

Herald and News

FRANK JENKINS
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Managing Editor

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BILLBOARD

By Bill Jenkins...

Eddie Schanegas, who happens to be the secretary of the Interstate Deer Herd Committee, tells me via mail today that the Fall forage utilization check on the herd's winter range will get underway on October 10th and carry on through the 12th. That's next Monday for the kickoff.

Any sportsman who hasn't made one of these trips, whether he believes in the methods and practice or not, has missed a good deal. Since they can accommodate quite a few people I would suggest that if you can make it and are really interested in the deer set-up here in our area that you plan to take off at least a couple of days and go along. You can make reservations by writing Eddie at Alturas or by contacting your local sportsman's association.

There's a good deal to be seen on these trips, a good deal to learn if you are willing to keep your eyes and ears open, and it does give you a close look-see at the area where the deer are.

Which reminds me that the July issue of the game commission bulletin tells us that there are eight species of big game in Oregon. In case you can't name 'em, we have the bighorn sheep, the mountain goat, the Roosevelt elk, blacktailed deer, mule deer, Rocky Mountain elk and the prong horned antelope.

We all know where to find the deer and elk, but the sheep pose a problem to at least a few of us. Further study shows that the mountain goat, not native to Oregon, were planted in the Willows

Along NATURE'S TRAIL

with Ken McLeod

The researches of the Mellon Institute for the Ward Baking Company of Boston in the 1920's developed the fact that white bread could be made better nutritionally from the type of product bakers of the day were producing.

The result was a product put out by the Ward bakers that was called "Vito-Vim" bread. It was made with white flour, wheat germ extract and extra amount of powdered milk and butter—all that were necessary to make bread a complete diet. Mr. Ward, the president of the company that financed the intensive research program, was very proud of his "Vito-Vim" bread.

It was wonderful food and probably the best bread nutritionally that had been baked commercially. But the product was too far advanced in the 1920's because of the fact that people were not fully awake to the role of vitamins in nutrition. The "Vito-Vim" product was not good enough from the consumers' point of view at that time to justify the premium price that had to be demanded for it.

The story of Mr. Ward's premium bread and the steps that led up to it are important stepping stones in the history of the development of knowledge in regard to nutrition and health. If it had not been through Ward, the knowledge would have developed by some other channel for the great growth of scientific interest was at that very time building up pressure to the point where it was bound to escape into the field of direct application to the problems of commerce from out of the test-tubes of the laboratories.

The Ward episode was the first industrial recognition that our diets must include more than calories, more than proteins, fats and carbohydrates. It became an admission on the part of industrial production of food products that the so-called "food faddists" were right when they decried the inadequacies of customary mechanizedly produced food products. Unfortunately this admission developed and was promulgated at a time long before people generally were ready for it.

Two decades later the rationing and food shortages of World War II changed that and some of the earlier ideas became bases for important new practices throughout the food industry.

The growing knowledge of nutrition was not merely centered in the embryonic work of the Mellon Institute, for research laboratories across the nation in many universities were likewise searching out questions in this new field of nutrition.

At the same time the Mellon Institute was pursuing a research project for the Ward Baking, and perhaps before, an important series of researchers in nutrition was in progress at Columbia University under the direction of Henry C. Sherman and a number of others working under him. Dr. Sherman wanted to find out the effects of differences in food quality and his

Mountains. Three males and two females. Last checks showed at least one young goat since the 1950 planting. Maybe more that haven't been seen yet.

The big horn sheep are part of a herd that was trapped in British Columbia and shipped to Oregon in 1934. These animals, twenty five in all, are on Hart Mountain, under fence, and six kids have been reported so far.

If we can only wait long enough we'll have all kinds of hunting around here.

That was a tragic occurrence over in Lake County the other day where the hunter was shot after all the warning signs he gave that he wasn't a deer. Seems that the idea of the nervous hunter who shoots at any movement is more than just a theory. For years we've been hearing of the odd accidents that befall those who take to the woods in search of the elusive buck, but it seems that the occurrences of this nature are on the increase rather than the decline.

I wish it were as easy to train people how to use a gun as it is to train them to carry out the other everyday actions of life. Seems that when a man gets a gun or a cat in his hands he's liable to be dangerous.

More geese starting to move around the Basin now that the weather has turned up a little. Sure makes one feel good to hear those big birds go over. And also gives you an itch in the trigger finger that is almost unbearable.

researches extended over several hundred generations of experimental animals.

The result of these tests were to show that animals could utilize those proteins more effectively when the diet was rich in differences in nutritive value characterize proteins from different sources.

