



**GOLDEN OCTOBER WEATHER** is just as good for picnics as spring and summer. Only trouble is, all the youngsters are at school, so why not pack them picnic lunch baskets and let them picnic in the playground? There are wedge-shaped plastic boxes for pies, a wide-mouthed bottle thermos for soup or even stew, a square plastic box for salads, tightly lidded so the dressing can be mixed right in, and sandwich boxes. And don't forget fresh fruit to complete the lunch. Suggested sandwiches include a variety of fillings.

**Interesting Lunches For Picnic or School**

**SANDWICHES**, of course, are the mainstay of the school lunch; made with enriched, yeast-raised bread and a variety of fillings, they satisfy the hungriest of appetites. Molasses-bran muffins are a mainstay, too, rich in iron as well as flavor. They make a mighty nutritious morsel for the lunch basket.

**MOLASSES BRAN MUFFINS**  
 1 cup ready-to-eat bran  
 3/4 cup milk  
 1 cup sifted flour  
 2 1/2 teaspoons baking powder  
 1/2 teaspoon salt  
 1/4 cup New Orleans molasses  
 3 tablespoons melted shortening

Combine bran and milk in mixing bowl. Sift together flour, baking powder and salt; add to bran and milk. Add molasses, egg and shortening. Stir only until flour is dampened. Fill greased muffin cups 2-3 full. Bake at 400 degrees (hot oven) about 25 minutes. Makes 10 muffins. For variation, any of the following may be added to the dry ingredients: 1/2 cup seedless raisins, 1/2 cup chopped nuts, 1/4 cup diced bacon, crisped, 1 tablespoon grated orange rind.

**EGG SALAD SANDWICHES**  
 1 slice bacon  
 1 tablespoon chopped onion  
 1 chopped hard-cooked egg  
 2 teaspoons mayonnaise  
 Salt and pepper  
 4 slices bread  
 Butter

Cook bacon until brown. Drain on absorbent paper. Sauté onion in bacon fat until golden brown. Drain. Crumble bacon and combine with onion, egg and mayonnaise. Season to taste with salt and pepper. Spread bread with butter and fill generously with egg mixture. Makes two sandwiches.

**CREAM CHEESE SALAD**  
 3 tablespoons cream cheese  
 Milk  
 Raw vegetables (onion, carrot, green pepper)

Salt and pepper  
 4 slices bread  
 Butter  
 Soften cream cheese with a little milk. Add about 2 tablespoons grated raw vegetables. Season with salt and pepper. Spread bread with butter and fill generously with cream cheese mixture. Makes two sandwiches.

**Cookin' time 6 1/2 minutes!**  
 MAKES A HOT MEAL SO EASY!  
**Porter FRIL-LETS**  
 FRESH-EGG NOODLES  
 FREE at your grocers. Ask for KIPPERONI RECIPE featuring delicious baked macaroni with Norway Kippers or write: PORTER-SCARFELLI MACARONI CO., PORTLAND, OREGON



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**DEL MONTE FRUITS**

<b>Fruit Cocktail</b>	No. 303 Cans	3 for 73¢
<b>Pineapple</b>	Sliced No. 1 Flat Tins	6 for 95¢
<b>Pineapple</b>	Sliced No. 2 Tins	2 for 59¢
<b>Pineapple</b>	Crushed No. 1 Flat Tins	6 for 95¢

**DEL MONTE VEGETABLES**

<b>Cut Green Beans</b>	No. 303 Tins	5 for 99¢
<b>Cream Corn</b>	No. 303 Tins	7 for 99¢
<b>Early Garden Peas</b>	No. 303 Tins	5 for 99¢
<b>Spinach</b>	No. 303 Tins	2 for 25¢
<b>Tomatoes</b>	State Fair No. 2 1/2 tins	2 for 39¢
<b>Green Beans</b>	Double Luck No. 303 tins	5 for 69¢



**Tomato Juice**  
 46 oz. Tins  
**3 for 79¢**  
 PRUNE JUICE  
 Quarts 3 for \$1

<b>Pineapple Juice</b>	No. 2 Cans	2 for 29¢	46-oz. Cans	3 for 95¢
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**OTHER DEL MONTE FOODS**

<b>Tomato Sauce</b>	8-oz. tins	12 for 89¢
<b>Del Monte Catsup</b>	14-oz. bottles	3 for 49¢



<b>LETTUCE</b>	Fancy, Crisp, Snoboy	head	10¢
<b>ORANGES</b>	Juice Size Snoboy	Pound	10¢
<b>BELL PEPPERS</b>	Sweet Stuffing Size	2 for	5¢
<b>GREEN BEANS</b>	Tender, Tasty, Blue Lake	2 lbs.	29¢
<b>CRANBERRIES</b>	Fancy, Ripe, Eastern	lb.	25¢
<b>CELERY</b>	Fresh, Crisp, Long Shank	Bunch	15¢
<b>Dry Onions</b>	Party Size 18 Cup Drip-O-lator (See display and special offer here)	lb.	5¢

<b>Margarine</b>	Blue Bonnet Colored Cubes With Coupon on Page 21	lb.	17¢
<b>Ice Cream</b>	Crater Lake With Coupon Available At Piggly Wiggly Tasty Samples Friday and Saturday	qt.	49¢
<b>CHEDDAR CHEESE</b>	BORDEN'S	lb.	39¢
<b>SUGAR</b>	SPRECKEL'S Brown or Powdered	lb.	10¢
<b>SYRUP</b>	Save 16¢! Highland Cane and Maple Blend - 24-oz. Jar		43¢

<b>Saltines</b>	Nabisco Snowflake	1-lb. pkg.	27¢
<b>Triangle Thins</b>	NBC-10-oz. pkg.		29¢
<b>Clorox</b>	Bleach	Qt.—17c 1/2 gal.	29¢
<b>Soap</b>	Palmolive	3 Reg. Bars 2 Bath bars	27¢ 27¢
<b>Soap</b>	Cashmere Bouquet	3 Reg. Bars 2 Bath bars	27¢ 27¢
<b>Vel or Fab</b>		Large Pkg.	32¢
<b>Ajax Cleanser</b>		2 for	25¢

<b>Pork Roast</b>	In Piggly Wiggly	Young Pork	49¢ lb.
<b>Round Steak</b>	USDA "Good"		69¢ lb.
<b>Sirloin Steak</b>	USDA "Good"		59¢ lb.
<b>Beef Roasts</b>	USDA "Good"		29¢ lb.
<b>Rib Steak</b>	USDA "Good"		59¢ lb.
<b>Light Hams</b>	Morrell's and Oregon Chief		59¢ lb.

**PIGGLY WIGGLY**  
 OYSTERS Small Size Pint 69¢  
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