



CORN FRITTERS have a wonderful stick-to-the-ribs goodness. Deep fat frying gives these flavorful morsels a crisp golden crust and a moist, delicious interior that makes them a favorite of young and old alike, year in and year out.

— Photo Courtesy Swift & Company

Corn Fritters Hard To Beat

Deep fat frying is a popular method of preparing food during the summer months because it's easy to do and won't heat up the kitchen as much as oven cooking. There are two things to remember for successful deep fat frying: carefully controlled temperature and the correct shortening.

Good cooks everywhere prefer a creamy, homogenized all purpose shortening which blends meat fats and vegetable oils, to take advantage of the best qualities of each. This type of shortening has a high smoke point, so it doesn't fry in French frying, and is digestible, odorless and tasteless, making it perfect for this type of cooking.

Let the shortening melt and heat to 365 degrees, the optimum frying temperature for fritters, while you prepare the fritter batter. Don't overcrowd the kettle in cooking and watch the temperature of the melted fat very carefully. If the fat is not hot enough, there will be increased fat absorption on the surface of the fritters and if the temperature goes too high, the outside of the fritters will over-brown before the inside is cooked through. Allow the fat to return to 365 degrees between fryings.

Serve the tender fritters piping hot with butter or margarine and maple syrup on the side for those who like an added sweet touch. A platterful of hot franks, a crisp salad and large tumblers of cold milk complete a satisfying, delicious and nutritious luncheon or supper menu.

CORN FRITTERS

This recipe comes from the test kitchens of Swift & Company, using Swift's Jewel Shortening.

Shortening for frying
 1/2 cup sifted flour
 1 teaspoon baking powder
 1 teaspoon salt
 1/2 teaspoon paprika
 2 eggs, separated
 2 cups (No. 2 can) whole kernel corn

Heat shortening to 365 degrees. Sift together flour, baking powder, salt and paprika. Combine egg yolks and corn. Add flour mixture. Stir and blend. Beat egg whites stiff. Fold into corn mixture. Drop by tablespoons into hot shortening. Turn once to brown. Serve hot.

Make it from me...
Bessy's Dairy Dishes

By BESSY, The Basin Bessy

Cooking with milk is a good way to "aneak" in a little healthy wholesomeness on the family—not that it has to be that way. But it is a tribute to milk's versatility that every cook book would be virtually useless if all milk were suddenly removed from this earth.

So, it's lucky we are that Mother Nature—with a little help from me and my girl friends, of course—is able to provide us with milk. And, remember, MILK is the only food which was naturally intended for just that... food. Anyway, to supplement the diet of your family, give them a dairy dish durin' each meal. They'll love it, and they'll glow with health, too.

Danish pastry is today's dairy dish. You'll need 1-3 cup of sugar, 2 cakes yeast, 2 cups lukewarm milk, 8 cups sifted flour, 1 teaspoon salt, 2 cups butter and 3 well-beaten eggs. Dissolve sugar and yeast in lukewarm milk. Sift flour and salt together, rub in 6 tablespoons of butter and add eggs and yeast mixture. Knead five minutes and roll into rectangle twice as long as wide. Cut remaining butter into pea-sized pieces and spread about 1-3 over 2/3 of the dough. Fold unbuttered third over half of butter-covered portion, then fold the remaining third on top to make 3 thicknesses of dough with butter between. Press edges together and roll out fairly thin. Repeat twice to incorporate remaining butter. Cover, set aside at room temperature for 1/2 hour, roll out and shape as desired. Let rise until light but not quite doubled in bulk. Bake in hot oven (400 degrees F.) 15 to 25 minutes, depending upon the size of rolls. And that, you can take it from me, will be a dandy, Bessy.

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