Dr. Sherman proved that the proteins of milk, for example, possess an extraordinarily high dietary effectiveness. By giving his experimental animals extra large proportions of milk solids as his source of protein, he found two effects that are extremely important. The first is that maturity in animals moved progressively forward and came earlier as general electrical authorities to uncover and attack official wrongdoing. It will cry for remedy itself.

A good newspaper will reflect its community as it is, good or bad. It is the community conscience.

latest Federal Reserve figures totals 33 1/2 billion dollars, with the installment phase of it topping 23 billion. This credit and its rapid rise this year to record highs admittedly is one of the main props of the retail side of the business boom.

George P. Johns, a division chairman of the Associated Credit Bureau of America, says: "Retailers are keeping their bad debt losses to less than one half of one per cent. As long as they maintain that small loss percentage, there seems to be no reason to believe that there's any great danger in mounting consumer credit."

At Boston today Selby has praise for the ordinary American family's budgeting ability. He says it prides itself on meeting its obligations and "is the best judge of whether it has extended itself too far."

Concern centers largely in what might happen if the incomes of the debtors should be clipped by some general and sharp downturn in business. At the moment no such downturn is in sight, nor is any expected. And the finance companies can say without contradiction at present: the ordinary American family knows what it's doing—and is still an excellent risk.

Effects of quantity were offset by type and selection. Diets under strict rationing were far better assorted. It is contended for variety, vitamin content, and like factors than under the natural selection of the individual, and such diets were more nearly balanced between different nutritional elements. The question begins to arise as anyone who thinks can clearly see—does this mean that humanity is definitely headed for nutrition's sake into the field of regimented economy?

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HAL BOYLE

NEW YORK — Well, guess what? Darned if good old National Newspaper Week hasn't rolled around again.

And, as usual, caught us with our adjectives down.

The public, as usual, hasn't fired off any skyrocket. There have been no mass parades, no widespread excitement.

This is pretty much the way we hoped the populace would take the occasion. If no group has showed up to shower laurel wreaths upon town square in triumph, we are consoled by the more positive fact that no indignant subscriber, on the other hand, has marched upon us with the cry:

"Hang the editor."

So far as we have been able to find out from a careful check of the records, no editor ever has been hanged during National Newspaper Week.

One of the purposes of National Newspaper Week, of course, is to show that no editor really deserved hanging.

The other purpose is to emphasize the importance of a newspaper to a community.

There are all kinds of newspapers and they serve many purposes. At the worst a newspaper is a mirror of community smugness; at the best a newspaper is a community alarm clock.

A good newspaper works from a very simple standard. It alerts and informs the citizens about what is going on. If your daughter is graduated as valedictorian of her high school class, it will chronicle this event. It also will chronicle the fact, even though you are a leading advertiser, if you should run away from home with the strawberry blonde wife of the mayor.

Birth, marriage, life and death, crop failures, new buildings, visits, appearances in court, all these are standard news items in every newspaper.

A good newspaper will go farther. It will chronicle the dreams and defeats of the community and its members. It won't wait for elected authorities to uncover and attack official wrongdoing. It will cry for remedy itself.

A good newspaper will reflect its community as it is, good or bad. It is the community conscience.

The public often doesn't understand its newspaper. It rarely appreciates the drudgery of newspaper work. It throws a false glamour on newspapermen and overemphasizes their financial rewards.

The truth about the average newspaperman is that he is a hardy man trying with all the energy and understanding he has to find out and tell what is going on in the most complex civilization the world has ever known.

His final reward—for all the world or his widow can see—is usually a small tombstone; his real monument is the memory he leaves to his friends.

A patient craftsman in the world of news cannot in his heart wish anything better than to be remembered after he is gone by someone in the same business, saying something after the last edition like:

"Now that was a story Jim would have liked to have handled" or "You think that was a good headline? Let me tell you about the time Jim..."

And, for a moment, Jim is alive again as he writes years ago by hand, over the copy rim.

The legends of newspapermen are wonderful things. "Such interesting people." The most interesting people newspapermen meet in the smallest, wisest field a man can enter—are fellow newspapermen.

The shop talk of newspapermen is the best conversation in the whole wide world because it covers the whole wide world. Wives of newspapermen are often lonely and never quite share their husbands' realm although they usually share their husbands' pride in it. They rarely wear fur coats but I never heard one say she would have preferred to marry a banker.

What is news? Like truth, it is hard to say. The best definition I know was written years ago by Gerald Johnson, then of The Baltimore Sun.

"News," he said, "is what interests a good newspaperman."

Any nation that has good newspapermen will have good news.

SAM DAWSON

NEW YORK — The millions who buy on time—are they still good risks?

Some 1,003 finance men from all over the country are meeting today in Boston to discuss such matters. And in Washington there's headwagging over the steadily rising total of consumer debt.

