



A LIGHT DESSERT such as this Christmas pudding complements the holiday meal without overburdening appetites and digestions. More and more homemakers are finding ways around that too-full feeling which often follows an over-ample holiday dinner by serving pretty desserts that are delicate and fluffy yet festive. Photo and recipe courtesy Minute Tapioca.

Christmas Pudding

1 egg white
2 tablespoons sugar
1 egg yolk
2 cups milk
2 or 3 tablespoons sugar
1/2 teaspoon salt
3 tablespoons quick-cooking tapioca
1/2 teaspoon vanilla
1-3 cup cream, whipped
Diced candied ginger
Nut meats, coarsely broken

Beat egg white until foamy throughout; add 2 tablespoons sugar, 1 tablespoon at a time, and continue beating with rotary egg beater until mixture will stand in soft peaks. Set aside.

Mix egg yolk with about 1/4 cup of the milk in saucepan. Add 2 or 3 tablespoons sugar, salt, tapioca

and remaining milk. Place over medium heat. Cook until mixture comes to a boil, stirring constantly. This takes five to eight minutes.

Pour small amount of hot tapioca mixture gradually on beaten egg white, blending well. Then quickly add the remaining mixture, stirring constantly. The hotter the tapioca and the faster it is blended in, the thicker and fluffier the pudding will be. Add vanilla. Cool for 15 to 20 minutes. Fold in whipped cream. Chill. Serve in sherbet glasses. Garnish with additional whipped cream. If desired, sprinkle with diced preserved ginger and nut meats. Makes 5 to 6 servings.

Make Hair Look New

New clothes, new hats, new shoes — these are all part of the excitement of the new season. At the same time, we all think of a new hairdo to complete the transformation from fall to winter and the glamorous holiday season. But did you ever stop to think that though everything in your new wardrobe is made of new material, your hairdo will be fashioned from the same old hair you've worn all year? And sometimes it can look pretty tired.

So, before getting all excited about a new hairdo to go with your holiday outfit, give a little attention to getting your hair into sleek, shiny condition to do justice to the new hairdo you plan — or to the old one you're wearing if you don't want to change. It doesn't require a major production or a lot of special products. You can use your regular lanolin cream detergent shampoo, like Procter and Gamble's Shasta, but use it as a treatment instead of a hasty get-clean-quick process. Mix the shampoo with a little hot water, says Katherine Potter, who heads the beauty and grooming information service for Procter and Gamble. Then apply it to your hair — work up a healthy hot lanolin lather — then rinse. Then, massaging vigorously, lather the hair again, but leave the lather on your hair for a few minutes with a towel wrapped around it. Rinse again. You'll be amazed.

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Headlines at the Top

This season, hair will be slightly longer, definitely more feminine-looking and much lovelier, says the Toni Company. The short shingles and "butch cuts" of last summer have disappeared and the new look emphasizes short, rhythmic waves, curled and brushed up in back. Now is the time to insure your headline beauty with a custom-made, self-tinting Toni home permanent, Marion Hammon advises. If you are among those who rue the day they succumbed to intensified lock shearing, this soft, natural-looking home permanent will especially help you get over the

"short cut" blues. Keyed to individual hair types, this beauty blessing saves you many precious hours because continuous clock-checking, test curls and bothersome guesswork are all eliminated.

Before scheduling your home permanent, why not consider a new longer hairstyle? The new era is a compromise between the "long and short of it" and features smooth waves and hair that curls softly at the nape of the neck instead of being nipped at the neckline.

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permanent comes in. Don't trust your memory, no matter how many times you have given a home permanent.

While your wave processes, you can relax and give your face a stimulating cleansing with a good facial cleanser — or give yourself a manicure — or just relax.

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