



A THICK, JUICY STEAK, broiled outdoors to sizzling perfection, is probably the ultimate in open-air eating and well worth a budgetary splurge. Anointed with garlic-butter steak sauce, accompanied by hot rolls, chilled fresh tomatoes and slices of cucumber and onion, it provides an easy-to-prepare meal that's hard to beat. Real steeped picnic coffee, of course, is a must. — Photo courtesy Pan-American Coffee Bureau

Outdoor Summer Supper

Call it a picnic, call it a barbecue, call it an outdoor supper—all the world loves to eat in the open air. From the ancient Greeks to the proper Victorians, people have forgotten the salt, wrestled with the fire, fought off the bugs and loved every minute of it.

In this day and age we are lucky. Did the ancient Greeks have insulated plastic bags to keep their food fresh when they went picnicking far away? No. Did they have shining portable grills to provide the wherewithal for a barbecue in their own backyards? They did not. And they probably didn't have two-inch steaks, or frankfurters, or shiny copper pots, either. But since all these outdoor eating necessities and the most scrumptious picnic foods are available today, don't let the summer slip by without at least one outdoor supper.

Here's the way to make steeped coffee so it is every bit as good as the coffee you make indoors. (It always tastes better, of course; that's the magic of the great outdoors). Boil as much water as you will need in a big, clean pot, remembering that it takes three-quarters of a measuring cup of water for each serving of coffee (a quart and a half of water will

make eight servings). Move the pot to one side so that the water is not quite boiling. Add two level measuring tablespoons (or one standard coffee measure) of coffee for each serving and stir vigorously for half a minute. Then let the brew stand for 10 minutes to steep and settle. Don't let it boil. A few drops of cold water when you are ready to pour will settle the grounds once and for all.

GARLIC-BUTTER STEAK SAUCE

2 large cloves of garlic, crushed

1/2 lb. butter
Few drops Tabasco
1 tablespoon Worcestershire sauce
1 tablespoon horseradish

Combine all ingredients; whip until creamy. Spread lightly on hot steak after broiling. This sauce keeps well and may also be used for preparing garlic bread.

Use 1 1/2 to 3 tablespoons of quick cooking tapioca for thickening the fruit filling for an eight- to nine-inch pie. If you are using the tapioca to thicken a soup, you will need 1 1/2 to 3 tablespoons for a quart of liquid.

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BLUEBERRY CHEESE SOUFFLE SALAD is a new departure in picnic fare, made possible by modern picnic equipment such as the Scotch Kooler that transports it safely and coolly to woods or shore for outdoor eating enjoyment. — Photo courtesy of General Foods

Don't over-bake chocolate brownies if you want a fudgelike cookie. The brownies should look uncooked when you take them from the oven.

Whenever possible, thaw frozen fish in the refrigerator because this is a safer method than thawing at room temperature.

If your custards "weep" or curd sure of: you have over-cooked le. There's one thing you can be them.

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Picnic Fare A La Mode

This Souffle Salad combines lemon-flavored gelatin and real mayonnaise with blueberries, cottage cheese and crushed pineapple into a very symphony of a dish—salad and dessert combined. Make it the day before your outing and tuck it away in the refrigerator. It will be just right to unmold next day.

SOUFFLE SALAD

1 package lemon flavored Jell-O
1 cup hot water
1/4 cup cold water
1/4 cup pineapple juice
2 tablespoons lemon juice
1/4 cup mayonnaise
1/4 teaspoon salt
1 cup blueberries
1/2 cup cottage cheese
1/2 cup drained canned crushed pineapple.

Dissolve gelatin in hot water. Add cold water, pineapple juice, lemon juice, mayonnaise and salt. Blend well with rotary beater. Pour into refrigerator tray. Quick-chill in freezing unit (without change of control) 15 to 20 min-

utes or until firm about 1 inch from edge but soft in center. Turn mixture into bowl and whip with rotary beater until fluffy. Fold in blueberries, cottage cheese, and drained pineapple. Pour into 1-quart mold or individual molds. Chill until firm in refrigerator (not freezing) at least a half hour or overnight. Unmold and garnish with salad greens. Makes 4 to 6 servings.

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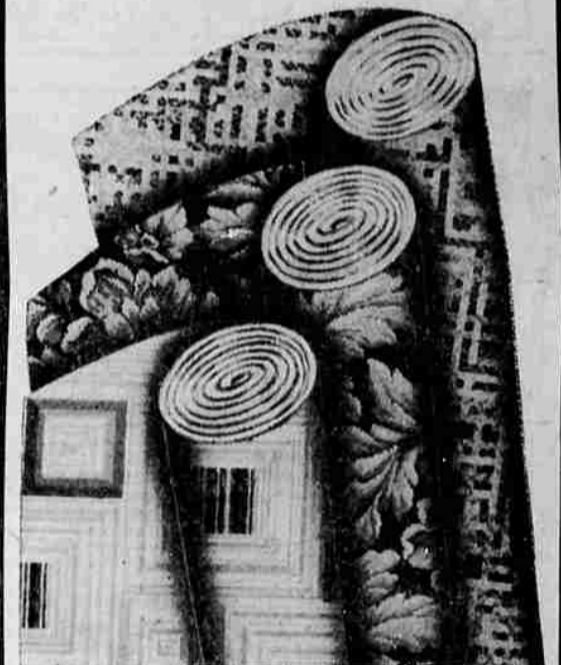
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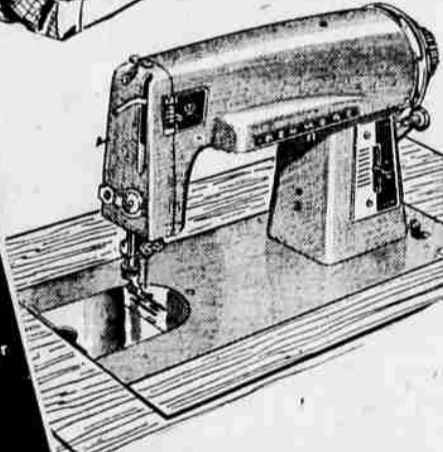
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