelly in the center of each muffin after you've poured in the batter. It is simple and tasty and bright for a holiday breakfast.

GRIGGS Canned Foods

- Del Monte—No. 303 Cream Style Corn 2 for 29c
- Del Monte—No. 2 1/2 Fruit Cocktail 39c
- Del Monte—46-oz. Tomato Juice 25c
- Del Monte—Flat Sliced Pineapple 15c
- Del Monte—No. 2 Crushed Pineapple 29c
- Del Monte Catsup 14-oz. 19c
- Del Monte Hot Sauce 4 for 25c
- Del Monte—No. 303 PEAS 5 for \$1

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Drawing Nov. 5



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Stainless Steel
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- S&W Apricot Nectar 46-oz. 39c
- FLOUR Drifted Snow 25 lbs. 1.98
- PEANUT OIL Planter's Qt. 79c
- MAYONNAISE Nalley's Qt. 59c
- DOG FOOD Dr. Ross 1-lb. tins 2 for 27c
- BEEF STEW Nalley's 1-lb. tins 29c

MINCED CLAMS
23c

Large, 24-oz. or Over doz. 69c
Medium, 21-oz. or Over doz. 55c
US Grades "AA" and "A" Table eggs especially for cooking in shell, poaching or frying.

The Best Meats in Town!

- Hormel's, Light, Lean Slab **BACON** 45c lb.
- Pot Roasts USDA "Good" and "Choice" 45c lb.
- HAMS Half or whole, all popular brands 55c lb.
- Baby Beef Liver Sliced 39c lb.
- Hen Turkeys Fancy pack, oven ready 59c lb.
- Leg O' Pork Roasts Half or whole 55c lb.
- Shoulder Veal Steaks 45c lb.
- Fresh Oysters Medium size pt. 65c

US "Good" Beef for your home freezer, by the half... 42c Cut and wrapped, no charge for freezing.

CARL'S SUPERIOR MARKET

DIAL SOAP
Reg. 2 for 27c
Bath 2 for 37c

CGO
89c 4 Pounds

Ocean Spray CRANBERRY SAUCE
Whole or Strained 22c

GRIGGS SUPERIOR FOODS

Nalley's Lumberjack SYRUP
24-oz. 33c

- Pink Grapefruit** 2 for 35c
- APPLES** Jonathan or Delicious lb. 10c
- POTATOES** U.S. No. 1 10 lbs. 49c
- Cranberries** lb. 29c
- Yams** lb. 15c
- Potatoes** lb. 15c
- Coconuts** each 25c

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