

upstairs and downstairs In Milady's Kitchen

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Herald and News



A SANDWICH may be just a sandwich or it may be the appealing main dish that sets the theme for a very special supper. These Tamaleo Burgers are the latter and make a perfect mainstay for a Mexican or a Southwest party. Picture and recipe come from Martha Logan Test Kitchen, Swift and Company.

Tamaleo Burgers

As the name suggests, Tamaleo Burgers combine the good eating qualities of tamales and the ever-popular hamburger. With this as your main dish, all you will need to round out the supper menu is a green salad, a dessert of fresh fruits and hot or iced coffee.

Ground beef is one meat that may be tailored to suit your individual needs and taste preferences. For busy days, homemakers will find the ready-formed frozen beef patties available in branded packages a real time saver. Packaged ready-ground meat, labeled either ground beef or hamburger, is available in bulk, both fresh and frozen. Whenever possible, it's good buyman'ship to choose beef that bears a well known packer's top brand as a guide to quality.

Keep ground beef in the refrigerator, loosely wrapped in waxed paper and use within two days of purchase. Frozen ground beef should be kept frozen until ready to use or thawed in the refrigerator just before cooking.

TAMALEO BURGERS

(Serves Six)
To make crusty cornbread which is part of this dish:
1 1/2 cups sifted flour
1 tablespoon double-action baking powder
1 teaspoon salt

3/4 cup corn meal
3/4 cup fat
1 cup shredded cheese (optional)
2-3 to 1/2 cup milk
Sift into a bowl the flour, baking powder and salt. Stir in the corn meal. Cut fat into the dry ingredients until the mixture is the consistency of small peas. Add cheese. Stir in milk. Turn onto waxed paper. Knead six times. Roll rough to a rectangular shape, 10x14 inches and 1/2 inch thick. Place on baking sheet. Then mix topping.

1 pound hamburger
1/2 cup chopped onion
1-3 cup chopped green pepper
1 can tomato paste
1-3 cup sliced stuffed olives
1-3 cup sliced ripe olives
1 teaspoon chili powder
1 teaspoon salt
Dash cayenne pepper
1/2 cup shredded cheese

Combine all ingredients for hamburger topping except the 1/2 cup cheese, in a shallow baking dish. Bake cornbread and hamburger mixture separately in hot oven (450 degrees) about 12 minutes, or until meat is thoroughly cooked and biscuit rectangle is slightly browned. Remove from oven. Spread hamburger mixture on sheet of baked cornbread. Sprinkle 1/2 cup cheese over the top and return to oven for 2 minutes or until the cheese melts. Cut and serve hot.

ADD COCOA

Sprinkle your favorite sugar cookies with instant cocoa mix before baking for a nice change.

Chocolate Chip Kisses

Mrs. V. E. O'Neill, 1954 Portland — Lucille O'Neill to her host of friends — has given us permission to print her recipe for chocolate chip meringue cookies.

She uses an electric mixer and whips them up at a moment's notice. Here's the recipe:

Beat 3 egg whites with 1/4 teaspoon salt and 1/8 teaspoon cream of tartar until very stiff. Continue beating and slowly add 3/4 cup of sugar and 1 teaspoon vanilla.

Carefully fold in 1 package chips and 1/2 cup finely chopped nuts.

Drop by teaspoonfuls onto a cookie sheet which has been covered with three layers of brown paper. Bake at 300 degrees for about 30 minutes.

Use Rustproof Curlers

Leading hair stylists from New York to Paris continue to emphasize the importance of short, head-hugging hair-dos for summer and early fall.

Fortunately for your pocketbook this is the age of the scientifically developed home permanent so the short hair trend need not become too expensive. If you are not one of those who can put up your own hair, it is a popular service to swap with a girl friend who wind her hair when she is ready for a permanent and she'll do yours.

Since the advent of the home permanent you have probably abandoned the old metal curlers — some metals change the color of the wave lotion to purple, as you've doubtless learned.

Goody Hair Products has introduced metal curlers and clips that are safe to use with any and all home permanent lotions. The curlers are rustproof and will not deteriorate. They have the famous spring grip that makes them easy to roll.

Another bit of good news is the additional development of the Goody metal home permanent curl clips. You would find them available in both the flat and arched shapes for use in pin curl permanents.



SPRAYGRANCE, a cool cloud of fragrance captured in a two-ounce flacon and released at a touch of a button, is a fragrant equivalent of a portable air conditioner for summer. The new chilled eau de cologne spray comes in a lovely flacon with an atomizer top. Plastic-coated, it is shatterproof and leak-proof with no chance of spilling and spoiling your purse, beach bag or suitcase, even during air travel. Designed by Parfums Corday, it comes as a summer help during steamy weather.

TIPS FOR SUMMER BEAUTY

When the temperature soars to new heights and the weather is the all-absorbing topic of the day, take a few short cuts to summer: Bathe in tepid (not cold) water and use light floral cologne lavishly; wear cool, tubable cottons; eat lots of crisp green salads and fresh fruits; drink quantities of fruit juices, and keep your beauty creams and lotions in the refrigerator.

SHOWER AND SHAMPOO

Pamper your hair with frequent shampoos during the hot summer-time. Three or four times a week is not too often. Have your shampoo and shower at the same time, then towel-dry and set your hair in pin curls in a matter of minutes. It's a breeze if you wear your hair in a neat, abbreviated hairstyle.

BUTTER BALLS

Butter balls are an attractive way to serve butter. They are fun and easy to make — adding a bit of glamour to this delectable dairy food.

Make them with butter ball paddles, dipping the paddles into a bowl of ice water before rolling the butter. This keeps the paddles cold so the butter won't cling to them. Cut the butter into serving sized pieces, place between the paddles and roll until properly shaped.

NO STOCKINGS?

If you have shed your stockings and are wearing those airy, bare-foot sandals, be sure your legs are smooth and suntanned — until they are tan, you can smooth lotion on your legs that makes them tan in a minute but does not retard the natural tanning process. Be sure your toenails are pedicured and gleaming with nail polish. Place tufts of cotton between the toes while nail polish is drying to avoid smearing.

Everybody Welcome! Everybody Have Fun! Barbecue and OPEN AIR Square Dance

Join Square Dancers and 30 callers from seven Western States in the great Square Dance Jamboree led by internationally famous Les Gotcher.

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