But leaders of the firms that make the loans maintain that the vast majority of American families who buy on the cuff are still good risks—just as they've always been.

Roughly one half of American families make some installment payment each month—on house, car, appliance or personal loan. Whether that's good or bad depends largely on the individual family. Generalizations, or averages, can be quoted without proving too much. Credit executives say delinquencies still hold at about one per cent of total loans outstanding.

Companies represented at the Boston meeting of the National Consumer Finance Assn. deal exclusively with cash installment credit—lump sums paid back at regular intervals. They expect to make more than three billion dollars in cash loans this year.

This is a modest portion of consumer credit, which according to

Seven Attend OTI Under New Law

SPRAGUE RIVER — Seven Sprague River students are attending Oregon Technical Institute under provisions of the new Klamath Indian education law.

Bobby Barney is enrolled in the commercial art course. His sister, Charlotte Barney, is taking secretarial science.

Tim Hess, Dale McNair and Tommy McNair are studying diesel mechanics. Irwin Crume is taking auto mechanics and Jessie Crispin is signed up for a general business course.

Tim Hess, Bobby Barney and Jessie Crispin have moved their families to Klamath Falls for the two years at OTI. The other students are commuting daily from Sprague River.

COMMITTEE TO MEET

SALEN — The Legislative Highway Interim Committee announced Monday it would meet here at 10 a.m. Oct. 14.

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Puget Proposal Said Unsound

OLYMPIA — A group of investment bankers reported Tuesday that the proposed bridging of Puget Sound is not financially feasible at this time.

But they added, the normal growth of Western Washington and the Puget Sound area will make the project possible "in the foreseeable future."

The bankers' report, submitted to the Washington State Toll Bridge Authority at a special meeting, figured the project three ways. As a \$147,937,000 bond issue for construction of a series of cross-Sound bridges, a bridge across Hood Canal, and the refunding of 10 million dollars in outstanding state ferry system bonds; a \$124,175,000 bond issue to finance the cross-Sound bridges and refund the ferry system, and a \$23,470,000 bond issue to finance construction of the Hood Canal bridge between South Point and Lopez.

The report said the bond market, in its opinion, is not in condition to absorb a major piece of financing of this type except at some very high rate of interest, the report said.

It was signed by Blyth & Co., Inc., Klamath Falls, and A. C. Allen & Co., Inc. who acted as fiscal advisors to the TBA on the project.

Telling The Editor

ACTION NEEDED

What a pity another child's life has been taken by drowning in one of the canals here in town.

Why haven't something been done to prevent these all too frequent accidents? It is asked, "Why don't parents warn children of their dangers and keep track of them at all times?" Just how many of we grown folks as children never disobeyed our parents? I'll bet there is not one of us who at one time or another has done just the opposite of what we were told to do.

These canals are a menace not only to small children but grown folks. We all realize what a costly job it would be to cover or fix these canals, but one life saved is far more precious than the cost of financing or covering these canals. If necessary, and we know by now it is, why can't these canals when located in our residential districts be covered? Where canals run through open fields, it is not so necessary to be covered but should be fenced in this case. Money is being raised every day for some other projects which are not near so important as one in which lives could be saved. Playgrounds are made and kept up to help young bodies to grow strong, yet these open canals are there to take their toll of these young bodies.

Legal Notices

STATEMENT OF OWNERSHIP

Statement of the ownership, management, circulation, etc., required by the act of Congress of August 24, 1912, as amended by the acts of March 3, 1933, and July 2, 1946 (Section 357, Postal laws, and Section 1103, National News, published daily except Saturday, at Klamath Falls, Ore., for October, State of Oregon, county of Klamath

Before me, a notary public in and for the State and county aforesaid, personally appeared Frank Jenkins, who lawfully resides at Klamath Falls, Oregon, and says that he is the publisher of the Herald and News and that the following is, to the best of his knowledge and belief, a true statement of the ownership, management and circulation of the aforesaid publication for the date shown in the above caption, required by the act of August 24, 1912, as amended by the acts of March 3, 1933, and July 2, 1946 (Section 357, Postal laws, and Section 1103, National News, published daily except Saturday, at Klamath Falls, Ore., for October, State of Oregon, county of Klamath

That the names and addresses of the publisher, editor, managing editor and business manager are: Frank Jenkins, Klamath Falls, Ore.

That the names and addresses of the owner, if owned by an individual, and the names and addresses of the stockholders owning or holding 1 per cent or more of total amount of stock, if owned by a corporation, its name and address, and if not owned by a corporation, its name and address, as verified by stock certificates, if any, must be given.

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That the average number of copies of each issue of this publication sold or distributed through the mails or otherwise to paid subscribers during the 12 months preceding the date shown above is 12,333. This information was obtained from daily publications only.

FRANK JENKINS, Publisher

Sworn to and subscribed before me this 5th day of October, 1955.

Notary Public of Oregon

MORSE OFFICE OPENS

PORTLAND — Sen. Morse, Oregon Democrat, announced Tuesday the opening of an office here in the Loyalty Building, with Mrs. Jean Lewis as manager.

Mrs. Lewis is an attorney and state representative.

TRUMAN TO VISIT

KANSAS CITY — Former President Harry S. Truman leaves today by train for Boston, where he will speak Thursday night at a Truman Memorial Library dinner under auspices of the United Jewish Appeal. From Boston he will go to New York for several days and while there visit New York's Gov. Averell Harriman.

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By DON WHITEHEAD

WASHINGTON — Let us relax with the triumphant Dodgers of Brooklyn this fine fall day and enjoy in full measure this old screwball world.

After seven failures, the Dodgers finally win their first world championship by beating the New York Yankees 2-0 in the seventh game of the World Series. The proud, rich Yanks are humbled. The Buns sit in the plush seats of the mighty.

The Ubanigs and Ugandis may not know that the Dodgers are the world champions. But there you are. And Sen. Bricker (R-Ohio) has told a news conference nothing is impossible these days. "If a delegation should land from Mars, he said, 'I would say: 'What have you been waiting on? I've been expecting you for a long time.'"

These are the days of surprises, oddities and unusual happenings. Already, a full year before the elections, the politicians are skittish and presidential hopefuls are pecking from under their brows hoping the mark of a nominee will be stamped on them by popular demand of the people—this mark being two wings sprouting from a halo which hovers over a log cabin.

These are the nights when the cry shooters, the fero players and the slot machine set will leave their gambling to crowd into a Las Vegas night club and listen to a Metropolitan Opera star—Patrice Munsel—sing "A Sleeping Bee." Just incidentally, Miss Munsel appears in the Venus Room of the New Frontier Hotel wearing a curve-hugging costume which includes a pair of pink, sequined tiorador pants.

These are the days when German shepherd dogs are being hallowed as being better cops than cops in some cases. Commissioner Marvrite C. Johnson of Dearborn, Mich., says his city is using dogs as the solution to a police shortage. And in one case, he claims two dogs could have done a better job than 200 policemen in flushing a berserk man from a building.

The only disadvantage of using a dog in a patrol car, Mrs. Johnson says, is that "he can't drive" while his police partner sleeps.

This is not to imply that the D-o-g's, like the two-headed turtle, got all their feet going in the right direction merely by happy accident or that they didn't deserve to win.

But no one can deny that strange things are happening these days.

THE DOCTOR SAYS

By EDWIN P. JORDAN, M.D.

A request comes from Mrs. L. to discuss fibrositis, its cause and treatment.

This is not easy to do but since physicians make the diagnosis of fibrositis rather frequently perhaps some general remarks will be in order.

Perhaps the best way to describe fibrositis is to call it a kind of rheumatism which attacks the soft tissues such as the muscles and ligaments and others lying under the skin more than the joints themselves as is the case in arthritis.

It probably cannot be considered a single disease, however, since sometimes it hits only certain parts of the body and at other times it is spread over wide areas. The most frequent symptoms are pain and aching, soreness when the affected part is moved, and stiffness.

The involved tissues are considered inflamed.

Fibrositis may start suddenly with pain in some part of the body for no apparent reason. It may also begin gradually with fatigue starting before the soreness, pain and stiffness.

Many possible causes for fibrositis are recognized. The most common is associated with some infectious or toxic condition. Injury is also a common cause, but sometimes the injury may have been so slight as to escape notice. Cold, overexertion and overexposure are commonly blamed.

When the fibrositis is associated with an acute infection, rest and the appropriate treatment for that infection is needed. If it comes with upset of the stomach and intestines, perhaps a liquid or soft diet is in order.

The removal of an infected tooth or tonsils may or may not help. If repeated small injuries are responsible, steps should be taken to avoid them.

Other treatments depend on what appears to be the cause or causes and what can be done for it or them.

If localized, around the shoulders and lower portion of the back, the neck, the tissues around the large joints, and the chest wall are common sites of difficulty.

Pain is almost always present but swelling is often absent. Tenderness to pressure is the rule. Nodules or little bumps under the skin are often felt in or near the tender regions.

Few of us have escaped having attacks of fibrositis at one time or another. Recovery is usual, but since fibrositis is usually painful, relief is badly wanted.

Aspirin, of course, helps some. Heat treatments or other forms of physical therapy are also useful in bringing at least temporary—and sometimes permanent—relief.

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